



2022-02

# SUTURE

NEWSLETTER OF THE COLLEGE OF SURGEONS OF SRI LANKA

*"Binding Surgeons Together"*



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THE COLLEGE OF SURGEONS OF SRI LANKA

No. 6, Independence Avenue, Colombo 07  
Tel : 011 2682290/ Email: collsurg@gmail.com, Website : www.surgeons.lk  
SUTURE Editors : Dulantha De Silva & Gayan Ekanayake



## COUNCIL OF THE COLLEGE OF SURGEONS OF SRI LANKA – 2022



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# Sri Lanka Surgical Congress 2022

## Message from the president



The key annual academic event of the College of Surgeons of Sri Lanka (CSSL) – The Sri Lanka Surgical Congress 2022 (SLSC 22) - the 51st Annual Academic Meeting of the College will be held from 23rd to 26th November 2022 in Colombo. It will be a joint meeting with the Royal College of Surgeons of Edinburgh and the SAARC Surgical Care Society.

We will be having an expert faculty from both Sri Lanka and abroad joining the meeting. The SLSC 22 features an array of pre-congress workshops, plenary lectures, symposia, meet-the-expert sessions, masterclasses, orations, and research paper presentations, reflecting different foci of interest and depth. We will be having literary and historical presentations as well to enrich the sessions together with a lineup of social events. At the same time, we are so very sensitive about the current socio-economic milieu of our country. However, the final

beneficiaries of the deliberations at the SLSC 22, are the surgical patients of Sri Lanka through excellence in surgical care. I am confident that this meeting will further strengthen and enhance our bridges of friendship and academic and professional cooperation with our sister surgical Colleges and Associations abroad.

As the CSSL now has got excellent infrastructure facilities with the Golden Jubilee development and renovations, the entire Congress will be held in College precincts this year. This will enable us to save funds for meaningful academic and training activities.

As surgeons, we are leaders of surgical teams and hold positions in trust for the benefit of patients. While the SLSC 22 as usual will deal with areas that focus on surgical excellence, there will be an additional focus on medical humanities, especially looking at a quality that we all should

possess at all times – compassion. Our theme this year will be Compassionate Surgery – compassion all around, towards patients, peers, team members at all levels and beyond.

We all at the College of Surgeons of Sri Lanka, unifying surgeons of all surgical specialties, look forward to seeing you at the SLSC 22





## Sri Lanka Surgical Congress 2022 Message from the Conference Chairs



The College of Surgeons of Sri Lanka is the apex surgical academic body of the country. Started as a homeless group of surgeons, we have elevated ourselves into one of the premier academic centers in south Asia over the past half-century. We are a family of compassionate specialists delivering surgical care in all corners of the island, united under one roof, guiding the health authorities on safe and effective surgical care for patients and most importantly promoting the surgical training of the junior surgeons, doctors, and other allied health staff through lectures, training courses, workshops etc. By collaborating with the SAARC Surgical Care Society and the Royal College of Surgeons of Edinburgh and Glasgow, we have expanded our links regionally and internationally for mutual gains in surgical knowledge and expertise.

This year we are treading past our 51st anniversary, with the theme **“Compassionate Surgery”**, culminating in Sri Lanka Surgical

Congress 2022 or **SLSC ‘22**, from 23rd to 26th November held in Noel & Nora Bartholomeusz foundation, the grand Dutch architectural Academic Centre at no: 6, Independence Avenue, Colombo 07.

Breaking through the Covid 19 barrier, we tried to promote the true meaning of our theme throughout this year, which is “stepping alongside the patient, acknowledging their concerns, and guiding them into an area of health and wellness through the correction of the illness”, while exhibiting the essentials of love, concern, sensitivity, kindness, tolerance, and transparency all the time. Notwithstanding the fatal blows by the severe economic restrictions and Corona to surgical care in the country, The College of Surgeons of Sri Lanka is continuing its herculean journey towards excellence in compassionate surgical care.

We invite all the surgeons, doctors, and academics to register and witness this year’s congress comprising pre-

congress workshops, symposia, plenaries, master classes, breakfast talks, free paper sessions, and orations delivered by an expert panel of international and local surgeons. Trainees’ Night, happening for the first time, is expected to be a fabulous opportunity for the budding surgeons to gather, display and enjoy their aesthetic talents and thoughts.

**SLSC ‘22** aspires to gather and disseminate knowledge and skills necessary to develop state-of-the-art surgical facilities where the highest of care, including safety for patients, standards, can be administered by loving, compassionate, professional staff that support the vision of the surgeons and the wishes of the patients.

**Gayan Ekanayake & Amila Jayasekera**



## Sri Lanka Surgical Congress 2022 Message from the Academic chairs



Sri Lanka Surgical Congress 2022, the landmark event of this year's academic calendar of the College of Surgeons of Sri Lanka will be held as a hybrid meeting over three days commencing from 24th November 2022, in Colombo. This will be in collaboration with the Royal College of Surgeons of Edinburgh and the SAARC Surgical Care Society, as it has been in the past.

The emphasis of the College this year is "Compassionate Surgery" and this will be highlighted in many segments of the Congress which includes a stand-alone symposium on the same topic.

The congress will feature more than

100 resource persons representing the UK, USA, SAARC Countries, New Zealand, Singapore, and Sri Lanka focusing on wide range of Surgical and Non-surgical topics. Many surgical specialties will be encompassed by means of plenaries, symposia, masterclasses, and breakfast sessions during the Congress bringing them all together while still maintaining diversity and giving due recognition to individual specialties. The contribution and commitment of Specialty Surgical Associations and common interest groups are highly commended in developing the vibrant academic programme.

Pre-congress (already commenced)

and post-congress workshops are organized targeting a limited audience giving a more depth and practical approach (including hands-on experience) in specific areas. Conducting some of the workshops in venues outside Colombo depicts the degree of involvement of the Regional Chapters of the College.

We wish Sri Lanka Surgical Congress great success and along with the Organizing Committee, we warmly welcome all our delegates to this meeting.

**Ajith Malalasekera & Ranga Wickramarachchi**



## Sri Lanka Surgical Congress 2022 'Compassionate Surgery'

The College of Surgeons of Sri Lanka

In collaboration with



The Royal College of Surgeons of Edinburgh

The SAARC Surgical Care Society

**SLSC '22**  
Hybrid Meeting

### Plenaries and Symposia

General Surgery	Neurosurgery
Coloproctology	Urology
Trauma & Orthopaedics	Breast
Plastics & Hand	Cardiothoracic
Cleft and Craniofacial	Oncosurgery
Paediatric Surgery	Vascular
Transplant	Women in Surgery
Minimal Access	History of Surgery

# November 24<sup>th</sup> to 26<sup>th</sup>

Inauguration – November 23<sup>rd</sup>

**Dr Noel Bartholomeusz Oration**

**Sir A M De Silva Oration**

**SAARC Oration**

Research Presentations  
Breakfast Sessions  
Master Classes  
Historical / Literary Sessions  
College Dinner

Free paper session – November 07<sup>th</sup>

For more details:



The College of Surgeons of Sri Lanka

No. 6, Independence Avenue

NEWSLETTER OF THE COLLEGE OF SURGEONS

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## Mingling my passion with the profession - A Cycling surgeon's appeal

Dr Kanagaratnam Kandeepan  
Consultant Orthopaedic Surgeon  
Teaching Hospital  
Jaffna

We are aware of the health and environmental benefits of cycling. Together with the current fuel crisis it has also brought the economical benefits cycling into spotlight. Cycling is not a new to our country. Once it was a lifeline and pride of most our childhood. Unfortunately, the globalisation, “fast living” and sedentary lifestyle has kept the bicycles away.

I'm a cyclist by passion and an orthopaedic surgeon by profession. My bicycle keeps my mind and body healthy. It helps me to stay away from long fuel lines. As surgeons we love to be independent and innovative. I am certain, bicycles would be the answer.

At the beginning , I selected cycling to burn calories. However, I understood that it is a great way to help my mind and body to stay fit. Later, I started exploring and enjoying every day. I found it to be a really convenient way of burning calories while enjoying the environment with minimal impact to the body systems. Gradually, the distance, speed increased, and the body weight reduced.

The current scarcity of fuel and long queues made me think about mingling my passion with the profession. This became a reality. I started using my bicycle for my daily mode transport for work. My level of confidence increased. I

started to plan my travels early in the morning and late in the evenings to avoid the scorching sun. Proper attire, few extra precautions and a well-maintained bicycle made my travels safer and more pleasurable. Excessive sweating stopped being a problem when I got know the speed that makes me sweat. Maintaining a comfortable speed and regular ridings will help you to understand your comfort zone. A cold shower at the hospital and changing into the scrubs makes me more comfortable during working hours.

Many ask the question ‘what type of bicycle to use ?’. The answer is the type of bicycle depend on the purpose one is going to use it for. Broadly we can classify the bicycles into 3 types. One is ‘Road bike’ . It has thin tyres, dropped handles, light weight and multiple gears. It is used for highspeed rides. But it only can be used in paved roads, uncomfortable for beginners, can't carry heavy weights.

Second type is the ‘Mountain bike’ . It has thick tyres, straight handles , multiple gears and shock absorbers. It is mainly used for adventurous ridings. It can be used in any type of road. It is not suitable for speed rides.

Third type of bicycle is called “hybrid or gravel bicycles”. It is called “hybrid” because it has

both the features of Road bikes and mountain bikes. It has moderate size tyres, straight handles and few gears . They are comfortable , can go faster than mountain bikes, can be used in any type of road and could be modified to carry weights. Hybrid bikes are the best for the beginners and for day-to-day commute . But I'm a fan of road bikes because it saves my time on the road and uses my energy more efficiently.

A strava app, a simple mini bike computer and a heart rate monitor make my ride more interesting and sometimes adventurous. Longer rides as a group during weekends or fun family rides gives me immense pleasure and more social bonding. Now I'm able to give advices about healthy lifestyle for my patients with confidence. Lately, I'm using my passion to participate in lot of charity rides and awareness programs across the country.

Dear young bloods and mighty experts , cycling is for all of us. Be a cyclist , be healthy and independent. Dependent is the patient not the Doctor!.

# In the line of duty of a surgeon on two wheels



# In the line of duty of a surgeon on two wheels

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## Sessions at a glimpse



Pre congress workshops  
Free paper session  
3 days of Academic sessions  
Master classes  
Meet the Experts Sessions



# Sri Lanka Surgical Congress 2022

'Compassionate Surgery'

The College of Surgeons of Sri Lanka

# SLSC '22

In collaboration with



The Royal College of Surgeons of Edinburgh

The SAARC Surgical Care Society

## Pre - Congress Workshops

### Masterclass in Minimal Access Thoracic Surgery

**Date:** 8th September  
**Time:** 08:00am - 02.00pm  
**Venue:** Online Zoom / NHRD Welisara  
**Registration Fee:** Trainees Rs. 2000  
Consultants Rs. 5000  
Foreign Participants USD30  
**No of Participants:** 40  
**Coordinator :** Dr Sumana Handagala

### Severe Burns Emergency Management Course

**Date:** 6th October  
**Time:** 08:00am onwards  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Rs 3000  
**No of Participants:** 20  
**Coordinator:** Dr Gayan Ekanayake

### Emergency Sonography for Trauma Care (ESTC)

**Date:** 2nd November  
**Time:** 08:00am - 05.00pm  
**Venue:** Neuro Trauma Auditorium—NHSL  
**Registration Fee:** Basic Course Rs. 3000  
Advanced Course Rs. 6000  
**No of Participants:** 25  
**Coordinator:** Dr Mihira Bandara

### National Trauma Management Course

**Date:** 3rd & 4th November  
**Time:** 08:00am - 05.00pm  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Trainees Rs. 10000  
Consultants Rs. 15000  
Observers Rs 5000  
Foreign Participants USD100  
**No of Participants:** 50  
**Coordinator:** Dr Kamal Jayasuriya

### Initial Trauma Care for Nurses

**Date:** 3rd November  
**Time:** 08:00am - 05.00pm  
**Venue:** Neuro Trauma Auditorium—NHSL  
**Registration Fee:** Rs. 1000  
**No of Participants:** 80  
**Coordinator:** Dr Hasantha Thambawita

### Hand surgery

**Date:** 5th November  
**Time:** 08:00am - 04.00pm  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Rs. 2000  
**No of Participants:** No limit  
**Coordinator:** Dr Praveen Wijesinghe

### Live Surgery Workshop

**Date:** 6th November  
**Time:** 08:30am - 12.30pm  
**Venue:** Online Zoom  
**Registration Fee:** Rs. 2500  
**No of Participants:** No limit  
**Coordinators:** Prof Kalpesh Jani  
Prof Arinda Dharmapala  
Dr Keshara Ratnatunga

### Medical Photography

**Date:** 10th November  
**Time:** 09:00am onwards  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Doctors Rs. 2000  
Nurses/Medical Students Rs. 1500  
**No of Participants:** No limit  
**Coordinator:** Dr Yasas Abeywickrama

### Essential Skills of Surgical Professionalism

**Date:** 11th November  
**Time:** 08:00am - 03.00pm  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Rs. 1000  
**Coordinator:** Dr Jayindra Fernando

### Cervical Block Dissection

**Date:** 12th November  
**Time:** 09:00am - 01.00pm  
**Venue:** Razavi Auditorium, Apeksha Hospital  
**Registration Fee:** Consultants Rs. 2000  
Trainees Rs. 1000  
**No of Participants:** No limit  
**Coordinator:** Dr Sandani Wijerathne

### Live Laparoscopic Workshop & Panel Discussion

**Date:** 15th November  
**Time:** 08:00am - 03.00pm  
**Venue:** NH Kandy  
**Registration Fee:** Trainees Rs. 1000  
Consultants Rs. 3000  
SLAMADS Members - Trainees Free  
Consultants Rs. 2500  
**No of Participants:** No limit  
**Coordinator:** Dr Chaturanga Keppetiyagama

### Multiorgan Retrieval Master Class

**Date:** 18th November  
**Time:** 08:00am onwards  
**Venue:** Department of Surgery, Faculty of Medicine, University of Peradeniya  
**Registration Fee:** Rs. 7500  
**No of Participants:** 15  
**Coordinator:** Prof Arinda Dharmapala

### Soft tissue trauma

**Date:** 19th November  
**Time:** 08:00am - 05.00pm  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Consultants Rs. 2000  
Trainees Rs. 1500  
Nurses Rs. 1,000  
**No of Participants:** No limit  
**Coordinator:** Dr Pragash Shanmuganathan

### Management of Upper Urinary tract Injuries

**Date:** 19th November  
**Time:** 08:00am onwards  
**Venue:** USJP medical faculty - Skills lab  
**Registration Fee:** Rs 3000  
**No of Participants:** 20  
**Coordinator:** Dr Hilary Fernando

### Case-based discussion on Organ Transplantation

**Date:** 21st November  
**Time:** 08:30am - 12.30pm  
**Venue:** College of Surgeons Auditorium  
**Registration Fee:** Consultants Rs. 2500  
Surgical Trainees Rs. 2000  
Medical Officers Rs. 1500  
Nursing Officers Rs. 750  
**No of Participants:** No limit  
**Coordinator:** Dr Aruna Weerasuriya

For More Details,



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NEWSLETTER OF THE COLLEGE OF SURGEONS

# Pre congress workshops update.....



Sri Lanka Surgical Congress 2022  
The College of Surgeons of Sri Lanka



## Masterclass in Minimal Access Thoracic Surgery



Live Surgery with  
**Dr Diego Gonzalez Rivas**

Pre Congress Workshop in collaboration with  
Association of Cardiothoracic and Thoracic Surgeons of Sri Lanka &  
Sri Lanka Association of Minimal Access and Digital Surgeons

**Thursday 08<sup>th</sup> September 2022**

at

**The National Hospital for Respiratory Diseases,  
Welisara, Sri Lanka**

### Registration

<https://forms.gle/GmXovmnbMMmbFMbA>

Or

Scan the QR Code



Registration deadline: 6<sup>th</sup> September 2022

Physical participation will be limited to 40



Dr Sumana Handagala  
Course Coordinator  
0094 777673411 whatsapp  
0094 714469300  
handagala@gmail.com

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Colombo 7  
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Email : srilankasurgicalcongress@gmail.com

Dr Kavinda Rajapakse  
Honorary Secretary  
The College of Surgeons  
of Sri Lanka

### Registration Fee

Trainees	Rs. 2000/=
Consultants	Rs. 5000/=
Foreign Participants	USD30

**\*15 CME Points awarded**

Sponsored by





SLSC '22

# Sri Lanka Surgical Congress 2022

The College of Surgeons of Sri Lanka

PRE CONGRESS WORKSHOP



**SEVERE BURNS**  
EMERGENCY MANAGEMENT COURSE

**06th October 2022**

at

**The College of Surgeons of Sri Lanka**

**8.00 am onwards**

Course fee Rs. 3,000/=

Limited for 20 participants

Register now at [www.surgeons.lk](http://www.surgeons.lk)



The College of Surgeons of Sri Lanka  
No. 06, Independence Avenue  
Colombo 07

Tel : 0094 11 2682290 / 2695080  
Fax : 0094 11 2699884

Email : [srilankasurgicalcongress@gmail.com](mailto:srilankasurgicalcongress@gmail.com)

\* Course material and lunch will be provided





# A course on Emergency Sonography for Trauma Care (ESTC)

Organized by The College of Surgeons of Sri Lanka  
in collaboration with the  
Accident and Orthopedic trauma unit - NHSL

Date - 02nd November 2022  
Time - 8.00 am to 5.00 pm  
Venue - NHSL, Accident Service  
Neuro-Trauma Auditorium



### Faculty

Dr Prasad de Silva  
Dr Mihira Bandara  
Dr Asela Jayathilake  
Dr Senitha Liyanage  
Dr S U Nagasinghe  
Dr D M Paranchothy  
Dr C U Wediwardhana  
Dr D D M Seneviratne  
Dr H P Nimantha Priyalath

### Participants

Any Doctor who is involved in acute trauma care  
Limited for 25 participants only

### Co-ordinators

Dr Mihira Bandara - 0718004532  
Dr S U Nagasinghe

### Basic Course

FAST, e FAST  
Vascular access  
Vessel Assessment



### Advanced Course

**Cardiac** - Review of basics  
Aortic aneurysm/dissection  
Tamponade  
Right heart strain/PE  
Systolic function /  
hemodynamic assesment

**Pulmonary** - Thoracic scanning  
Effusions  
Consolidations  
PTX, CHF

**Resuscitation** - Protocol for evaluating  
undifferentiated hypotension

**Ocular Scanning**

For registrations contact:

The College of Surgeons of Sri Lanka  
0112682290  
collsurg@gmail.com  
www.surgeons.lk

### Course Fee

- Basic Course Rs. 3000/=
  - Advanced Course Rs. 6000/=
- (including basic course)





**iatsi c**

International Association for Trauma Surgery and Intensive Care



# 55<sup>th</sup> NATIONAL TRAUMA MANAGEMENT COURSE November 2022

## Sri Lanka Surgical Congress 2022

### Pre Congress Workshop **SLSC '22**

Organized by the College of Surgeons of Sri Lanka

- A two-day course on initial management of trauma
- Developed by International Association for Trauma Surgery and Intensive Care (IATSI C)
- Useful for surgeons, anesthetists and all doctors
- Compulsory for the trainees of
 

Surgery	Anaesthesiology	Military Medicine
Diploma of Disaster Management	Diploma of Intensive Care	
- Pre-interns are eligible to apply

#### Course format

- \* Lectures
- \* Skills
- \* Injury Simulations – Case Scenarios
- \* Discussion
- \* Pre and Post course assessment

Date - 03<sup>rd</sup> & 04<sup>th</sup> November 2022

Venue - The College of Surgeons of Sri Lanka, Auditorium  
6, Independence Avenue, Colombo 7

Apply online now at [www.surgeons.lk](http://www.surgeons.lk)

#### For further details:

Contact - The College of Surgeons of Sri Lanka  
Email - [ntmccsl@gmail.com](mailto:ntmccsl@gmail.com) Tel: 011 2682290 / 2695080  
Fax: 011 2699884

Course fee:	Consultants	Rs. 15000/=
	Registrars/Medical Officers/Pre-interns	Rs. 10000/=
	Observers	Rs. 5000/=
	Foreign Participants	USD 100

Dr Ranjith Ellawala  
Global Chair, NTMC

Dr Kamal Jayasuriya  
Course Director, NTMC

Dr Kavinda Rajapakse  
Honorary Secretary  
The College of Surgeons of Sri Lanka



## College continues the nursing education



**Sri Lanka Surgical Congress 2022**  
**The College of Surgeons of Sri Lanka**

**Pre Congress Workshop SLSC '22**  
**Initial Trauma Care for Nurses**  
**(ITCN)**  
**November 2022**

- One day training in initial trauma management for Nurses
- The course consists of lectures, discussions, skills training & demonstrations
- Trained by Consultant Surgeons & Consultant Anaesthetists

**On 03<sup>rd</sup> November 2022**  
**At the Neuro Trauma Auditorium,**  
**National Hospital Sri Lanka**  
**Colombo**

**Course Fee : Rs 1000/= Limited to 80 Participants**

Registration :  
Scan the QR Code or  
  
<https://docs.google.com/forms/d/e/1FAIpQLSdKo3g4PostH0e0FY5DkwxvAKE3shQFL3hLk8dP6Oj2kJlxQ/viewform>

**For more details contact**  
Dr Kasun Eranga: 077 2258574



**The College of Surgeons of Sri Lanka**  
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Fax: 0094 11 2699884  
Email : [srilankasurgicalcongress@gmail.com](mailto:srilankasurgicalcongress@gmail.com)

Dr Hasantha Thambawita  
Course Director

Dr Kavinda Rajapakse  
Honorary Secretary

# Hand Surgery Workshop

## Sri Lanka Surgical Congress 2022

### The College of Surgeons of Sri Lanka

Pre congress Workshop by  
Association of Plastic Surgeons of Sri Lanka  
Saturday 05<sup>th</sup> of November 2022

# SLSC '22



**ASSOCIATION OF  
PLASTIC SURGEONS  
OF SRI LANKA**

**Venue** – The College of Surgeons of Sri Lanka premises  
No 6, Independence Avenue, Colombo 07  
**Course Coordinator** – Dr. Pravin Wijesinghe 0762511677  
**Registration fee** – Rs. 3,000/=

**Register online** - <http://www.surgeons.lk>

- 08.00 am – 08.20 am – **Introduction**
- 08.20 am – 08.40 am – **Assessment of the injured hand** – Dr. Kolitha K.
- 08.40 am – 09.00 am – **Flexor tendon injuries** – Dr. Amila S.
- 09.00 am – 09.20 am – **Extensor tendon injuries** – Dr. Elancheliya P.
- 09.20 am – 09.40 am – **Nerve injuries** – Dr. Amila R.
- 09.40 am – 10.00 am – **Hand fractures and dislocations** – Dr. Thilochana N.
- 10.00 am – 10.10 am – Tea
- 10.10 am – 10.30 am – **Surgical exposure of the inj. hand** – Dr. Dammika D.
- 10.30 am – 10.50 am – **Soft tissue cover in hand trauma** – Dr. Thilochana N.
- 10.50 am – 11.10 am – **Amputations and Replantation** – Dr. Gayan E.
- 11.10 am – 11.30 am – **Hand infection** – Dr. Gayan E.
- 11.30 am – 11.50 am – **Fingertip injuries** – Dr. Kavinda R.
- 11.50 am – 12.10 pm – **Pediatric Hand Trauma** - Dr. Arunajith A.
- 12.30 pm – 01.30 pm – Lunch
- 01.30 pm – 02.00 pm – **Late reconstruction of the injured hand** – Dr. Thushan B.
- 02.00 pm – 02.30 pm – **Dressings for the injured hand** – Dr. Kavinda R.
- 02.30 pm – 03.00 pm – **Hand therapy** – Occupational Therapy Team
- 03.00 pm – **Case discussions** – Dr. Pravin W.

SLSC '22

## Sri Lanka Surgical Congress 2022

### Pre Congress-Workshop



## Clinical Photography

### Keep it Simple yet effective



1. Sound clinical photographs - an urgent need
2. Consent, ethics, and liability management
3. An introduction to photography in digital era
4. Lighting In clinical context
5. Digital asset management
6. Practical demonstrations

Date: 10.11.2022  
Time : 9.00 am onwards  
Venue : College of Surgeons Auditorium  
Coordinator: Dr. Yonas Abeywickrama



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Registration: [www.surgeons.lk](http://www.surgeons.lk)

**Rs. 3,000/=**



Chiranmaray Medis  
Professional  
photographer



Dr. Yonas Abeywickrama  
Consultant Plastic  
Reconstructive & Aesthetic Surgeon



Dr. Ayasmantha Peiris  
Consultant Eye Surgeon



Deshan Karunarathna  
Visiting lecturer  
Photographer

Organized by

The College of Surgeons of Sri Lanka  
Sri Lanka Association of Plastic, Reconstructive and Aesthetic Surgeons



SLSC '22

## Sri Lanka Surgical Congress 2022

The College of Surgeons of Sri Lanka

PRE CONGRESS WORKSHOP

## CERVICAL BLOCK DISSECTION

Introduction to Cervical Block Dissection

Live Demonstration of Modified Radical  
Cervical Block Dissection

Date 12th November 2022

Time 9am - 1pm

Venue Razavi Auditorium, Apeksha Hospital

Registration Fee

Consultants Rs. 2000

Trainees Rs. 1000

Register now at [www.surgeons.lk](http://www.surgeons.lk)



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Sri Lanka

Dr Sandani Wijerathne  
Course Coordinator

THE COLLEGE OF SURGEONS  
OF SRI LANKA



**Sri Lanka Surgical Congress 2022**  
The College of Surgeons of Sri Lanka

SLSC '22

Pre Congress Workshop

**Essential Skills of Surgical Professionalism**

*" Be the surgical leader you aspire to be "*

*Course Outline*

- Safe Documentation
- Effective communication
- Emotional intelligence
- Decision making
- Time Management
- Leadership

*Target Audience*

- Senior registrars
- Registrars
- Senior house officers
- House officers

**Friday 11<sup>th</sup> November 2022**  
**from 8:00 am onwards**

at

**Auditorium, The College of Surgeons of Sri Lanka**  
**6, Independence Avenue, Colombo 7**

An interactive workshop for limited participants

Registration Fee: Rs: 1000/=

Register now at [www.surgeons.lk](http://www.surgeons.lk)



Course organizer :

The College of Surgeons of Sri Lanka  
No 6, Independence Avenue  
Colombo 7

Dr Jayindra Fernando  
0742270520

Tel : 0094 11 2682290 / 2695080

Fax: 0094 11 2699884

Email : [srilankasurgicalcongress@gmail.com](mailto:srilankasurgicalcongress@gmail.com)

[www.surgeons.lk](http://www.surgeons.lk)

Dr Kavinda Rajapakse  
Honorary Secretary  
The College of Surgeons  
of Sri Lanka

Sponsored by **B|BRAUN**  
SHARING EXPERTISE



RESOLAP  
ACADEMY





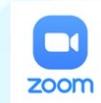
# Sri Lanka Surgical Congress 2022

'Compassionate Surgery'

The College of Surgeons of Sri Lanka

SLSC '22

## Pre Congress Workshop On Making an effective Research presentation



*Monday 31<sup>st</sup> October 2022*

9.00 am **"How to make a multimedia presentation using  
PowerPoint"**

By Professor Raveen Hanwella  
(MBBS, MD(Psych) FRCPsy(UK), FCCP, FSLCOP)  
Professor of Psychiatry

10.00 am **"From Abstract to presentation - How to focus"**

By Professor Kemal Deen  
(MBBS (Peradeniya), MD (Birmingham), MS (Colombo), FRCS (Glasgow))  
Professor of Surgery

To join:



Meeting ID: 846 5876 3727  
Passcode : 234433

Registration: Free



Dr Rezni Cassim  
Course Coordinator

The College of Surgeons of Sri Lanka  
No 6, Independence Avenue  
Colombo 7  
Tel : 0094 11 2682290 / 2695080  
Fax: 0094 11 2699884  
Email : srilankasurgicalcongress@gmail.com

Dr Kavinda Rajapakse  
Honorary Secretary

Making an effective research presentation is one of the novel ideas to feature during the sessions. We believe this will put the quality of presentations during the sessions



# Sri Lanka Surgical Congress 2022

## Pre Congress Workshop

The College of Surgeons of Sri Lanka & Sri Lanka Association of Plastic, Reconstructive and Aesthetic surgeons

### Soft tissue management in Trauma

19th November 2022

- 7.30am - 8.00am - Registration
- 8.00am - 8.10am - Introduction - Dr. Dammika Dissanayake
- 8.10am - 8.30am - Assessment of the injured patient - Dr. Kolitha Karunadasa
- 8.30am - 8.50am - Importance of proper wound debridement - Dr. Pragaash Shanmuganathan
- 8.50am - 9.10am - Skin Grafts - Dr. Yasas Abeywickrama
- 9.10am - 9.30am - Flaps in Trauma Patients & decision making - Dr. Dammika Dissanayake
- 9.30am - 9.50am - Microsurgical reconstruction & Perforator flaps in trauma - Dr. Kavinda Rajapakse
- 9.50am - 10.10am - Soft tissue management in Paediatric trauma - Dr. Arunajith Amarasingha
- 10.10am - 10.30am - Morning tea
- 10.30am - 10.50am - Upper limb injuries - Dr. Thushan Beneragama
- 10.50am - 11.10am - Lower limb injuries - Dr. Pravin Wijesinghe
- 11.10am - 11.30am - Head and neck injuries - Dr. Gayan Ekanayaka
- 11.30am - 11.50am - Chest, abdomen and perineum - Dr. Thilochana Nagolla
- 11.50am - 12.10pm - Recent advances in acute wound care management - Dr. Pragaash Shanmuganathan
- 12.10pm - 12.30pm - Dressings - Dr. Kavinda Rajapakse
- 12.30pm - 12.50pm - Scar management in trauma patients - G. Kaushalya Gayamali & Sanjaya Liyanage
- 12.50pm - 1.50pm - Lunch
- Afternoon session  
2.00 pm - 5.00pm - Case based discussions - Interactive session

Venue:  
The College of Surgeons Auditorium  
No. 6, Independence Avenue, Colombo 7

Registration fee: Doctors Rs 3000  
Nurses Rs 1500

Course coordinator- Dr. Pragaash Shanmuganathan

Register online: <http://www.surgeons.lk/>  
For further information (0112695080 / 0112682290)



## Sri Lanka Surgical Congress 2022 The College of Surgeons of Sri Lanka Pre-Congress Workshop

### Live Laparoscopic Workshop & Panel Discussion

15th November 2022  
08.00 a.m. - 3.00 p.m.

#### Live Workshop

1. Hellers Cardiomyotomy
2. Laparoscopic fundoplication

#### Panel Discussion

1. pH manometry and decision making
2. Tips & tricks of surgery
3. Complications of surgery and how to tackle

Live transmission from main theater NH Kandy  
Transmission to PMCK Auditorium, NH Kandy  
Online transmission

Registration: <https://forms.gle/rASuCimm78t2KZF98>



#### Co Ordinator:

Dr Chathuranga Keppetiyagama

#### Organized by:

Sri Lanka Association of Minimal Access & Digital Surgeons in collaboration with Kandy Society of Medicine and CSSL-Central chapter

#### Resource persons

Prof. Bawantha Gamage  
Dr. Sriharan Kadirkamanathan (online)  
Dr. Kanchana Edirisinghe  
Dr. KL Fernando  
Dr. S Siddique Jameels  
Dr. Udaya Kalubowila  
Dr. Rasitha Manathunga  
Dr. Manjula Pathirana  
Dr. Udaya Samarajeewa  
Dr. Sanjeev Samaranyake  
Dr. Rukman Sanjeeva  
Dr. Chaminda Sellaheewa  
Dr. Rameendra Senarathna  
Dr. LRPKB Udayamunuwa  
Dr. EAD Udayakumara

Trainees	1000/=
Consultants	3000/=
SLAMADS Members	
Trainees	Free
Consultants	2500/=



Sponsored By: Sunshine Medical Devices (Johnson & Johnsons)



## SLSC '22



### HANDS ON PRE-CONGRESS WORKSHOP MANAGEMENT OF UPPER URINARY TRACT INJURIES

Organized by the College of Surgeons of Sri Lanka  
in collaboration with the Faculty of Medical Sciences  
University of Sri Jaywardenepura

On Saturday 19th November  
2022  
8.00am to 2.30 pm

At Skills Lab university of Sri  
Jaywardenepura  
(Next to anatomy block)

#### Target Groups

Urology Senior registrars  
Surgical / urology  
registrars &  
Senior registrars  
Urology medical officers

#### Faculty

Dr Manjula Herath  
Dr Nishantha Liyanapathirana  
Dr Prabath Pathirana  
Dr Ishan Jayasuriya  
Dr Munipriya Willaraarachchi

#### Contents

Hands on training:  
Uretero-ureterostomy  
Trans uretero - ureterostomy  
Boari Flap Reconstruction  
&  
Theory topics including  
Ileal conduits and ureteral  
substitution

#### Course Coordinators

Professor Srinath Chandrasekera  
Dr Hilary Fernando - 0760588852

COURSE FEE 3000LKR  
LIMITED TO 20 PARTICIPANTS

NEWSLETTER OF THE COLLEGE OF SURGEONS  
REGISTRATION OF SRI LANKA  
[HTTP://WWW.SURGEONS.LK](http://www.surgeons.lk)



## Sri Lanka Surgical Congress 2022 The College of Surgeons of Sri Lanka

### Pre Congress Workshop

SLSC '22

### Case-based discussion on Organ Transplantation

21st November 2022

from 8:30 am to 12:30 pm

at  
the Auditorium,  
The College of Surgeons of Sri Lanka

#### Registration Fee

- Consultants Rs 2500/=
- Surgical Trainees Rs 2000/=
- Medical Officers (involved in Transplant) Rs 1500/=
- Nursing Officers (involved in Transplant) Rs 750/=



To Register:  
Scan the QR Code  
Or  
Visit [www.Surgeons.lk](http://www.Surgeons.lk)



The College of Surgeons of Sri Lanka  
No 6, Independence Avenue  
Colombo 7  
Tel : 0094 11 2682290 / 2695080  
Fax: 0094 11 2696884  
Email : [srilanksurgicalcongress@gmail.com](mailto:srilanksurgicalcongress@gmail.com)

20

Dr Kavinda Rajapakse  
Honorary Secretary



## Can we make our post graduate surgical training and assessments more student friendly?

Dr Duminda Ariyaratne  
Consultant General Surgeon  
NHSL

Postgraduate surgical training in Sri Lanka is internationally well known and respected for its structured format and aptness. The highly competitive selection examination follows a rigorous thirty-nine-month programme that includes comprehensive 'hands on' training in various surgical and allied fields. The trainees are finally assessed at the MD (Surgery) examination by an accredited panel of local and overseas examiners. The examination quality is additionally monitored by a representative from the Royal College of Physicians and Surgeons of Glasgow. As the MD (Surgery) examination is deemed to be of a high standard, the successful candidates are conferred the diploma of the MRCS (Glasgow) by application sans any further assessment.

Unfortunately, the recently held MD surgery examination had a dismal pass rate of about 45%- this is the lowest rate in recent history. Although the examination pass rate still falls within the acceptable limits of a credible examination, many surgeons have raised their concerns about the low pass rate. Notably, the comparable intercollegiate FRCS (Gen) examination has an average pass rate of 70%

As known, a good examination should be consistent, valid, realistic and should give an equal opportunity to all the candidates to demonstrate their proficiency. The MD surgery examination conforms to almost all these criteria. Then

what could be the reason for the unacceptable failure rate?

It is high time that we surgeons think and act to remedy the situation.

Few points to ponder:

- Does the examination need to be modified?
- Do the examiners need improvement?
- Is our training programme deficient?
- Do we need to improve our continuous assessment of the trainees?
- Do our trainers need to improve?

Examination and the examiners:

The MD surgery examination has significantly improved over the last few years. The examination process involves more than 40 examiners of different specialties including two overseas examiners from the UK intercollegiate court of examiners. Local examiners are certified having completed examiner training courses conducted by the post graduate institute of medicine (PGIM)

Although slight modifications may be needed, I believe, it is unlikely that the examination needs a significant transformation.

Training:

The successful entry examination candidates undergo one and a half years of general surgery training and speciality training in orthopaedics, neurosurgery,

oncosurgery, vascular, plastics and trauma etc. There is no doubt that during this period, they are encountered with complex surgical entities and given a reasonable 'hands-on' training opportunities. The trainees are trained in the background of the traditional framework of "ගුරු-ශිෂ්‍ය" (teacher-pupil) system in addition to modern teaching methodology.

However, I find the following aspects of training needing improvements:

- 1) Exam oriented teaching and training
- 2) Quarterly 'Registrar days' where the trainees are allowed to discuss their concerns in training with a panel appointed by the board of study in surgery of the PGIM
- 3) Encouragement or incentives to carry on research activities, publications, presentation of scientific papers and if feasible, even higher degrees
- 4) Compulsory weekly academic commitments such as journal clubs, presentation at MDT meetings of subspecialties
- 5) Sessions are to be held at regular intervals to sharpen the presentation skills and patient-centred clinical problem-solving, which the trainees actively take part in. This will familiarise them with the exam set up

# Are we contributing effectively to post graduate surgical training in Sri Lanka?

Cont...

## Continuous assessment:

Currently, the trainees are assessed on their performance by their trainers and submissions made to the specialty board in general surgery in the form of a 'SITA assessment form'. These assessments are all done in a stereotypically and we as members of the specialty board find even the first six-month trainees are inappropriately given the highest-level grades for their performance by some trainers.

The surgical in training assessment must be more streamlined in such a way that in addition to their trainers, nominated surgical assessors should also be involved in the evaluation of trainees in their operative skills and clinical acumen.

It is high time that we introduce Direct Observation of Procedural Skills (DOPS) assessment which is a better assessment of operative surgical skills.

## Trainers:

Most postgraduate trainers are health ministry surgeons who, despite their hectic schedule undertake registrar training on honorary basis. They need to be kept informed of the developments of post graduate

surgical training as most of them work in non-teaching hospitals. There must be a two-way system of giving feedback on the trainees' performance at regular intervals (perhaps, quarterly) between the trainers and the PGIM.

A point should be made to hold 'train-the-trainer' workshops at mutual convenience.

## The College of Surgeons of Sri Lanka:

The College of surgeons of Sri Lanka (CSSL) conducts many training programs and academic sessions to benefit the trainees. However, the recent unfavorable conditions in the island had made it hard to conduct them all as before. Nevertheless, the college should endeavor to support the surgical training by conducting examination oriented interactive clinical sessions where the trainees perform in an atmosphere like the actual examination.

We can form a volunteer support group comprising senior fellows of the college to the benefit of the struggling trainees who I am sure will find it a great relief.

The College and its fellows and members must see to the profession's development. Development in training is the key to the development of the profession. Today's trainees are versatile and have an added benefit of advanced technology to guide them. They are also faced with the challenge of keeping abreast with the global innovations in surgery.

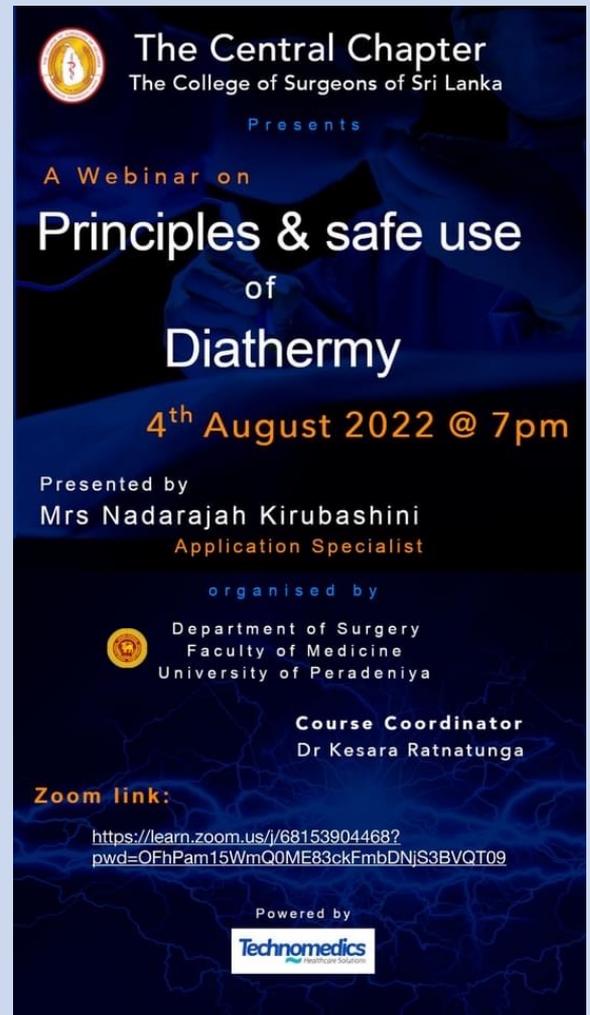
When the country is going through a challenging socio-economic period, we need to do nothing but do our best to make sure the surgical profession survives the trial of strain.

Surgeons of Sri Lanka have done it with the thirty-year-old civil war. We have made it during the COVID pandemic.

Why can't we conquest the challenge of today?

- 1) [https://www.researchgate.net/publication/319010771\\_FRCS\\_first\\_pass\\_variance\\_Deanery\\_and\\_specialty\\_contrariety](https://www.researchgate.net/publication/319010771_FRCS_first_pass_variance_Deanery_and_specialty_contrariety)

# Chapter activities



**The Central Chapter**  
The College of Surgeons of Sri Lanka

Presents

A Webinar on

## Principles & safe use of Diathermy

4<sup>th</sup> August 2022 @ 7pm

Presented by  
**Mrs Nadarajah Kirubashini**  
Application Specialist

organised by

 Department of Surgery  
Faculty of Medicine  
University of Peradeniya

**Course Coordinator**  
Dr Kesara Ratnatunga

**Zoom link:**  
<https://learn.zoom.us/j/68153904468?pwd=OFhPam15WmQ0ME83ckFmbDNjS3BVQT09>

Powered by  




**The Central Chapter**  
The College of Surgeons of Sri Lanka

Presents

## Pelvic MRI for Surgeons

**Dr. Padmini Hewavitharana**  
Consultant Radiologist  
Royal Perth Hospital, Australia

**Dr. Fariha Sitheequ**  
Consultant Radiologist  
Department of Radiology, Faculty of Medicine, University of Peradeniya

**Day 1 - Saturday August 20<sup>th</sup>, 2022**  
Basics of Pelvic MRI in anorectal pathology 3pm to 4pm  
Pelvic MRI in Rectal Cancer 4pm to 5pm

**Day 2 - Saturday August 27<sup>th</sup>, 2022**  
Pelvic MRI in perianal fistulous disease 3pm

**Day 3 - Saturday September 10<sup>th</sup>, 2022**  
Dynamic Pelvic Floor MRI 3pm

**Course coordinator: Dr Kesara Ratnatunga**

**Click here for registration for eCertificates:**

**Zoom Link:** <https://learn.zoom.us/j/66244307900?pwd=Y2dHTjU2QkJuY3dMRjFBNIh2cjVtQT09>

Organised by  
Department of Surgery and Department of Radiology  
Faculty of Medicine  
University of Peradeniya

## ESSENTIAL RADIOLOGY FOR SURGEONS

Lecture discussions on Radiology for Surgical Trainees

 **The Department of Radiology**  
Faculty of Medicine, University of Peradeniya

 **Central Chapter**  
The College of Surgeons of Sri Lanka

Date	Time	Consultant Radiologist	Topic
May 8	9am-11am	BH	Interpretation of plain radiography and mammography
May 14	8.00am-10.00am	SR	Application and interpretation of CT in chest and abdominal pathology.
May 21	2.00pm – 4.00pm	JU	Application and interpretation of CT, MRI in brain and spine pathology
May 29	9.00am-11.00am	FS	Application and interpretation of MRI in abdominal pathology Introduction to contrast studies

**Resource persons:**

BH – Prof. P.B. Hewavithana  
JU – Dr. Jeevani Udupihille

SR – Prof. Shanthini Rosairo  
FS – Dr. Fariha Sitheequ

**Course coordinators:**

Dr. Fariha Sitheequ  
Dr. Kesara Ratnatunga

**Zoom Meeting Links:**

May 8 <https://learn.zoom.us/j/65706184852?pwd=ampVa0dNdEJnenpTmMlzM0hZYXVZUT09>

May 14 <https://learn.zoom.us/j/66917873058?pwd=bEF3dHY4c3ExU3NxUTVaUjFBUiRxdz09>

May 21 <https://learn.zoom.us/j/62008042728?pwd=cVU1dFhSaThyTTIKZOZDRUvISEZIUT09>

May 29 <https://learn.zoom.us/j/65587039603?pwd=bmFLYjJSNUhON05MakJ4eXBFc05Ldz09>

# Program

## Day 01 - 24<sup>th</sup> November

Start Time	End Time	Item	Details / Topic	Speakers	
8:00	8:20	Plenary 01	Assessment of resectability of liver metastases	Mr Stephen W Fenwick	
8:20	8:40	Plenary 02	Approach to pancreatic cysts	Dr Shyam Varadarajulu	
8:40	9:25	Symposium 01	<b>case based discussion on the management of breast cancers</b>		
			Granulomatous mastitis	Dr Ajith de Silva	
			Phyllodes tumours	Dr A Parthiepan	
			Oncoplastic breast surgery	Dr Raja Shanmugakrishnan	
9:25	10:25	Sir A M De Silva Memorial Oration	"Trials, tribulations" and the emergence of total thyroidectomy - A Sri Lankan perspective	Professor Ranil Fernando	
10:25	10:55	Tea			
10:55	11:15	Plenary 03	What's new in retroperitoneal sarcoma management	Professor David Gyorki	
11:15	12:00	Symposium 02	<b>Proximal femoral fractures in the elderly</b>		
				Dr Shivantha Fernandopulle	
				Dr Dammika Dissanayake	
				Dr Suranga Manilgama	
12:00	12:30	Plenary 04	Talking to cancer patients. Do not promise what you cannot deliver	Professor Mike Griffin	
12:30	13:00	EAU Lecture	Tissue engineering: current progress and future concepts	Professor Christopher Chapple	
13:00	14:00	Lunch			
14:00	14:45	Symposium 03	<b>Robotic Surgery</b>		
			Feasibility of Robotic Surgery in a developing economy	Dr Venkatesh Munikrishnan	
			Medical advancements made feasible in the developing world	Dr Roy Patankar	
			Robotic Colorectal Surgery; Training, learning curves and numbers	Dr Narasimhaiah Srinivasaiah	
14:45	15:00	Plenary 06	Surgical Training Program - are we on the right path?	Professor Aloka Pathirana	
15:00	16:15	Symposium 04	<b>Women in Surgery</b>		
			The gender disparity in Surgery: A global call to action	Dr Ms Judy Evans	
			Being a woman and surgeon: From brilliance to excellence	Dr Udayangani Samarakkody	
			Challenges faced by female surgeons in Sri Lanka: Let's face the facts and myths	Dr Minoli Joseph	
		Launching of 'Women in Surgery Forum'			
16:15	16:30	Tea			
16:30	16:50	Plenary 07	The Dysfunctional Surgeon	Professor David Richens	
16:50	17:05	Plenary 08	Current topics in Trauma surgery	Professor Sharmila Dissanaiké	
17:05	17:35	Symposium 05	<b>Breast aesthetic surgery</b>		
				Dr Raja Shanmugakrishnan	
				Mr Lam	

SLSC '22

## Day 02 - 25<sup>th</sup> November

Start Time	End Time	Item	Details / Topic	Speakers
8:00	9:00	<b>Bartholomeusz Price Session</b>		
9:00	10:00	The SAARC Oration	Laparoscopic surgery for Colorectal Cancer; need for a benchmark	Dr T G Amal Priyantha
10:00	10:30	Tea		
10:30	10:50	Plenary 09	Compassionate surgery	Professor Jackie Taylor
10:50	11:35	Symposium 06	<b>Surgery during difficult times</b>	
			Saving starts at home!	Dr Nissanka Jayawardhana
			Cut your coat according to the cloth!	Dr Duminda Ariyaratne
			Optimizing health performance through novel approaches; from an economist's perspective	Dr Niluka T Amarasinghe
11:35	12:20	Symposium 07	<b>Vascular trauma</b>	
			Extremity Vascular Trauma	Dr Buddhima Jayawickrama
			Carotid Artery injuries	Dr Joel Arudchelvam
			Principles of management of Major thoraco Abdominal Vascular Injuries	Dr Amanthana Marasinghe
12:20	12:40	Plenary 10	Compassionate Surgery	Professor Abhay Rane
12:40	13:00	Plenary 11	Considerations in Setting Up a Robotic Surgical Service	Professor Rowan Parks
13:00	14:00	Lunch		
14:00	14:45	Symposium 08	<b>Anal fistula surgery - the conundrum in colorectal surgery</b>	
			Fistula surgery; from basics to novel therapies	Mr Phil Tozer
			Imaging in fistula disease - how to interpret	Dr Padmini Hewavitharana
14:45	15:00	Plenary 12	The tenderest cut: Humanities and the Surgeon	Professor Arosha Dissanayake
15:00	15:30	Plenary 13	Diabetic foot disease and limb salvage	Professor David G Armstrong
15:30	15:45	Plenary 14	Surgeon's role in the management of rectal cancer- what is new?	Prof Surendra Kumar Mantoo
15:45	16:00	Tea		
16:00	16:45	Symposium 09	<b>SAARC Symposium</b>	
				Dr G Siddesh
				Professor Abdul Majeed Chaudry
				Dr Sunil Kumar Sharma
				Dr Buddhika Dassanayake
16:45	17:30	Symposium 10	<b>Case Based Discussion - Paediatric Surgery</b>	
				Dr Supul Hennayake
				Dr Udayangani Samarakkody

# SLSC '22

## Day 03 - 26<sup>th</sup> November

Start Time	End Time	Item	Details / Topic	Speakers
8:00	8:20	Plenary 15	A-Z of intercostal tubes	Dr Saman Iddagoda
8:20	8:40	Plenary 16	Role of laparoscopy in management of rectal prolapse	Professor Jim Khan
8:40	9:00	Plenary 17	Clinical decision making in contemporary surgery using a cancer model	Dr Kanishka De Silva
9:00	9:45	Symposium 11	<b>Maximum through minimum</b>	
			Why we need Robotics in colorectal surgery?	Professor C R Selvasekar
			Percutaneous renal stone management	Dr Kanchana Edirisinghe
			Thoracoscopic diaphragmatic hernia repair: Towards excellence	Dr Janath Liyanage
9:45	10:45	Dr Noel Bartholomeusz Memorial Oration	A preliminary examination of global military and civilian trauma system integration	Dr Amila Ratnayake
10:45	11:15	Tea		
11:15	12:00	Symposium 12	<b>Urolithiasis - Best of care '22*</b>	
			Understanding urolithiasis	Dr Munipriya Willaraarachchi
			High Tech stone surgery	Dr Nishantha Liyanapathirana
			Miniaturisation of PNL	Dr Kalana Parana Palliya Guruge
			Is open stone surgery obsolete?	Dr Thaha M Musthafa
12:00	13:00	Symposium 13	<b>Spinal injury overview and management strategies for general Surgeons</b>	
			Mechanism, Anatomy and Pathophysiology of Spinal cord Injury; Interpretation of signs and symptoms	Dr Saman Pushkumara
			Cervical spinal cord injury management and outcome	Dr Surath Munasingha
			Cervical spine protection and airway management and transprotection of spinal injury patient	Dr Bimal Kudavidange
			Thoracic and lumbar spinal cord injury management and outcome	Dr Jagath Kumara Rathugamage
			Bladder management in spinal cord injury, immediate and long term	
			Make Impossible to possible Rehabilitation for spinal cord injury patient	Dr Duminda Munidasa
13:00	14:00	Lunch		
14:00	15:15	Symposium 14	<b>Contentious issues in thyroidectomy – Expert Views (Pearls of wisdom)</b>	
			The Identification and Preservation of Nerves	Professor Rajeev Parameswaran
			The Identification and Preservation of Parathyroids/ Auto transplantation	Professor Amit Agarwal
			Dealing with recurrent goitres and retrosternal extension	Dr Kithsiri Senanayake
		The incision, drainage of thyroid bed & cosmetic issues	Professor Ranil Fernando	
15:15	16:00	Symposium 15	<b>Hilar Cholangio Carcinoma</b>	
				Dr P Jagannath
				Professor Krishnakumar Madhavan
				Mr Hassan Malik
			Dr Nilesh Fernandopulle	
16:00	16:10	Closing Remarks		
16:10	16:20	Tea		

# SLSC '22



The College of Surgeons of Sri Lanka  
**The Sir A M De Silva Memorial Oration**

delivered by



**Professor Ranil Fernando**

M.S. (Col) FRCS (Edin) FRCS(Eng)FCPS (Pakistan)FASI(India) FCSSL(Sri Lanka) PhD (Col)

on

*“Trials, tribulations” and the emergence of total thyroidectomy  
- A Sri Lankan perspective*

Thursday 24<sup>th</sup> November 2022 at 09.25 am

at

The Noel & Nora Bartholomeusz Foundation  
6 Independence Avenue, Colombo 7

~

SLSC '22

al



The College of Surgeons of Sri Lanka  
In collaboration with  
The SAARC Surgical Care Society

delivered by



Dr T G Amal Priyantha  
MS MRCSEd

on

*Laparoscopic surgery for Colorectal Cancer; need for a benchmark*

Friday 25<sup>th</sup> November 2022 at 09.00 am

at

The Noel & Nora Bartholomeusz Foundation  
6 Independence Avenue, Colombo 7

~

SLSC '22



# The Dr Noel Bartholomeusz Memorial Oration

delivered by



Col (Dr) Amila Ratnayake MBBS MS

On

*A preliminary examination of global military and civilian trauma system integration*

Saturday 26<sup>th</sup> November 2022 at 09.45 am

at

The Noel & Nora Bartholomeusz Foundation  
6 Independence Avenue, Colombo 7

~

SLSC '22

Meet the expert session is back to give your breakfast added value during the sessions



## Sri Lanka Surgical Congress 2022

'Compassionate Surgery'

The College of Surgeons of Sri Lanka

SLSC '22

### Meet the Experts

24th November 07:00 - 08:00

MTE 01	Case based discussion of management of salivary gland neoplasms	Dr Dileepa Mahaliyana
MTE 02	Neoadjuvant therapy in Breast Cancer: What's new?	Dr Nuradh Joseph Dr Kusal De Silva
MTE 03	Vascular - Varicose veins - deciding on the best treatment option	Professor Mandika Wijeyaratne Dr Nalaka Gunawansa Dr Daminda Rajamanthri

25th November 07:00 - 08:00

MTE 04	Approach to GORD and Surgery	Dr Chathuranga Keppetiyagama Dr Sanjiv Samaranayake
MTE 05	Techniques of Pancreatico-jejunostomy	Dr Suchintha Thilakarathne Dr Buddhika Dassanayake
MTE 06	Microsurgical reconstruction on Breast	Dr Raja Shanmuga Krishnan
MTE 10	Pilonidal Disease	Dr Sumudu Kumarage Dr Wasantha Wijenayake

26th November 07:00 - 08:00

MTE 07	Hilar Dissection in Major Hepatectomy	Dr Duminda Subasinghe Dr Prabath Kumarasinghe
MTE 08	New concepts in Management of the Surgical Thyroid	Dr Lalantha Ranasinghe
MTE 09	Planning incisions and volumes in Oncoplastic Breast surgery	Dr Ajith De Silva Dr Kanchana Wijesinghe Dr Ramprasad Ramanathan

Registration:



The College of Surgeons of Sri Lanka  
NEWSLETTER OF THE COLLEGE OF SURGEONS  
116, Independence Avenue  
Colombo 7  
Tel / Fax: +94112682290 / 2699884  
srilankasurgicalcongress@gmail.com  
www.surgeons.lk

**Registration Fee**

Rs 1000/= per session

\*\*Free of Charge for Congress (SLSC '22) Registration

\*\*Limited to 2 0 participants per session

Master Classes will provide the long lost focused speciality updates during the sessions. These master Classes are designed to highlight the diversity of the college under one roof.



**Sri Lanka Surgical Congress 2022**  
 'Compassionate Surgery'  
 The College of Surgeons of Sri Lanka

**SLSC '22**

**Master Classes**

**24<sup>th</sup> November**

Master Classes 01	14:00 - 17:00	Hepatobiliary MDT	Prof Rohan Siriwardana Prof S Sivaganesh Dr Nuradh Joseph Dr Nilesh Fernadopulle Dr Eranga Ganewatta
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**25<sup>th</sup> November**

Master Classes 02	09:00 - 12:00	Urethral Surgery in the male and female	Prof Christopher R. Chapple
Master Classes 03	14:00 - 16:00	Paediatric Urology	Dr Udayangani Samarakkody

**26<sup>th</sup> November**

Master Classes 04	10:00 - 13:00	Cleft Lip and Palate	Dr Romesh Gunasekera Dr Gayan Ekanayake Dr Pragash Shanmuganathan Dr Arunajith Amarasingha
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Registration:



The College of Surgeons of Sri Lanka  
 No. 6, Independence Avenue  
 NEWSLETTER OF THE COLLEGE OF SURGEONS  
 Colombo 7

Tel / Fax : +94 11 2682296 / 2699884  
 srilankasurgicalcongress@gmail.com  
 www.surgeons.lk

**Registration Fee**  
 Rs 1000/= per session

\*\*Limited to 20 participants per session

We welcome you to a night  
filled with jazz and glamour.



Sri Lanka Surgical Congress 2022  
The College of Surgeons of Sri Lanka **SLSC '22**

## College Dinner

Friday 25<sup>th</sup> November 2022  
at 8.00pm

"Oak Room"  
Cinnamon Grand, Colombo

Ticket : Rs 15,000/=  
Available to purchase at the College office

\* Your meal preference is required when purchasing tickets  
(Veg/Non-Veg; Non-veg includes seafood)

To reserve your Ticket :  
Scan the QR Code  
or  
Contact

011 2682290

011 2695080



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NEWSLETTER OF THE COLLEGE OF SURGEONS  
OF SRI LANKA

# The History of Surgery in Sri Lanka



A Golden Jubilee Publication of  
The College of Surgeons of Sri Lanka



Over 500 years of history

35 contributors

34 chapters

550 pages

## Limited edition

Compiled by

Professor Channa Ratnatunga FRCS

*".....shown in many parts of surgical history, the builders of the present did what they could with whatever they had, for as many as possible, at personal cost of time and family..."*

*Foreword by Professor Arjuna Aluwihare FRCS*

**Available from November 24<sup>th</sup>, 2022**

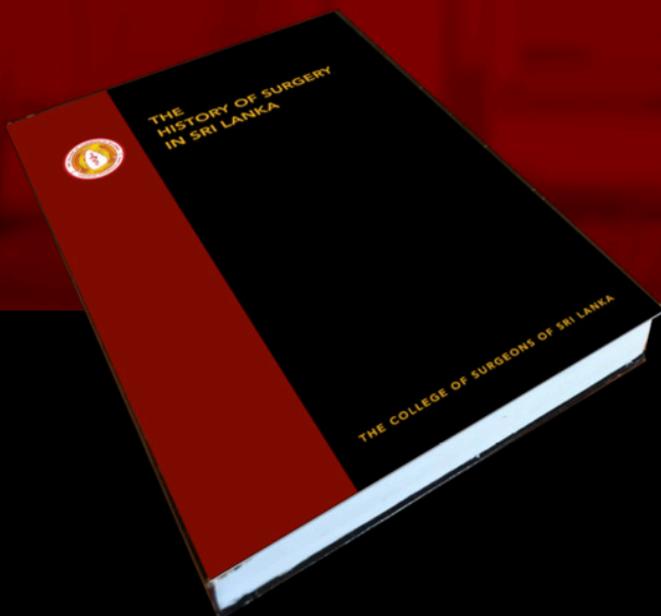
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Tel : 0094 11 2682290 / 2695080

Fax: 0094 11 2699884

Email : [srilankasurgicalcongress@gmail.com](mailto:srilankasurgicalcongress@gmail.com)

# SETS is back after a long pause.

This much loved multicentre college venture is restarted to fulfill the education in training.



**SETS**  
Surgical Education  
& Training Sessions

**Date:** Saturday 22<sup>nd</sup> October 2022

**Time:** from 8.00 am to 12.15 pm

**Venue:** Auditorium  
The College of Surgeons of Sri Lanka  
6, Independence Avenue  
Colombo 7

**Live transmission to**

Teaching Hospital Kandy  
Teaching Hospital Peradeniya  
Teaching Hospital Jaffna  
Teaching Hospital Karapitiya &  
Teaching Hospital Anuradhapura

Case based discussions and Q&A sessions  
On  
Critical Limb Ischaemia

**Panel based discussion on**

- Understanding CLTI
- Assessment of Neuropathy / Perfusion / Infection
- When to debride ? When not to debride ?
- Decision making on revascularization - when ? when not to ?
- How to choose a management strategy
- What is new in the management of CLTI

**Panelists** Dr Rezni Cassim  
Dr Subramaniam Prasath  
Dr S Vinojan  
Dr Buddhima Jayawickrama

**Moderator** Dr Thushan Gooneratne

For pre - registration scan the QR Code



Onsite registration will be available from 7.45 am onwards

Registration Fee : Rs. 1500/=

**Dr Ranga E Wickramarachchi**  
Coordinator

**Dr Kavinda Rajapakse**  
Honorary Secretary  
The College of Surgeons of Sri Lanka

**For more details:**  
Tel: 011 268 2290  
011 269 5080

Fax: 011 269 9884

Email: [collsurg@gmail.com](mailto:collsurg@gmail.com)  
[workshops@lankasurgeons.org](mailto:workshops@lankasurgeons.org)

Website: [www.surgeons.lk](http://www.surgeons.lk)



# OTST

## Online Teaching for Surgical Trainees

### OTST is now 3 years old

The college has provided a platform for local and international surgeons to teach trainees through online teaching sessions.

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 05

The College of Surgeons of Sri Lanka

### Management of Colorectal Cancer

By **Dr Neil Jayasuriya**  
MBBS(Hons), MRCS, MS, Dip in Surgical Education(Unti Melb), FRACS, Consultant Surgeon, Senior Lecturer, Monash University, Victoria

30<sup>th</sup> April 2022  
10 am – 12 pm

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 06

The College of Surgeons of Sri Lanka

### Evidence-based management of Ventral Hernia

By **Dr Dakshitha Wickramasinghe**  
MBBS MD(Surgery) DM(Col) MRCEd PG Cert Med Edu FMAS, Lecturer in the Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka, Consultant Surgeon at the University Surgical Unit, National Hospital of Sri Lanka

08<sup>th</sup> May 2022  
05:00 pm – 07:00 pm

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 07

The College of Surgeons of Sri Lanka

### Case Based Discussion on Diverticular Disease

By **Dr Wasantha Wijenayake**  
(MB BS, MS, MRCS) Consultant Surgeon and Senior Lecturer – Surgery, General Sir John Kotelawala Defence University Rathmalana.

02<sup>nd</sup> July 2022  
10:00 am – 12:00 noon

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 08

The College of Surgeons of Sri Lanka

### Surgical access, incision & closure

By **Dr Nadeeja Samarasekera**  
MBBS(Colombo), MS(Colombo), MRCS(England), FCSSS, Consultant Surgeon & Senior Lecturer, Faculty of Medicine, University of Moratuwa, Sri Lanka

16<sup>th</sup> July 2022  
04:00 pm – 06:00 pm

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 09

The College of Surgeons of Sri Lanka

### Large Bowel Obstruction

By **Dr Eranda Karunadasa**  
MBBS(Colombo), MD(Surgery), MRCS(Edin), Consultant General Surgeon, Senior Lecturer in Surgery, Head department of Surgery, Faculty of Medicine, Wayamba University of Sri Lanka

20<sup>th</sup> August 2022  
06:30 pm – 07:30 pm

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 10

The College of Surgeons of Sri Lanka

### Necrotizing Fasciitis

By **Dr Mohan Dias**  
MBBS(Peradeniya), MD(Surgery), Consultant General Surgeon, National Hospital Kandy, Sri Lanka

1<sup>st</sup> October 2022  
08:00 am – 10:00 am

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

OTST Online Teaching for Surgical Trainees

Basic Lecture Series - 11

The College of Surgeons of Sri Lanka

### Gastric Cancer

By **Dr M N M Nuzair**  
Consultant Gastroenterological Surgeon

16<sup>th</sup> October 2022  
08:00 am – 10:00 am

Scan the QR code to register for the lecture series

Organizer – Dr Gayan Ekanayake [gayanse2003@yahoo.com](mailto:gayanse2003@yahoo.com)  
Dr Kavinda Rajapakse  
Honorary Secretary

# SURG-AHEAD

This speciality CPD program is continuing through 2022 with new topics.



## SURG-AHEAD

CSSL CPD Program

VOL 2  
2022

PRACTISE UPDATES FOR SURGEONS

### Management of a patient with an intercostal tube

By Dr Dhammike Rasnayake  
*Consultant Thoracic Surgeon*



Wednesday August 31<sup>st</sup> 2022  
at 2.30pm

Scan the QR code to join  
the meeting



## SURG-AHEAD

CSSL CPD Program

VOL 3  
2022

PRACTISE UPDATES FOR SURGEONS

### Recent Advances in the Management of Prostate Cancer

Professor Neville Perera  
*Consultant Urological Surgeon*



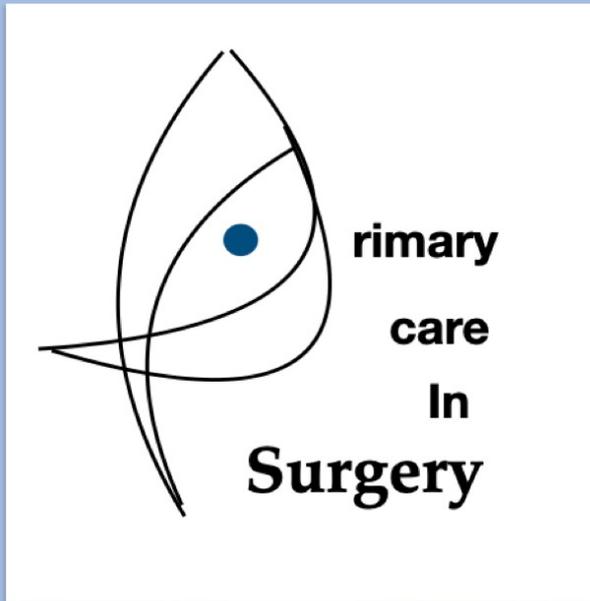
Thursday September 29, 2022  
at 2.30pm

Scan the QR code to join  
the meeting

## College commitment for continuous education

The college experts have become an integral part of the CME program of the ministry of health. We are supporting three initiatives of the ministry

1. Pre intern program
2. Post intern program
3. Primary care program



**Primary  
care  
In  
Surgery**

Pre intern program		Name
Introduction 15		Prof Mohan de Silva
patient clerking/ Clinics 15 9am		Prof Aloka Pathirana
Best out of / Theatre staff 15		Dr Mahanama Gunasekera
the disease /		Prof Ranil Fernando
surgical patient	patient / optimizing 8.45am	
Acute abdomen and scrotum	Diagnosing common surgical causes in acute abdomen 9.15am	Dr Nissanka Jayawardhana
Acute urinary retention and ureteric colics	Diagnosis and pearls in acute care 15 Minutes 9.45am	Prof. Srinath Chandrasekera
Trauma and critically injured patient	Initial assessment & Mx 10.30 am	Dr Kirithi Abayajeewa
General surgical ward care for Orthopedic patient	Orthopedic pt in surgical ward 11.00 am	Dr N Pinto
Bleeding patient in the ward	GI, Trauma, Post op, Transfusion and blood products and reactions. 11.30 am	Dr Duminda Ariyaratne
Septic surgical patient	resuscitation/ Investigating/ initial care 12.00 am	Dr Mahinda Mallawatantri
Managing death in surgical wards	Inquest, postmortems, DC, documentation, alcohol 1pm	Dr Channa Perera
Head injury patient in general surgical ward	Assessment and reassessment transfer/ observation/ discharge / Readmissions/ Complications 1.30am	Dr Nirukshan Jayaweera
Post op care plan for surgical patient	Obs, Complications, Pain Mx, Discharge summary D cards, Follow up 2.00pm	Prof Bawantha Gamage
Limb ischaemia	Trauma, Ischaemia, 2.30 pm	Dr Rezni Cassim
Patients needing transport/ transfer	Indications, requirements, contraindications 15 Minutes 3.00 pm	Dr Mihira Bandara
Wound care and burns	Initial management and ward care 3.15pm	Dr Gayan Ekanayake
Feedback		

Introduction  
Hand Injuries  
Minor injuries at primary  
Minor surgery at Primary

Break

Limb fractures  
Head injury  
LUTS and haematuria

Lunch

Breast complains and Thyr  
Surgical abdomen  
Vascular injury at primary  
Burn wound care

8.00 am– 8.30 am  
8.30 am– 9.15 am  
9.15 am– 10.00 am  
10.45 am

11.00 am– 11.45 am  
11.45 am– 12.15 pm  
12.15 pm– 12.45 pm

2.00 pm– 2.30 pm  
2.30 pm– 3.00 pm  
3.00 pm– 3.30 pm