



SUTURE

NEWSLETTER OF THE COLLEGE OF SURGEONS OF SRI LANKA

"Binding Surgeons Together"



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THE COLLEGE OF SURGEONS OF SRI LANKA

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SUTURE Editors: Dulantha De Silva & Gayan Ekanayake

COUNCIL OF THE COLLEGE OF SURGEONS OF SRI LANKA, 2023



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President's Message

Dear Colleagues and Friends,

It is my honor and privilege to welcome you to the Academic Sessions of the College of Surgeons of Sri Lanka (CSSL) 2023.

Throughout our history, CSSL has played a pivotal role in advancing the frontiers of surgery. We have served as a platform for knowledge exchange, professional growth and camaraderie among surgeons, researchers and healthcare professionals.

The theme of this year's event, "Training the Future Surgeon" reflects our dedication to staying at the cutting edge of surgical practice. We have curated a diverse program that encompasses a wide array of topics, from the latest breakthroughs in surgical techniques to discussions on training in surgery. I am confident that the sessions, workshops and discussions planned over the coming days will enrich your knowledge, broaden your perspectives and inspire you to continue making a meaningful impact in the world of surgery.

This will be an event to renew our commitment to the principles of excellence, integrity and compassion that define our profession. Together, we have the power to shape the future of surgery and in turn, the lives of countless individuals who place their trust in our hands.

I extend my heartfelt gratitude to our organizing committee and all the speakers for their unwavering dedication and hard work in making this event possible.

I also wish to thank our sponsors for their generous contributions that helped us to organize this event.

Finally, I thank all of you for being a part of CSSL sessions and I wish you a fruitful and an inspiring experience ahead.

Professor Nandadeva Samarasekera President College of Surgeons of Sri Lanka (CSSL)



Professor Neil Mortensen

MA, MBChB, MD, FRCS Eng, Hon FRCPS Glas, Hon FRCS Ed.

Chief Guest of SLSC 2023

Immediate Past President, The Royal College of Surgeons of England





Message from Congress Co-Chairs

We are excited to announce the upcoming 52nd Sri Lanka Surgical Congress (SLSC 2023), organized by the College of Surgeons. This prestigious event will take place from the 14th to the 16th of September at the UCFM Tower, Faculty of Medicine, University of Colombo.

SLSC 2023 promises to be a platform where surgical excellence and innovation come together. It is a unique opportunity to immerse yourself in a world where minds meet, ideas converge, and the future of surgery takes center stage.

Under the theme of "Training the Future Surgeon," SLSC 2023 will feature national and international experts in surgery who will share their knowledge and experiences. The congress will offer a diverse range of activities including masterclasses, plenaries, orations, interactive sessions, symposia, and free paper sessions.

We are proud to have the collaboration of esteemed organizations such as the Royal College of Surgeons of Edinburgh (RCS-EDIN) and the South Asian Association for Regional Cooperation in Surgical Care (SAARCSC) and the support and participation of Royal College of Physicians and Surgeons of Glasgow, Endoscopic and Laparoscopic Surgeons of Asia (ELSA), International Society for Surgeons (ISS – IATSIC) & other sister colleges/ associations.

Mark your calendars for this remarkable event, SLSC23, which will be held in Colombo from the 14th to the 16th of September 2023. Join us as we come together to shape the future of surgery.

For more information and to register, please visit our official website and social media channels.

We look forward to welcoming you to SLSC 2023, where the world of surgical excellence awaits.

Dr Gayan Ekanayake & Dr Ranga E Wickramarachchi





Message from Academic Co-Chairs

We are excited to welcome you to the largest academic event of the college, which will bring together scholars and clinicians from around the world to discuss the latest research and patient care in surgery.

The theme of this year's conference is "Training the future surgeon". This theme is particularly timely, as there is a paradigm change in training, brought upon by both advances in knowledge, and global health issues like COVID-19. The conference will provide a forum for us to share our ideas and solutions to these challenges.

The conference program is packed with exciting sessions, including plenaries, symposia, masterclasses, meet-the-expert sessions, and pre and post-congress workshops. We have also invited a number of distinguished speakers to share their knowledge. I am confident that you will find the program to be both informative and stimulating.

In addition to the academic program, the conference will also feature a number of social events, such as the college banquet, and the trainee's night. These events will provide us with an opportunity to network with each other and to make new friends.

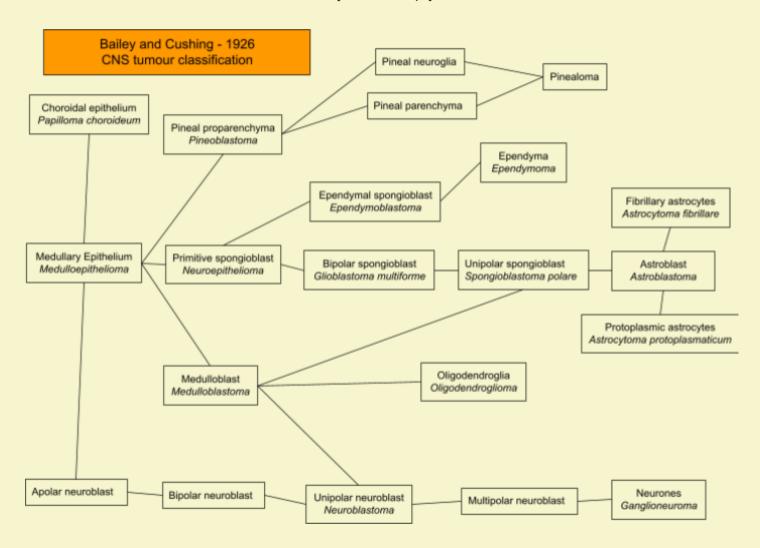
We hope that you will take advantage of all that the conference has to offer. We look forward to seeing you there!

Professor Ajith Malalasekera & Professor Dakshitha Wickramasinghe



Pioneers to cutting edge: Historical evolution of CNS tumour analysis

Complexity of a puzzle stimulates the brain, it gives a roller coaster ride for the thinking mind. Especially when the matter at hand needed partial yet cumulative evolving solutions from multiple great minds in history. It gives a great adrenaline surge to peek into those minds and travel the journey of time and space with them in a time capsule to witness the evolution of the art and science behind how we look at CNS tumours. So hop on and enjoy the ride!



Before WHO took over the classification of CNS tumours the classification system introduced by Bailey and Cushing was used for almost 50 years. However, is also noteworthy that the first edition of the WHO classification was quite similar to this classification. As this was only based on histology it had many short comings which were gradually amended upto date and is still evolving with the development of science and technology.

WHO classification and cIMPACT

WHO has so far published 5 editions to gradually untangle the complexity of the matter at hand.

- 1st edition 1979
- 2nd edition 1993
- 3rd edition 2000
- 4th edition 2007 and revised in 2016 (due to the research done at molecular level)
- 5th edition 2021

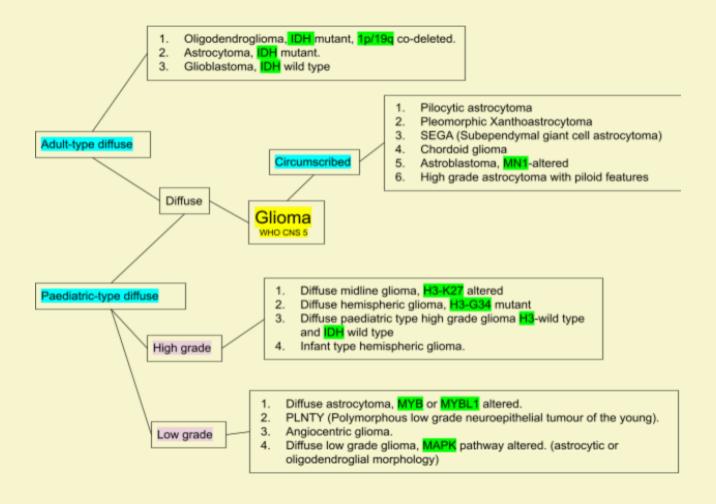
The Consortium to inform molecular and practical approaches to CNS tumour taxonomy becomes important from 2016 which is separate body from WHO. They publish their findings in the Journal acta neuropathologican which is the official jounal of the International society of neuropathology. Seven such updates were published from 2018 to 2020. This evolution was driven mainly by the addition of molecular markers to the previously histology based classification creating a hybrid system. New techniques such as DNA methylation profiling also enabled pathologists to view tumours from an entirely new perspective. The latest edition uses a layered hybrid reporting system to accommodate these new discoveries.

- Integrated diagnosis "WHO diagnosis"
- Histopathological classification.
- CNS WHO grade based on integrated molecular and histological factors.
- Molecular information the molecular markers and how they were tested

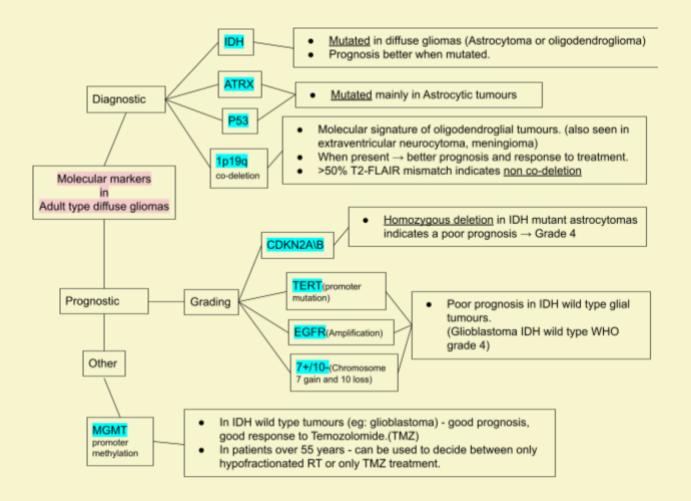
Let's look at the outline of the latest WHO CNS 5 tumour classification first;

WHO CNS 5 - Tumour groups (outline)				
Major groups	Minor groups			
	Adult type diffuse glioma			
Gliomas, glioneuronal and neuronal tumours	Paediatric type diffuse glioma - low grade			
	Paediatric type diffuse glioma - high grade			
	Circumscribed astrocytic glioma			
	Glioneural and neuronal tumours			
	Ependymal tumours			
Choroid plexus tumours.				
Embryonal tumours.				
Pineal tumours.				
Cranial and paraspinal nerve tumours.				
6. Meningioma.				
Mesenchymal non meningothelial	Soft tissue			
tumours.	Chondro-osseous			
	Notochordal			
Melanocytic tumours.	Diffuse meningeal melanocytic neoplasms			
o. Welanocytic tumours.	Circumscribed meningeal melanocytic neoplasms			
O. Haamatah maabaid tumaura	Lymphoma.			
Haematolymphoid tumours.	Histiocytic tumours			
10. Germ cell tumours.				
11. Tumours of sellar region.				
12. Metastasis to CNS.				

As you can see, it is quite different from the original classification. If we look at the glioma classification in detail we would be able to appreciate the hybrid technique used. As surgeons it is very important to understand these molecular markers as they are important in establishing a definitive and upto date diagnosis, to prognosticate the condition and to decide on other adjuvant therapy like chemotherapy and radiotherapy. A thorough knowledge of these molecular markers are necessary to communicate with colleagues as well. Some of these molecular markers are not freely available in resource poor setups like what we encounter in Sri Lanka at peripheral hospitals. However, establishing a solid diagnosis is pivotal to give the best care to the patients. Without molecular markers it is impossible to even diagnose the pathology of the tumour according to the WHO classification. The different molecular markers that are incorporated to the name of the tumour is highlighted below (next page).



Molecular markers that play a role in adult type diffuse gliomas are shown below.



Such detailed diagnostics with adherence to the WHO guidelines are accomplished at the best Neurosurgical departments in the world and I am glad I got the opportunity to experience such attention to detail at Christian Medical College, India. I hope to deliver the best care to my patients and extremely grateful to my seniors and colleagues at CMC for giving me the chance to experience it first hand. I will also remember the caring team that I worked with and all the different cuisines we enjoyed together from Biriyani, Kimchi rice to Nutzy cake.

Dr Charith Nanayakkara

MBBS (Col), MRCS (England), MRCS (Glasgow),
MD (surgery) (Col), CTHE (KDU),
Member of CNS (USA), APSS (Malaysia)
Former Senior Clinical Fellow at North of Scotland Brain and Spine Centre (UK)
Hands on Clinical Training in Neurosurgery at CMC – Vellore (India)



Sri Lanka Surgical Congress 2023

'Training the future surgeon'





Pre- Congress Workshops

Essential Skills of Surgical Professionalism

Date: 16th August Time: 08:00am - 01.30pm

Venue: College of Surgeons Auditorium

Registration Fee: Rs. 1500 Coordinator : Dr Jayaindra Fernando

Techniques in HPB Surgery: Video &

Hands-on Workshop

Date: 18th August

Time: 08:30am - 04.00pm

Venue: Skills lab, Department of Surgery, Faculty of Medicine, Colombo

Registration Fee: Rs. 5000 No of Participants: 20

Coordinator: Dr Duminda Subasinghe

National Trauma Management Course

Date: 24th & 25th August Time: 08:00am - 05.00pm

Venue: College of Surgeons Auditorium Registration Fee: Trainees Rs. 10000

Consultants Rs. 15000 Observers Rs 5000

Foreign Participants USD100

No of Participants: 50

Coordinator: Dr Kamal Jayasuriya

Emergency Sonography for Trauma Care (ESTC)

Date: 7th September Time: 08:00am - 02.00pm

Venue: NHSL, Accident Service, Auditorium

Registration Fee: Rs. 5000 No of Participants: 25 Coordinator: Dr Mihira Bandara

Severe Burns Emergency **Management Course**

Date: 7th September

Time: 08:00am onwards Venue: National Hospital of Sri Lanka,

OPD Complex Registration Fee: Rs. 3000 No of Participants: 20

Coordinator: Dr Gayan Ekanayake Dr Yasas Abeywickrama

Skills Training in Trauma for Nurses

(STTN)

Date: 9th September Time: 08:00am - 05.00pm

Venue: NHSL, Neurotrauma Auditorium

Registration Fee: Rs. 1200 Coordinator: Dr Mihira Bandara

Soft tissue trauma

Date: 10th September Time: 08:30am - 04.00pm

Venue: College of Surgeons Auditorium Registration Fee: Doctors Rs. 3000

Nurses Rs. 1000 Coordinator: Dr S Pragaash

Vascular Trauma

Date: 11th September

Time: 08:30am - 02.30pm

Venue: College of Surgeons Auditorium Registration Fee: Trainees Rs. 1500

No of Participants: Trainees 40

Nurses 20

Coordinator: Dr Joel Arudchelvam

Live Laparoscopic Surgical Workshop

Date: 12th September

Time: 08:00am - 04.00pm

Venue: NH Kandy

Registration Fee: Trainees/MOs Rs. 2000

Coordinator: Dr Chathuranga Keppetiyagama

97th ELSA OP Workshop -**Introduction to Surgical Endoscopy**

Date: 13th September Time: 08:00am - 04.00pm

Venue: Skills Laboratory, Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka

Registration Fee: Rs. 5000 No of Participants: 15

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For More Details.



Meet the Experts Sessions



Sri Lanka Surgical Congress 2023

'Training the future surgeon'



The College of Surgeons of Sri Lanka

Meet The Experts

14 th September (07:00-08:00)				
Current Management of varicose veins; a case based discussion	Professor Mandika Wijeyaratne Dr Nalaka Gunawansa Dr Thanoj Fernando Dr Ranjuka Ubayasiri Dr Malaka Amarasinghe			
Liver parenchymal transection	Dr Prabath Kumarasinghe Dr Suchintha Tilakaratne			
15 th September (07:00-08:00)				
Surgery for chronic pancreatitis - Pancreatico-Jejunostomy	Dr Buddhika Dassanayake Dr Duminda Subasinghe			
Tips and Tricks in Laparoscopic Fundoplication	Dr Manjula Pathirana SLAMADS			
16 th September (07:00-08:00)				
Tips and Tricks of Minimal Invasive UGI Cancer Surgeries	Dr Jayamal Ariyaratne Dr Sritharan Ganeshmoorthy			
Safe dissection of Calot's triangle	Dr Malith Nandasena			

Registration Fee

Rs 1000/= per session

**Free of charge for Congress (SLSC 23') Registration

Scan to Register



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^{**}Limited to 20 participants per session

Masterclasses 2023



Sri Lanka Surgical Congress 2023

'Training the future surgeon'

The College of Surgeons of Sri Lanka



Masterclasses

14 th September				
08:45 - 10:00	Gynecomastia Surgery			
10:20 - 11:30	Controversies of Surgical Management of Thyroid Cancer			
15 th September				
14:00 - 17:00	Vascular Surgery			
15:30 - 16:30	Management of Biliary Calculi			
16 th September				
07:00 - 08:00	Brachial Plexus Injuries			
10:35 - 12:20	Surgical Training and Assessment			
13.45 - 15.45	Hemifacial Microsomia			

Registration Fee

Rs 2000/= per session

**Free of charge for Congress (SLSC 23') Registration

Scan to Register



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^{**}Limited to 20 participants per session

	Prof Neil Mortensen "Apprentice or Avatar - the trainee	surgeon of the future"			
08:45 - 10:00	Symposium (Hall A) HPB - Surgery for colorectal liver metastases Prof Rohan Siriwardena "CRC metastasis: The Sri Lankan story" Mr Michael Silva "Training a liver surgeon" Prof Rowan Parks "CRC metastasis patient in the UK health service" Trendh Joseph "Chemotherapy for CRC metastasis - Sri Lankan perspective"	Free Paper Session 01 (Hall B)			
10:00 - 10:20		Tea			
10:20 - 11:30	Symposium (Hall A) Occlusive Arterial Disease * Prof Mandika Wijeyaratne "Critical Limb Ischaemia - Open tibial and pedal bypass in the era of wires and stents" * Prof Rezni Cassim "Peripheral angioplasty in the Sri Lankan setting - patient selection, optimizing outcomes, challenges and overall results" * Dr Hiranya Rajasinghe "Changing paradigms in the management of critical limb ischeamia - current evidence" * Dr Thushan Gooneratne "The unsalvageable limb and the failed revascularization; outcomes after major limb amputation" Moderator - Dr Nalaka Gunawansa				
11:30 - 12:30	Symposium (Hall A) GORD: Assessment and Surgery * Mr Etsuro Yazaki "Oesophageal manometry" * Mr S S Kadikamanathan "Surgical Perspective"	Symposium (Hall B) Breast Surgery for the future surgeon * Dr Nissanka Jayawardhana "Breast surgery training in Sri Lanka" * Prof Mike McKirdy "Breast cancer - a global disease" * Dr Raghu Ram Pillarisetti "Insertion of guidewire for impalpable breast lesions - should be the surgeons domain"	Free Paper Session 02 (Hall C)		
12:30 - 13:00	Plenary (Hall A) Prof Rowan Parks "Avoiding bile duct injuries during laparoscopic cholecystectomy"				
13:00 - 14:00	Lunch				
14:00 - 14:20	Plenary (Hall A) Prof Davide Lomanto "Evolution Bariatric surgery in Asia"				
14:20 - 15:00	Plenary (Hall A)	Nurturing values for impactful pract Shortening the laparoscopic learning			
15:00 - 16:00	Symposium (Hall B) Management of benign oesph * Dr Rasika Bulathsinhala "Int * Dr Chathuranga Keppetiyag * Dr Amal Priyantha "Surgical	roduction, Classification, Aetiology' ama "Endoscopic management"			
18:00 - 20:00	Inauguration	Inauguration			
20:00 - 21:00	Prof Ajith Malalasekera	Prof R A Navaratne Oration Prof Ajith Malalasekera "Clinical histograph country and malacular country study of weekeling histograph of a cohort			

"Clinico-histopathological, survival and molecular genetic study of urothelial bladder cancer in a cohort of Sri Lankan patients"

08:00 - 08:15

08:15 - 08:45

Opening Ceremony (Hall A)

Plenary (Hall A)

Full Program Day 01

09:00 - 10:00 10:00 - 10:20 10:20 - 11:20	Dr R L Spittel Oration (Ha Dr Umesh Jeyarajah "Epidemi Symposium (Hall A) Future of Minimal Access in Surgery (ELSA) Dr Ray Sarmiento "Where are we with the endosco- py today?" Prof Allen Buenafe "Avoiding complications in MIS from liver to rectum" Prof Davide Lomanto	splenectomy" * Dr V Suthars "Navigating threes in laparoscop intracorporeal st * Prof Tan Arn "Digital Platform surgery" II A) Symposium Surgical Train gion (SAARC) * Dr Narendra Lanka) * Dr Sanjay K (India) * Prof Sajida ((Pakistan)	ough mini- udalige eentral hernia amarajeewa in Laparoscopic shan ough difficult cas- ic surgery with uturing" ulampalam es in modern f surgical cancers ea (Hall B) eing in the re- a Pinto (Sri umar Jain Qureshi	in Sri Lanka" Business Me C) Business Meet Plastic Surgeo	eting (Hall	
	"New advances in hernia repair from groin to hiatus" * Dr Sujith Wijerathne "What is the future of reporting outcomes in MIS?"	Dr Sunil Kumar Sharma Dhakal (Nepal) Tashi Tenzin (Bhutan) Tashi Tenzin (Bhutan) Tashi Tenzin (Bhutan) Trashi Tenzin (Bhutan) Trashi Tenzin (Bhutan) Trof Moudud Alamgir (Bangladesh)				
11:20 - 12:00	Plenary (Hall A) * Mr Paul Sutton "Lecture on P Plenary (Hall A) * Dr Jawaharlal Senaratne "C		mbotic events; our	experience and ti	he outcomes"	
12:00 - 13:30	Colon Colon Cancer * Dr Rodrigo Perez "Neo-adjuvant therapy in colon cancer – A new paradigm" * Mr Danilo Miskovick "Complete mesocolic excision (CME): from concept to practice" Diverticular disease * Mr Dale Vimalachandran "Diverticular disease; the new face of an old malady" * Janindra Warusavitarne "Surgical decision making in ulcerative colitis:		* Dr Surath Mi "Pathophysiolog * Dr Prasanna "Intracranial pre sion and auto re * Dr Saman Pi "Hyper osmolar TBI" * Dr Sankalpa "Neuro protectiv management tar Practice" * Dr Charith N	Head Injury Management Munasinghe logy of TBI & molecular level injury' una Gunasena pressure changes vs cerebral perfu- regulation in TBI' Pushpakumara lar therapy principles and practice in pa Vithanage tive ventilation in TBI, Principles, targets, monitoring techniques and n Nanayakkara tve craniectomy in TBI. Evidence		
13:30 - 14:30	Who, when & what"	nch	ouseu approach	Luncheon		
14:30 - 15:30	SLACS - COLOCON (Hall A) Rectum Pelvic floor dysfunction * Mr Ian Lindsey "Decision making in obstructed defecation" Rectal Caner	Symposium (Hall B) Cardiothoracic & Thoracic * Dr Saman Iddagoda "Blunt thoracic trauma" * Dr Sumana Handagala "Management of Post-operative chylothorax" * Prof Tim Graham "Diaphragmatic injuries"		Free Paper Session 04 (Hall C)	Masterclass (Hall D) SLAVS	
15:30 - 16:30	* Dr Padmini Hewavitarana "Staging – MRI/ PET in rectal cancer" * Dr Rodrigo Perez "Total neoadjuvant treatment in colorectal cancer" * Ms Clair Mc Naught "Organ preservation in rectal cancer; the other dimension" * Prof Y S Lee "Petvic lymphnode harvesting" "TME – TaTME/ Robotic/ Laparoscopic" * Prof Neil Mortensen "Future of Colorectal Surgery"	Symposium (Hall B) Pelvic Trauma and Management - Orthopedic Perspective for General/Trauma Surgeons Dr Asiri Gunathilaka "Introduction to pelvic trauma and initial assessment" Dr Aadil Faleel "Collaboration between Orthopedic and General surgeons in pelvic fracture management" Dr Chamikara Palkumbura "Complications and Long-term management of Pelvic fractures" Prof Robin Paton "Paediatric perspective"		Masterclass (Hall C) Management of biliary cal- culi		
19:00 - 21:00	College Dinner					

Full Program Day 02

OF SRI LANKA

07:00 - 08:00	Brachial plexus injuries		Meet the Exp	erts (nail C & D)	
08:00 - 09:00	Dr Bartholomeus Prize Ses	sion (Hall A)			
09:00 - 10:00	SAARC Oration (Hall A) Prof Pramodh Chandrasinghe marching towards homegrown date		quality improvem	ent in colorectal cancer care:	
10:00 - 10:20	Теа				
10:20 - 10:35	Endocrine *Prof Amit Agarwal "Interpretation of Radiology & Cytology reports				
10:35 - 11:20	and implications for Surgical decis. *Prof Ranil Fernando "Assessment Serum Thyroglobulin of Dynamic risk assessment" Prof Rajeev Paramesawarn "Risk based decision making in the dine"	and implications Surgical trainin * Prof Tim Gral 21st century"		rclass CSSL & PGIM (Hall ng and assessment aham "Training the surgeon for the Paton "How to be an effective sur-	
11:20 - 12:20	Symposium (Hall A) Hand Surgery, Infection and Emergency Management of trauma * Dr K Kandeepan *Distal radial fractures; what is new" * Dr Kolitha Karunadasa *Reconstruction following infection" * Dr Kavinda Rajapakse *Future of lymphedema" * Dr Gayan Ekanayake **Complex reconstruction of hand and upper limb where we are in 2023"	Debate (Hall B) Laparoscopy is panacea for all abdominal surgery Proposing Team * Mr Janindra Warusavitarna * Dr Chathuranga Keppetiyagama Opposing Team * Mr Michael Silva * Prof Bawantha Gamage		Joint Masterclass CSSL & PGIM (Hall C) * Prof Dujeepa Samarasekara * Prof Sujith Wijerathne * Prof S Sivaganesh "Workplace based assessments * Prof Aloka Pathirana * Dr Pandula Siribaddana	
12:20 - 13:00	Plenary (Hall A) Mr Mike McKirdy "New proced Plenary (Hall A) Dr Wasantha Wijenayake "Las				
13:00 - 14:00	Lunch		Luncheon		
14:00 - 15:00 15:00 - 16:00	Symposium (Hall A) ISS(IATSIC) - CSSL joint trauma session *Prof Elmyn Steyn "Climate change and how it affects the surgeons" *Prof Chiu Ming Terk "Trauma and technology" *Prof Kenneth Boffard "Trauma: A lifetime of lessons learned" *Dr Ranjith Ellawala "Filling the gaps" in trauma management in our hospitals" *Dr Kamal Jayasuriya "Challenges in the management of unstable trauma patients in peripheral hospitals in Sri Lanka"	cal Surgery * Dr Dileep Da	amodaran ction in peritone- s" Manathunga in complex can- Atulugama eyond" Nanayakkara age surgery in	Masterclass (Hall C) Hemi facial Microsomia	
18:00 - 21:00	Trainees' Night				

Meet the Experts (Hall C & D)

07:00 - 08:00 Masterclass (Hall B)

Full Program Day 03

Orations



Sri Lanka Surgical Congress 2023 'Training the future surgeon' The College of Surgeons of Sri Lanka



Orations

Professor R A Navaratne Oration

14th September at 8.00 pm

"Clinico-histopathological, survival and molecular genetic study of urothelial bladder cancer in a cohort of Sri Lankan patients"

Professor Ajith P Malalasekera



Dr R L Spittel Oration 15th September at 9.00 am surgical cancers in Sri Lanka."

"Epidemiology and care of surgical cancers in Sri Lanka."

Dr Umesh Jayarajah

SAARC Oration

16th September at 9.00 am

"Evidence based quality improvement in colorectal cancer care: marching towards homegrown data."

Professor Pramodh Chandrasinghe



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