THE COLLEGE OF SURGEONS OF SRI LANKA

SRI LANKA SURGICAL CONGRESS 2025

'Empowering the future surgeon in the service of humanity'



PROGRAMME BOOK













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THE COLLEGE OF SURGEONS OF SRI LANKA

Noel & Nora Bartholomeusz Foundation 6, Independence Avenue, Colombo 7, Sri Lanka.

Tel/Fax: +94112695080/+94112682290
E-mail: collsurg@gmail.com / srilankasurgicalcongress2021@gmail.com
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The 'Moonstone', originating from the rich cultural heritage of the ancient kingdoms, is considered to be at the apex of Sri Lankan craftsmanship. The concepts, beliefs and values enshrined in its symbolism of exquisite finesse is revered. Positioned at the entrance of ancient structures, from temples of the common man to the palaces of kings, it embodies the principle of the equality of all humanity.

We have for these reasons, chosen the likeness of the Moonstone as a featured motif of SLSC 2025, to represent the role and values of the surgeon, the College of Surgeons of Sri Lanka and the subspecialty surgical associations, which form the beating heart of surgical services of the nation. It also represents a haloed gateway into the profession for future generations of surgeons, imbibing them with all its values, excellence and humaneness in keeping with this years theme of "Empowering The Future Surgeon In The Service Of Humanity"



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THE COLLEGE OF SURGEONS OF SRI LANKA, THE PRESIDENT

I welcome you to the 54th Annual International Congress of the College of Surgeons of Sri Lanka, held at the Cinnamon Grand Hotel in Colombo this September 2025. This event is the most important event of our college calendar. On behalf of our esteemed College, I extend my warmest gratitude to the presidents and delegates from international surgical colleges, as well as our dedicated local surgical community, for joining us in this landmark event.

Our theme, "Empowering the Future Surgeon in the Service of Humanity," reflects our unwavering commitment to nurturing a generation of surgeons equipped with the knowledge, skill, and compassion to meet the challenges of a rapidly evolving health-care landscape. As we face significant hurdles, including the migration of surgeons, nurses, skilled allied professionals and limited resources, it is through gatherings like this that we find strength, inspiration, and solutions to transform challenges into opportunities.

This congress is designed to empower our surgical professionals through dynamic plenary sessions, hands-on workshops, and mentorship with global experts. We aim to sharpen their technical expertise and cultivate an ethos of ethical, patient-centered care. From advancements in robotic surgery, Al and telemedicine to addressing surgical equity in underserved regions, our programme is crafted to spark innovation and collaboration.

As the global surgical fraternity unites with us to celebrate the power of shared knowledge and fellowship, this congress ushers in a platform to foster lasting connections, exchange transformative ideas, and reaffirm our dedication to serving humanity. I

encourage you to immerse yourselves in the rich array of sessions, engage in meaningful dialogue, and experience the vibrant cultural heritage of Sri Lanka through our events.

Thank you for being part of this historic occasion. Together, let us shape a future where every surgeon is empowered to deliver exceptional care and make a lasting impact on the lives of their patients.

Dr Duminda Ariyaratne

The President

The College of Surgeons of Sri Lanka





THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH THE PRESIDENT

It is an enormous pleasure to write this welcome message for the 2025 College of Surgeons of Sri Lanka Surgical Congress in collaboration with the Royal College of Surgeons of Edinburgh and the SAARC Surgical Care Society on the theme of 'Empowering the Future Surgeon in the Service of Humanity'.

Contributing to the surgical care of patients is an enormous privilege and a significant responsibility. The education, training, support and mentorship of the future surgical workforce are core activities of any institution with a responsibility for setting surgical standards, to ensure delivery of safe patient care globally. The process of enabling and empowering individuals to care for surgical patients requires the acquisition of technical and non-technical skills, as well as formative and summative assessment of their knowledge, competencies and behaviours to permit autonomous practice. These skills must be embedded within the practice of a cohesive team to ensure the best outcomes for patients. Life-long learning and continuous professional development ensure these attributes and skills can be maintained and enhanced throughout a professional career.

The Royal College of Surgeons of Edinburgh has endeavoured to focus on these core activities for more than 500 years and yet continually seeks to learn from others around the globe as we adapt to changing healthcare needs, the emergence of new technologies and the limited resources often available. It is again an enormous privilege to collaborate with the College of Surgeons of Sri Lanka in this year's annual scientific congress.

I know that this congress will be a wonderful opportunity to refresh old friendships and to make new ones. I am delighted that several of my colleagues from the Royal College of Surgeons of Edinburgh will be contributing over the course of the congress, and I am particularly looking forward to learning and being inspired by the outstanding scientific programme that has been put together. I wish everyone a successful and enjoyable conference.

Professor Rowan Parks MD PRCSEd President

The Royal College of Surgeons of Edinburgh





SOUTH ASIAN SURGICAL CARE SOCIETY THE PRESIDENT

As President of the South Asian Surgical Care Society, I wish to particularly acknowledge the pioneering role of the Sri Lankan surgical fraternity. It was through your vision and dedication that the SAARC Surgical Care Society was first conceived. Today, under its renewed identity as the South Asian Surgical Care Society, the Society continues to uphold and expand upon the very principles of collaboration, academic excellence, and regional unity that you helped to establish.

Your continued commitment to academic exchange and collegiality serves as a cornerstone in consolidating the professional relationships among surgeons across South Asia.

This congress once again exemplifies your leadership in fostering scientific dialogue, advancing surgical standards, and strengthening the bonds of friendship in our region.

On behalf of the society and on my personal behalf, I extend my heartfelt congratulations to all Sri Lankan colleagues for this remarkable initiative and wish the congress every success in its deliberations.

Topas

Proffessor Sunil K Sharma Dhakal President South Asian Surgical Care Society





SRI LANKA SURGICAL CONGRESS 2025, CHIEF GUEST

It is with deep gratitude and great privilege that I contribute this message to the souvenir of the Annual International Congress of The College of Surgeons of Sri Lanka. Being invited to serve as the Chief Guest for such a prestigious gathering is a singular honour, and I am especially touched by the generosity of the College in extending this invitation to me, though I am not a medical professional. This reflects the far-sighted vision of the College, which recognizes that healthcare is not the responsibility of medicine alone, but a shared mission that touches every aspect of society.

This Congress is more than a scientific forum; it is a celebration of the values that underpin the healing profession. Surgery is not merely a technical practice but a vocation that restores dignity, alleviates suffering, and safeguards one of the most fundamental of human rights, the right to health. In this sense, medicine and human rights law are closely intertwined. While the law provides the framework for protecting and guaranteeing rights, it is the medical profession that often gives those rights their most tangible meaning through care, compassion, and service to humanity.

As someone who works within the field of law, I see in your work the living expression of principles that international human rights instruments and national frameworks aspire to uphold, equality, dignity, and justice. Each successful operation, each life saved, is an affirmation that the right to health is not an abstract concept but a lived reality made possible by your knowledge, skill, and commitment. The partnership between medical science and human rights is therefore not only natural but necessary for the well-being of individuals and communities alike.

On this important occasion, I extend my heartfelt thanks to the President, Council, and Members of The

College of Surgeons of Sri Lanka for the honour of associating with you. I warmly congratulate the College for its leadership in creating this platform for international dialogue and professional advancement. May this congress inspire new insights, strengthen bonds of collaboration, and reaffirm the deep connections between medicine, humanity, and the law in the shared pursuit of a healthier and more just society. With every good wish for the success of this Congress and the future endeavours of the College, I remain deeply grateful for this privilege.

Justice LTB Dehideniya Chairman Human Rights Commission of Sri Lanka



SLSC 2025 COLOMBO



SRI LANKA SURGICAL CONGRESS 2025 CONGRESS CO-CHAIRS

It is with great honour and privilege that we welcome you to the Sri Lanka Surgical Congress 2025, held at the Cinnamon Grand Hotel, Colombo. This year's congress, under the leadership of our President, Dr. Duminda Ariyaratne, is guided by the theme: "Empowering the Future Surgeon in the Service of Humanity."

This theme embodies the responsibility entrusted to us as a profession, to cultivate the next generation of surgeons equipped not only with knowledge and technical skills but also with compassion, integrity and a deep commitment to serving humanity. As surgery continues to evolve with innovation and advancing technologies, our role as mentors, educators and leaders becomes ever more significant in shaping the future of surgical practice in Sri Lanka and beyond.

The scientific programme has been carefully structured to address the needs of surgeons at every stage of their careers. With contributions from esteemed local and international faculty, the programme encompasses plenary sessions, symposia, masterclasses, and interactive discussions. A particular emphasis has been placed on training, mentorship and research, with the aim of empowering young surgeons to carry forward the proud traditions of our profession while embracing the challenges of the future.

This congress is also an occasion to celebrate collegiality and professional fellowship. It provides a platform to share experiences, exchange ideas and reaffirm our collective commitment to

excellence in surgery and patient care.

We wish to express our sincere gratitude to our sponsors and partners, whose support has been invaluable in making this event possible. We are also deeply indebted to the organizing committee and the many colleagues who have worked with such dedication and perseverance to bring this congress to fruition. Their commitment has ensured the delivery of a scientific and social programme of the highest standard.

On behalf of the organizing committee, we extend a warm welcome to all participants and wish you a most enriching and memorable experience at the Sri Lanka Surgical Congress 2025.

Dr Kavinda Rajapakse Congress Co-chair Dr Gayan Ekanayake Congress Co-chair





SRI LANKA SURGICAL CONGRESS 2025 ACADEMIC CO-CHAIRS

It is with immense pleasure and honour that we, on behalf of the College of Surgeons of Sri Lanka, extend a warm and heartfelt welcome to all our distinguished guests, national and international delegates, for the Sri Lanka Surgical Congress 2025. This year, we are proud to partner with the Royal College of Surgeons of Edinburgh and the South Asian Surgical Care Society to present a truly enriching academic programme.

Over the three days, our congress promises a vibrant exchange of ideas, featuring leading resource persons from Sri Lanka, as well as our international colleagues from the UK, Australia, Singapore, Malysia, China, South Africa, New Zealand, Japan, India, Pakistan, Nepal, Maldives, USA and Russia.

Our scientific programme is a testament to the dynamic evolution of our field. We are especially excited for the dedicated half-day discussion exclusively on trauma care, held in collaboration with the Asian Collaboration for Trauma (ACT), the International Society of Surgery (ISS), and the International Association for Trauma Surgery and Intensive Care (IATSIC). We will also delve into crucial topics shaping our future, including the training and education of the next generation of surgeons, the principles of green surgery, and the transformative of incorporation intelligence into surgical practice, education, and training.

We thank you for your invaluable presence and encourage you to engage in spirited discussions, forge new connections, and make this truly memorable and productive congress. We also hope you will find time to enjoy natural beauty, rich culture, culinary delights, and warm hospitality during your stay in "the most beautiful island in the world for the year 2025" despite your busy academic involvements.

Who foldering Asterment

Professor Ajith Malalasekera Academic Co-chair Dr Ranga Wickramarachchi Academic Co-chair





THE COLLEGE OF SURGEONS OF SRI LANKA, THE HONORARY SECRETARY

It's congress time once again—a season when the College shifts into high gear, and the energy is palpable. This year is no exception. The momentum of organizing, collaborating, and executing is in full swing as we prepare for what promises to be a truly memorable academic gathering. It is heartening to witness the unwavering support of our surgical community, rallying around the College to make this annual flagship event a resounding success.

The academic programme for SLSC 2025 is exceptionally rich and thoughtfully curated. I extend my sincere appreciation to the Academic Chairpersons for their meticulous selection of topics and speakers, ensuring a well-rounded and stimulating educational experience. This year's programme features 2 Orations, 22 Symposia, 9 Plenary Sessions, 13 Scalpel Sessions, and 3 Masterclasses, covering a diverse spectrum of subjects—from Green Surgery and Artificial Intelligence to surgical debates and the inaugural iScope video competition. It is with deep sorrow that we record the passing of the R.A. Navaratne Orator for 2025, the late Dr. V. Sutharshan. His absence is profoundly felt, and we honour his legacy with gratitude and respect.

A standout feature this year is the dedicated Trauma Session, which will commence with the launch of the 2nd edition of the National Trauma Management Course (NTMC) manual on the evening of Thursday, 11th September.

SLSC 2025 also serves as a dynamic platform for emerging researchers. We are proud to host 51 Oral Presentations, including 7 featured in the 'Best Paper Session' and 83 Poster Presentations on display. These contributions reflect the vibrant academic spirit of our surgical trainees and early-career profession-

als. As this message goes to print, I am delighted to report that the congress is oversubscribed, with an unprecedented number of international delegates joining us this year. The Pre- and Post-Congress Workshops have been enthusiastically embraced, offering invaluable hands-on training to enhance surgical skills and confidence.

Beyond academia, the congress fosters meaningful networking and collaboration, both locally and globally. Several round-table discussions are scheduled with sister colleges, strengthening ties and shared visions. The College banquet promises an elegant setting to unwind, while the much-anticipated trainees' night offers a relaxed space for trainees and trainers to connect beyond the pressures of the operating theatre.

As we gather to share knowledge, strengthen connections, and celebrate our profession, I extend my heartfelt thanks to all who have contributed to the success of SLSC 2025. May this congress be a rewarding experience for each of you, as we continue our journey toward our shared mission:

"Empowering the Future Surgeon in the Service of Humanity."

Dr Malik De Soysa Honorary Secretary The College of Surgeons of Sri Lanka

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CONSULTANT GENERAL SURGEON
IMMEDIATE PAST PRESIDENT
THE COLLEGE OF SURGEONS OF SRI LANKA



Dr Anura Banagala

MS(COL), FRCSI, DIP.IN LAPAROSCOPIC SURGERY
(STRASBOURG)
CONSULTANT GENERAL SURGEON



DR AJITH DE SILVA

MBBS(SL), MS(COL), FRCS(ENG), FRCS (GLAS)
CONSULTANT GENERAL SURGEON WITH SPECIAL INTEREST
IN BREAST SURGERY



Dr Susantha De Silva

MBBS, MS, FRCSED FCSSL
CONSULTANT GENITOURINARY SURGEON





Dr Lalith Perera

MBBS, MS(COL) , FRCS(GLASGOW) CONSULTANT GENERAL SURGEON



Prof Subramaniam Raviraj

MBBS (SL), MS (SL), FCSSL
PROFESSOR OF SURGERY (CHAIR) & CONSULTANT
SURGEON,
UNIVERSITY SURGICAL UNIT,
TEACHING HOSPITAL, JAFFNA



DR DULIP PERERA

FRCS (ENG), MS (SRI LANKA)
CONSULTANT PLASTIC & RECONSTRUCTIVE SURGEON



Dr Chandana Wijewardene

MBBS, MS, FRCS (ENG)
CONSULTANT VASCULAR SURGEON AND CLINICAL LEAD
VASCULAR SURGERY,
CAMBRIDGE UNIVERSITY HOSPITAL
NHS FOUNDATION TRUST (CUH)





MR TIM MITCHELL

MA (OXON) FRCS (ORL-HNS)

CONSULTANT ENT SURGEON

UNIVERSITY HOSPITAL SOUTHAMPTON

PRESIDENT, ROYAL COLLEGE OF SURGEONS OF ENGLAND



Dr Pravin Suriyawanshi

MBBS, DNB (GEN. SURG), FRCS (GLASGOW),FMAS, FAIS,
FIAGES, FICS (GI SURGERY)

DEPUTY DEAN, PROFESSOR & HEAD, DEPT. OF HPB SURGERY
MGM MEDICAL COLLEGE & HOSPITAL, AURANGABAD,
MAHARASHTRA

CHIEF ENDOSCOPIST, ADVANCED LAPAROSCOPIC,
HEPATO-PANCREATICO BILIARY & LIVER TRANSPLANT
SURGEON

PRESIDENT, ASSOCIATION OF SURGEONS OF INDIA



PROFESSOR LIEW NGOH CHIN

MBBS (ANDHRA) FRCS (EDIN) MS SURG (UKM) AM (MAL)
CONSULTANT GENERAL AND VASCULAR SURGEON
FACULTY OF MEDICINE AND HEALTH SCIENCES
UNIVERSITY PUTRA MALAYSIA
PRESIDENT, THE COLLEGE OF SURGEONS OF MALAYSIA



Prof Owen A Ung

FRACS FAICD MBBS
PROFESSOR OF SURGERY, UNIVERSITY OF QUEENSLAND
DIRECTOR, METRO NORTH COMPREHENSIVE BREAST CANCER
INSTITUTE (CBCI) AND PROGRAM LEAD FOR THE BREAST
RECONSTRUCTION AT THE HERSTON BIOFABRICATION
INSTITUTE (HBI).

PRESIDENT, ROYAL AUSTRALIAN COLLEGE OF SURGEONS



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Dr Matthew Yeo

FEBOPRAS, FAMS(PLASTIC SURGERY), MMED(SURGERY),
MRCS(EDIN), MBBS
CONSULTANT PLASTIC SURGEON
PRESIDENT, COLLEGE OF SURGEONS, SINGAPORE

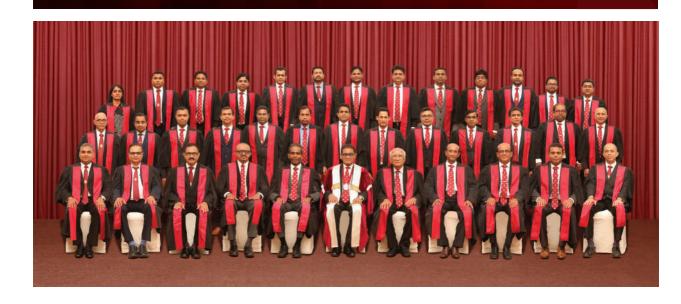


Dr Abdulla Ubaid

MBBCH MS
SENIOR CONSULTANT IN GENERAL SURGERY AT INDIRA
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COUNCIL OF THE COLLEGE OF SURGEONS OF SRI LANKA 2025



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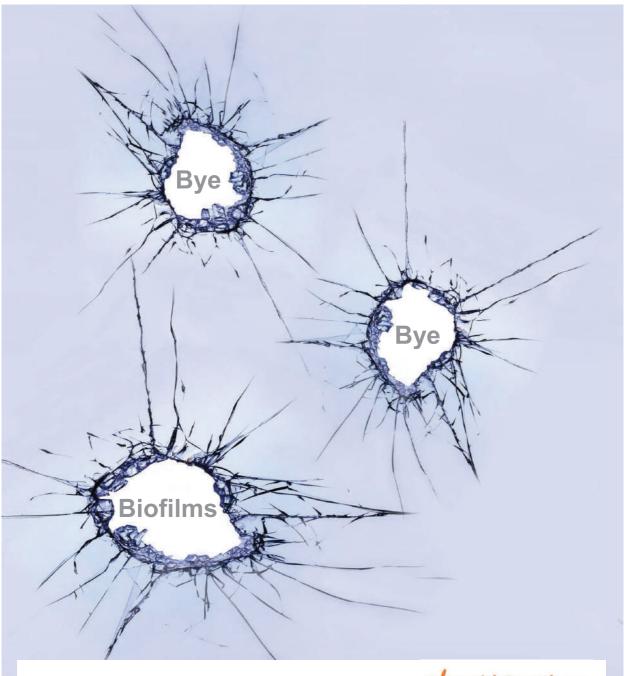


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CONGRESS SCHEDULE - DAY 1 THURSDAY 11TH SEPTEMBER 2025

TIME	HALL	ITEM	DETAILS	SPEAKERS	ASSOCIATION		
	Scalpel session 01						
07.00-	Scalpel session 02						
07.45	Scalpel session 03						
	Scalpel session 04						
07.55-		Academic chair of The College of					
08.00	Α		Welcome	Sri Lanka Surgical Congress 2025	Surgeons of Sri Lanka (CSSL)		
08.00 - 09.00	A	Symposium 1	Overcoming barriers: Developing laparoscopic surgery in resource-limited peripheral hospitals in Sri Lanka Depth and breadth of existing laparoscopic services Challenges faced in grooming the team Overcoming challenges-Role of SLAMADS Concept to reality	Dr Dhammike Rasnayake Dr Rajiv Nirmalasingham Dr MAC Lakmal Dr Senal Medagedara Prof Shireen Anne Nah Dr B Sayanthan Dr Nuwanthika Karunaratne	Sri Lanka Association of Minimal Access and Digital Surgeons (SLAMADS)		
	B Symposium 2	B Symposium 2	common paediatric surgical problems	Dr Sampath Herath Dr Maheesha Kulasinghe Dr Tharanga Gamage Dr P Sajeevan	of Paediatric Surgeons (SLAPS)		
	A	Symposium 3	Pre-operative chemotherapy in locally advanced gastric cancer or gastroesophageal junction adenocarcinoma: current status and experience from Fudan University, Shanghai Cancer Center Gastric cancer, Sri Lankan	Dr. Xiaowen Liu	The Sri Lanka Association of Surgical Oncologists (SLASO)		
09.00- 10.00			perspective Easier said than done! - Practical challenges in the management of gastric cancer in Sri Lanka	Dr Amal Priyantha Dr Nuradh Joseph	(52,160)		
	В	Symposium 4	CSSL Australian Chapter Minimally invasive Paraoesophageal hernia repairtips and tricks Recent advances in Melanoma management	Prof Sivakumar Gananadha Dr Thushara P Dissanayake	Australian Chapter of the College of Surgeons of Sri Lanka		

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10.00- 10.45	A	SASCS oration Dr Lokesh Agarwal					
10.45- 11.15			TEA				
11.15- 11.30	Α	Plenary 1	Supporting our surgical workforce	Prof Rowan Parks			
			"Robotic Surgery will replace conventional laparoscopy within the next decade: Myth or inevitable reality?"		Sri Lanka Association		
	Α	SLAMADS Debate	For Robotic surgery: Proposing team	Prof Jim Khan Dr Mehan Siriwardana Dr Sujith Wijerathne	of Minimal Access and Digital Surgeons		
11.30- 12.30			For Iaparoscopy: Opposition Team	Prof Tan Arulampalam Prof Sumudu Kumarage Dr Rasitha Manathunga	(SLAMADS)		
			Managing complex nerve injuries - Pearls for examinations		Sri Lanka Association		
	В	Symposium 5	Facial nerve Upper limb	Dr Praveen Wijesinghe Dr Kolitha Karunadasa Dr Shashanka	Of Plastic, Reconstructive and Aesthetic Surgeons		
			Brachial plexus Lower limb	Rathnayake Dr S. Selvaganesh	(SLAPRAS)		
			Symposium on breast disease				
			Management of IGM	Dr Kanchana Wijesinghe			
	Α	Symposium 6	Benign ductal diseases -update	Dr Wasula Rathnaweera	Association of General Surgeons of		
			WLE in breast cancer - useful techniques	Prof Sanjeewa Seneviratne	Sri Lanka (AGSSL)		
12.30- 13.30			Conservative mastectomy in the Sri Lankan context	Dr Nalinda Munasinghe			
			Benign Diseases of the Thyroid Gland				
	В	Symposium 7	Graves' disease	Dr Rajeev Parameswaran	Association of Endocrine Surgeons		
			Updates on multinodular goitre Autonomously functioning thyroid	Prof Ranil Fernando Dr Diluka Pinto	of Sri Lanka (AESSL)		
13.30-			nodule	Dr Diiluka Pilito			
14.30			LUNCH				
			Colorectal surgery training Colorectal surgical training in the UK: the past , present and the future	Mr John Camilleri Brennan	Sri Lankan Association of		
14.30- 16.30	Α	Symposium 8 COLOCON	Proctoring in robotic colorectal surgery	Prof Nirooshun Rajendran	Colorectal Surgeons (SLACS)		

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1420		Summa and the O	Training complex colorectal cancer surgery: from apprentice to mastery	Mr Johnathan Wild	Sri Lankan
14.30- 16.30	A	Symposium 8 COLOCON	Use of 3D imaging in colorectal surgery: operating theatre and beyond	Mr Kapil Sahnan	Association of Colorectal Surgeons (SLACS)
			Inflammatory Bowel Disease (IBD)		
			Update on small bowel Crohn's management	Prof Pramodh Chandrasinghe Prof Madunil Niriella	
			Perianal Crohn's disease; method to the madness	Mr Phil Tozer	
			Neurosurgery		
			Fast track referrals for neurosurgery emergencies - Responsibilities of referring units	Dr Stravinsky Perera	Neurosurgeons
14.30- 15.15	В	Symposium 9	Management of non-operative neurosurgical conditions in general or non-specialized units	Dr Saman Pushpakumara	Association of Sri Lanka (NSASL)
			Recent advances and future of neurosurgery - where do we stand?	Dr Nirukshan Jayaweera	
15.15- 15.25	В	Symposium 10	Green Surgery	Prof Shireen Anne Nah	The College of Surgeons of Sri Lanka (CSSL)
15.25- 16.00	В	SASCS lecture			
			Laparoscopic distal pancreatectomy	Dr Pravin Suriyawanshi	The College of
			Delayed intra-abdominal bleeding after successful management of traumatic splenic injury	Dr Abdullah Ubaid	Surgeons of Sri Lanka (CSSL)
16.00- 16.45	В	Symposium 11	Management of diabetic foot disease		
			'Foot Attack!'	Dr Buddhima Jayawickrama	
			Neuro Ischemic Foot - managing	Dr Sachith	0.1.1.0.1.
			the ischemia in diabetic foot	Abeywickrama Dr Thushan	Sri Lankan Society for Vascular Surgery
			Debridement techniques and offloading	Goonerathne	(SLSVS)
			Outpatient care of a diabetic	Dr Manujaya	
16.30-			foot	Godakandage	
17.00					
1 <i>7</i> .00- 18.30	A		Launching of the	NTMC manual	



CONGRESS SCHEDULE – DAY 2 FRIDAY 12TH SEPTEMBER 2025

TIME	HALL	ITEM	DETAILS	SPEAKERS	ASSOCIATION	
			Scalpel session	05		
07.00- 07.45			Scalpel session	06		
	Scalpel session 07					
			Scalpel session	08		
			Damage Control Surgery & managing trauma in resource poor settings Damage control - Principles and practice in multiple aspects of trauma care	Prof Elmin Steyn		
08.00 - 09.00	Α	Symposium 12	Is the thorax a restricted cavity for resource-constrained hospital general surgeons?	Prof Tim Graham	The College of Surgeons of Sri Lanka (CSSL)	
			The management of lower extremity vascular injury in peripheral centers	Dr Donald Rubakan	Lanka (CSSL)	
			Abdominal Vascular Trauma: Damage control and optimizing outcomes	Dr Aruna Weerasooriya		
			Damage control orthopaedics Asian Collaboration for Trauma	Dr Indika Weerasinghe		
				(ACT) Evolution of trauma care in Sri Lanka	Dr Ranjith Ellawala Prof Raj Menon	
		A Symposium 13	Trauma care in rural Sri Lanka —	Dr Bingumal Jayasundara	The College of Surgeons of Sri	
09.00 - 10.00	Α		need for a major revamp Lessons from Singapore trauma system to Sri Lanka	Prof Raj Menon		
		Pre-hospital care (rapid response car and Dr Heli system) in Japan	Prof Koji Morishita	Lanka (CSSL)		
			Lessons from ACT to improve trauma care in Sri Lanka	Dr Dulantha DeSilva		
10.00 - 10.30			TEA			
			Trauma			
		Symposium 14	Management of renal trauma for general surgeons	Dr Thaha M Musthafa		
	A Symposium		Vascular injury in the neck	Prof Joel Arudchelvam	The College of	
10.30- 11.30 A			Management of chest trauma - Sri Lankan perspective	Dr Sumana Handagala	Surgeons of Sri Lanka (CSSL)	
			Pelvic trauma: What you need to know before the orthopaedic surgeon	Dr Solangarachchi	Lalika (CSSL)	
			Update on Burn Care	Dr Gayan Ekanayake		



11.30- 11.45	Α	Plenary 2	Abdominal injuries in a low-resource environment	Prof Elmin Steyn	
11.45- 12.00	Α	Plenary 3	Tips for effective use of REBOA in acute vascular injuries	Prof Koji Morishita	
12.00 - 12.15	Α	Plenary 4	Updates on management of aortic Injuries	Prof Raj Menon	
			Immediate phase handling of spinal cord injury by non- specialist teams: Strategies to minimize secondary neurological damage	Dr Lakmal Hewage	
12.15- 13.15	A	Symposium 15	Comprehensive approaches in spinal cord injury management: Optimizing neurological recovery and enhancing longterm quality of life.	Dr Prasanna Gunasena	The College of Surgeons of Sri Lanka (CSSL)
			Exciting developments in children's fracture management through innovative research methods	Prof Robin Parton	
			Practice gaps in paediatric	Dr Mathula	
			abdominal trauma care	Hettiarachchi	
			Open fracture management in peripheral set-up	Dr Balakumaran Thangaraja	
13.15-				mangaraja	
14.15			Lunch		
14.15 14.15- 14.30	A	Plenary 5	A scientific approach to flexor tendon repair	Prof Vivien Lees	
14.15-	A	Plenary 5	A scientific approach to flexor tendon repair Malaysian Association	Prof Vivien Lees	
14.15-	A	Plenary 5	A scientific approach to flexor tendon repair	Prof Vivien Lees Dr Lee Limi	Malaysian Association
14.15-			A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired		•
14.15- 14.30	A	Plenary 5 Symposium 16	A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture	Dr Lee Limi	Association
14.15- 14.30			A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed minimally invasive	Dr Lee Limi	Association Academy South Asian Surgical care
14.15- 14.30			A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed	Dr Lee Limi Dr Liew NC Prof Sajida	Association Academy South Asian
14.15- 14.30			A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed minimally invasive oesophagectomy	Dr Lee Limi Dr Liew NC Prof Sajida Qureshi Dr Romeo	Association Academy South Asian Surgical care society (SASCS)
14.15- 14.30			A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed minimally invasive oesophagectomy Laparoscopic ventral hernia Hepatocellular carcinoma: Global and local picture and evidence-based management Global picture and latest updates / evidence based management of HCC	Dr Lee Limi Dr Liew NC Prof Sajida Qureshi Dr Romeo	Association Academy South Asian Surgical care society (SASCS) Sri Lanka Hepato- Pancreato-Biliary Surgeons
14.15- 14.30 14.30- 15.15	A	Symposium 16	A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed minimally invasive oesophagectomy Laparoscopic ventral hernia Hepatocellular carcinoma: Global and local picture and evidence-based management Global picture and latest updates / evidence based	Dr Lee Limi Dr Liew NC Prof Sajida Qureshi Dr Romeo Kansakar	Association Academy South Asian Surgical care society (SASCS) Sri Lanka Hepato- Pancreato-Biliary
14.30- 14.30- 15.15- 16.00	A	Symposium 16	A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed minimally invasive oesophagectomy Laparoscopic ventral hernia Hepatocellular carcinoma: Global and local picture and evidence-based management Global picture and latest updates / evidence based management of HCC Minimal access surgery for HCC	Dr Lee Limi Dr Liew NC Prof Sajida Qureshi Dr Romeo Kansakar	Association Academy South Asian Surgical care society (SASCS) Sri Lanka Hepato- Pancreato-Biliary Surgeons Association (SLHPBA)
14.15- 14.30 14.30- 15.15	A	Symposium 16	A scientific approach to flexor tendon repair Malaysian Association Academy - Joint sessions Preventing hospital acquired VTE Managing the huge influx of renal dialysis patients SASCS Lecture Early versus delayed minimally invasive oesophagectomy Laparoscopic ventral hernia Hepatocellular carcinoma: Global and local picture and evidence-based management Global picture and latest updates / evidence based management of HCC Minimal access surgery for HCC in the background of CLCD Approach and management	Dr Lee Limi Dr Liew NC Prof Sajida Qureshi Dr Romeo Kansakar Prof Ajith Siriwardena Prof Mikhail Efanov	Association Academy South Asian Surgical care society (SASCS) Sri Lanka Hepato- Pancreato-Biliary Surgeons Association



CONGRESS SCHEDULE – DAY 3 SATURDAY 13TH SEPTEMBER 2025

TIME	HALL	ITEM	DETAILS	SPEAKERS	ASSOCIATION	
	Scalpel session 09					
07.00			Scalpel session	on 10		
07.00- 07.45			Scalpel session 11			
		Scalpel session 12				
			Scalpel session	on 13		
			Recurrent Colorectal Cancer			
			Management on locally recurrent colorectal cancer	Mr Jonathan wild		
08.00-		Symposium	Oncological management of metastatic colorectal cancer	Dr Mahilal Wijekoon	The Sri Lanka	
09.00	A	18	Surgical management of - colorectal liver metastasis	Dr Niroshan Atulugama	Association of Surgical Oncologists (SLASO)	
			Surgical management of colorectal peritoneal metastases	Mr Jonathan wild		
			Surgical Training and			
				Evaluation Evolving surgical training and		
			the future surgeon: Trends and attributes over the next 25 years	Prof Ajith Siriwardana	The College of	
			The modern approach to surgical education and training	Prof Owen A Ung		
09.00- 10.00	A Symposium 19		Changing the paddle: Establishing laparoscopic and robotic training programmes - Experiences and lessons learned	Prof Mehan Siriwardana	Surgeons of Sri Lanka (CSSL)	
			Ensuring quality in surgical training: Assessment standards and the external oversight in postgraduate examinations	Prof Yoon Soo Park		
			Leadership and training	Prof Robin Paton		
10.00 - 10.45	Α	R L Spittel Oration Prof Bawantha Gamage				
10.45 - 11.15		Tea				
11.15- 11.30	A	Plenary 6	The use of 3D printing and biofabrication for breast reconstruction	Prof Owen Ung		
11.30- 11.45	A	Plenary 7	Training the surgeons of the future	Mr Tim Mitchell		
11.45 - 12.45	Α		Nora & Noel Bartholom	neusz Best Paper session		
12.45						

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12.45- 13.00	А	Plenary 8	Today's management of the patient with liver metastases from colorectal cancer	Prof Ajith Siriwardena	
13.00- 13.15	A	Plenary 9	Management of the incidental appendiceal tumour	Mr Jonathan Wild	
13.15- 13.45	A	Symposium 20	UPDATE on Al in modern Surgery	Dr. Vaikunthan Rajaratnam Prof Roshan Ragel	The College of Surgeons of Sri Lanka (CSSL)
13.45- 14.45			Lunch		
			Hernia Symposium Fundamental of groin hernia MIS approach	Dr Manjula Pathirana	
14.45-		Symposium	Complex groin hernia	Dr Sujith Wijerathna	Association of
15.45	A	21	Ventral hernia management - current state of affairs in SL	Dr Rukman Sanjeewa	General Surgeons of Sri Lanka (AGSSL
			Complications of MIS abdominal wall hernia repair	Dr Dickson Wickramarathna	
			Bile duct injuries: Prevention, recognition, and multidisciplinary management		
15.45- 16.30	A	Symposium 22	Safe cholecystectomy: Recognizing the critical view of safety	Dr Suchintha Tilakarathne	Sri Lanka Society of Gastroenterology (SLSG)
			Bile duct Injury: Endoscopic diagnosis and management	Dr Nandana Dinamithra	
			Surgical reconstruction after major bile duct injury: Principles, timing and techniques	Dr Duminda Subasinghe	
16.30- 17.00			Closing rem	narks	
17.00- 17.30	Tea				



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^ Data on File . 1. Schiller, LR, The Peops of controllation Affiresting Pharmacology & Theographic, 2001 15 749 765 https://oi.org/10.1146/j.1855-2006.2001.008263. 2 Shart F. Coubel E. Coloccal K. Bourke B. Lipus specifies a responsable of to the in the Health residence of consciption And the Color Age (Sc) 1714-4 daily 17. Shart Sci. 2012 1 Ballekulan Aska Shart M. Expert opinion with health bringing propriets of studies in platform with control plants in propriets of studies in platform with control plants in plants i

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AWARDS AND MEDALS



DR. M.H.DE ZOYSA AWARD

Dr M H De Zoysa was born to a family of five at Madampe, Ambalangoda on November 11, 1930 and had his primary education at Dharmashoka College, Ambalangoda, and his secondary education at Ananda College, Colombo. After graduation from the Faculty of Medicine of the University of Colombo in 1957 with honours, he proceeded to the UK for postgraduate studies and obtained the Fellowship of The Royal College of Surgeons of Edinburgh in 1967.

There was a shortage of surgeons in Sri Lanka then and the hospitals had minimal facilities. Unlike many doctors who left at that period for postgraduate studies he returned to Sri Lanka to serve his motherland. He worked in the General Hospitals of Galle, Ratnapura, Colombo South and the National Hospital of Sri Lanka as a Consultant Surgeon, rendering yeoman service to the citizens of our country.

In the National Hospital, in addition to his surgical work, he contributed immensely to the training of both undergraduates and postgraduates. Even when the Colombo medical school was closed there were a number of medical students who joined his ward rounds and clinics voluntarily. After a distinguished career of 33 years, he retired from the Ministry of Health on November 11, 1990. This opened another chapter in his life.

This was the time when Eelam war 2 had commenced after the failed peace talks with the government of Sri Lanka. There were a large number of military casualties and the forces faced an acute shortage of medical personnel. Realizing the gravity of the situation and the national need of the hour Dr De Zoysa took the courageous decision of serving in the Army. When after retirement, while most professionals wanted to relax, go slow and enjoy life, he took the brave decision of treating the wounded servicemen.

He saved the lives of many brave soldiers at the Palali Military Hospital during major military operations, particularly during 'Balawegaya 1', 'Balawegaya 2', 'Akunupahara' and 'Leap forward'. He had a great love and compassion towards these injured servicemen and all the risks to his life were secondary to this. The College of Surgeons of Sri Lanka, recognizing his services to the nation and the profession, honoured its senior life member Dr De Zoysa, by awarding him an honorary fellowship.

DR M H DE ZOYSA award for the best performer in the theory component of the MD Surgery (Part 2) examination — October 2024 is awarded to Dr Y M K A YAPA and April 2025 is awarded to Dr A M N P BANDARA



PROFESSOR M.V.P. PEIRIS AWARD

Professor M V P Peiris is one of Sri Lanka's eminent surgeons. A product of St. Joseph's College, Panadura and later St. Joseph's College, Colombo he had a brilliant career both in school and at medical college. He entered Ceylon Medical College having first passed the intermediate examination in science of the London University obtaining Gold Medals in biology and chemistry. He passed out in 1925 with gold medals in Anatomy, Physiology, Tropical Medicine, Medicine, Surgery and Operative Surgery in addition to being awarded the gold medals for best performance in first, second and final professional examinations.

He then proceeded to England and specialized in surgery obtaining MBBS(Lon) and FRCS(Eng) in 1929. He was appointed as a Consultant Surgeon of General Hospital Colombo. In 1952 he accepted the Chair of Surgery at University of Ceylon and continued his teaching commitments with busy hospital schedule and an extensive private practice. In 1960 he entered politics and was appointed to the senate and briefly held portfolio for Health and later for Commerce and Trade. He finally ended his public service career as the Sri Lankan High Commissioner in UK.

M V P PEIRIS award for the best performer in surgery at the Final MBBS examination year of intake2016/2017 is awarded to Dr S M HETTIARACHCHI

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AWARDS AND MEDALS



DR. P. R. ANTHONIS RESEARCH AWARD

Dr Anthonis had an excellent career both in school and as an undergraduate. At Medical School he passed every examination with a first class and carried almost all the prizes that were then awarded; The Loos gold medal for Pathology, Mathew gold medal for Forensic Medicine, Rockwood gold medal for Surgery and Government Diploma Medal.

Then in 1947 he became the first person to return to this country after the 2nd World War, after having cleared the Primary and Final Fellowships Examinations of the Royal College of Surgeons of England at the very first attempts. He served as consultant surgeon and then as a senior surgeon, General Hospital Colombo, for quarter of a century and it was during this time that his name and fame reached every home in this country. He was President of the Association of Medical Specialists for 9 years since its inception and obtained many benefits for the government medical fraternity. In 1981 he was appointed the Chairman of the Ceylon Medical Council.

In 1981 His Imperial Highness, the Emperor of Japan, conferred on him the highest honour bestowed on a non-Japanese 'The Sacred Treasure of Japan'. He was appointed to the post of Chancellor of University of Colombo in the same year. He is the founder President of The College of Surgeons of Sri Lanka. In 1987 the coveted honour of Deshamanya was conferred upon him by his Excellency Mr J R Jayawardene.

P R ANTHONIS RESEARCH award for the best publication in peer reviewed journals authored by Sri Lankan surgical trainees in the previous calendar year is awarded to DR S A JAYASEKARA - The long-term consequences of major bile duct injury on post-cholecystectomy liver stiffness and DR R S P K LAKMAL- The Use of Intralesional Corticosteroids in Idiopathic Granulomatous Mastitis: A Systematic Review



DR. S.J. STEPHEN GOLD MEDAL

Dr Samuel Jeyarajah Stephen had his primary and secondary education at Central College, Jaffna and obtained his final MBBS from the University of Colombo in 1955. He pursued general surgery and later trained in cardiovascular surgery in UK, Germany, India and USA and obtained FRCS and MS. In 1964, he was appointed the consultant thoracic surgeon, General Hospital, Jaffna and later on, in General Hospital, Rathnapura. It was here, in 1969 with the assistance of Dr Neil Hamel, he assembled a heart lung machine. He then went on to close ASD's on pump which was the first proper open-heart surgery performed out of Colombo. He served as the Chief Consultant Cardiothoracic surgeon, General Hospital, Colombo from 1976 to 1994. Following retirement, he served at Sri Jayewardenepura General Hospital. He was a trainer and examiner in surgery for the Postgraduate Institute of Medicine and the chairman, board of study in surgery for many years. He was the President of The College of Surgeons of Sri Lanka from 1988 to 1989. He was the President of Sri Lanka Medical Association, Sri Lanka Heart Association and Association of Cardiology - SAARC countries along his career

He was awarded the prestigious title of Hunterian Professor by the Royal College of Surgeons of England in 1988 for the lecture on "Changing patterns of mitral stenosis in childhood and pregnancy". He had published numerous papers in local and international journals on many aspects of cardiac and thoracic surgery. He was honored with the national honour "Deshabandu" for meritorious service to the nation by the President of Sri Lanka in 1987.

S. J. STEPHEN GOLD MEDAL for the best published article in Sri Lanka Journal of Surgery 2024 is awarded to PROFESSOR S K KUMARAGE – Intraoperative visualisation of biliary anatomy using Indocyanine green (ICG) fluorescence in a Sri Lankan patient cohort



AWARDS AND MEDALS



DR SHANTHILAL DE SILVA Memorial research grant

Dr Ganesh Shanthilal De Silva was born on 7 July 1947 and was the eldest in a family with three brothers and a sister. He had his entire education at Ananda College, Colombo. After his graduation from the Faculty of Medicine, University of Ceylon in 1972, he worked in Kegalle, Matara and Colombo General Hospitals. Thereafter, he proceeded to the United Kingdom for postgraduate studies and obtained the Fellowship of the Royal College of Surgeons, Edinburgh in 1982. Dr De Silva returned to Sri Lanka to serve his motherland unlike many others who left for postgraduate studies overseas at that time.

He worked in the General Hospitals at Matara, Panadura, Kurunegala and Negombo as a Consultant Surgeon thereby rendering outstanding service to the people of Sri Lanka. He was a dedicated surgeon whose main purpose in life was to serve the people with no consideration for monetary gain. For this purpose, he played a pioneering role in getting an intensive care unit established at the Matara Hospital.

However, his main satisfaction came from volunteering his services to treat the armed forces casualties in the Northern theatre of war during terrorist activities. He made several such tours of duty. Dr Shanthilal De Silva loved to teach. By his creative methods of clinical teaching, coloured with much humour, he has trained a large group of surgeons for the nation. He would continue teaching in the hospital ward or in the operating theatre even after 4 in the evening. He coaxed his trainees to do the best and aim at reaching the top of the pass list at post graduate exams. Quite a few have achieved this as intended by him. There is no doubt they will emulate exceptional qualities of Dr De Silva by providing humane care to their patients. Thus, though he is no more, his legacy will live on serving the people through his disciples in surgery.

After his retirement from the National Hospital in 2007, he served as a consultant Surgeon at the Military Hospital in Colombo for 5 years. He also served as the patron of the Old Anandians Medical Guild until his demise in 2024.

DR SHANTHILAL DE SILVA MEMORIAL RESEARCH GRANT for 2025 is awarded to DR K R K L K RANAWEERA- Comparison of the efficacy and tolerability of low-volume polyethylene glycol plus bisacodyl versus high-volume polyethylene glycol for bowel preparation in patients undergoing colonoscopy: a randomized controlled trial



PROFESSOR P S S PANDITHARATNE MEDAL

Professor Panditharatne entered the Faculty of Medicine in 1953 from where he qualified with MBBS (Honours) in 1959. After his internship in Surgery and Paediatrics he joined the department of Anatomy as a Demonstrator in 1960. He soon found his niche as an anatomist par-excellence. In 1962, he sat the primary FRCS examination not with the intention of being a surgeon but of widening his knowledge in the basic sciences and passed the examination at the first attempt. He continued in Anatomy as a Lecturer and proceeded to UK to specialize and do research in Anatomy at Manchester University. There, on his original work on the autonomic pathways in the Facial Nerve, he was awarded his Doctorate, PhD in anatomy from the Manchester University.

He then did further work on the autonomic ganglia and fibres of the gastrointestinal system before returning to Sri Lanka in 1968. On his return he was appointed Senior Lecturer in Anatomy and in 1976, he was the automatic choice for Chair of Anatomy of Faculty of Medicine, Colombo. His other academic interests include the clinical orientation course in gross anatomy and revision of the Neuroanatomy course in order to stimulate greater interest among students. He has held several posts in the University hierarchy including Chairmanship of the Curricular and Evaluation Committee of Faculty of Medicine and Acting Dean of Faculty of Medicine. He was an acting Registrar of the Sri Lanka Medical Council.

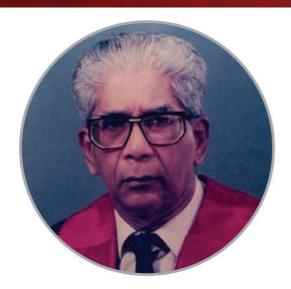
P S S PANDITHARATNE medal for Anatomy component of the common selection examination for surgical specialties – September/October 2024 is awarded to Dr H M W A B WIJERATHNE

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ORATIONS PROFESSOR R A NAVARATNE MEMORIAL ORATION





PROFESSOR R A NAVARATNE

Rajasinghe Attanayakage Navaratne, MBBS, FRCS, hailed from a family of Ayurvedic physicians. Born to Dr. R A Buddhadasa; a renown Ayurvedic practitioner and Mrs. Leelawathie Amarasinghe, he was given a choice by his father of following a career in traditional medicine or taking up an allopathic path. He chose the latter. Educated at St. Joseph's College, Colombo 10, he entered the Colombo Medical Faculty in 1942. He had an excellent academic record, passing out of Medical Faculty with First Class Honours, placing first in the list of 42 students. He obtained a distinction in Obstetrics & Gynaecology for which he was awarded the Sir Andrew Caldecott Gold Medal for the final MBBS and the Manekhboy Dadhaboy Gold Medal for Midwifery. He worked as an intern house officer in Surgery in Dr Noel Bartholomeusz's unit.

He was the first Sri Lankan to pass the primary FRCS examination conducted by The Royal College of Surgeons of England within a year of passing the final MBBS examination and in May 1952 he was successful at the Fellowship of The Royal College of Surgeons of England. During his time in the U.K, he trained at The Royal Infirmary, Edinburgh, St. Bartholomeusz's Hospital, London and The Royal Infirmary in Liverpool. Upon his return to Sri Lanka he worked as a resident surgeon at the General Hospital Colombo and volunteered to work in Dr. L.D.C Austin's surgical ward where he was trained under a great master and perfected the art of general surgery and became familiar with most of the complex general surgical operations which included

prostatectomies and urological procedures for stones, biliary, gastric, colonic and even emergency orthopaedic and thoracic operations. Dr. L.D.C Austin in a testimonial stated, "His capacity for taking infinite pains to make anything he applies himself to success is well known."

His next assignment was as Consultant Surgeon, Civil Hospital Jaffna. Dr. P. Sivasubramaniam FRCS, DOMS, LMS(Ceylon) the father of eye surgery in Sri Lanka recruited him as joint editor of the Journal of the Jaffna Clinical Society. He wrote profusely in this journal during this time. Amongst his earliest articles were "Prostatectomy- Surgical Progress" and "The treatment of Senile Hypertrophy of the Prostate." He introduced the single stage open operation compared to a two/ three staged procedure in use at that time.

He joined the university on 1st June 1961 as a senior lecturer in surgery & was appointed Professor & Head of the Department of Surgery in 1965 following the retirement of Professor Milroy Paul. Upon his retirement in 1988 he was conferred with an Emeritus Professorship in Surgery. He was appointed as Secretary of The College of Surgeons from 1980 to 1987 during which time he was also a member of the Advisory Editorial Board of the Ceylon Journal of Surgery. He was conferred with Honorary Fellowship of the College of Surgeons of Sri Lanka in 1987.



PROFESSOR R A Navaratne Oration Orator

DR. V. SUTHARSHAN

MBBS(Colombo),MS Surgery(Colombo),M-RCS (Eng), MRCSEd,FMAS,FICS, Dip in Laparoscopic surgery Consultant General Surgeon Senior Lecturer in Surgery, Department of Surgery, University Surgical Unit, University of Jaffna

Dr. Sutharshan originates from Thampailai, Atchuvely. He received his primary education at Idiakadu Maha Vidyalayam and pursued his secondary education at the Hindu College, Jaffna. Having attained a notable accomplishment of 4As in his advanced level examination, he clinched the 3rd position in the district merit before embarking on his undergraduate studies at the Faculty of Medicine, University of Colombo. He obtained his MBBS with Second Class Honours in 2002.

The degree of Master of Surgery was conferred on him in 2010 by the Postgraduate Institute of Medicine, University of Colombo. He is also a member of the Royal College of Surgeons England and Edinburgh. His credentials are bolstered by the acquisition of a Postgraduate Certificate in Medical Education

ORATIONS PROFESSOR R A NAVARATNE MEMORIAL ORATION



from Cardiff University, United Kingdom, as well as a Diploma in Laparoscopy from the University of Strasbourg, France.

Dr. Sutharshan, a Consultant General Surgeon with special interest in Colorectal and Upper Gastrointestinal surgery, has been dedicatedly serving the Teaching Hospital Jaffna since 2011. He pioneered advanced laparoscopic surgeries in northern province. He is currently the President of the Sri Lanka Association of Minimal Access and Digital Surgeons. He is valued as an asset both to the hospital and the community. Additionally, he serves as a visiting lecturer at the University of Jaffna, Sri Lanka.

He is a fellow of many prestigious organizations including the Division of Surgery and Interventional Sciences, University College of London, the International College of Surgeons, the College of Surgeons of Sri Lanka, and the Association of Minimal Access Surgeons of India.

Further, he holds memberships in many esteemed bodies. He is a Faculty member in the surgical skills and the core laparoscopic skills courses at the Royal College of Surgeons, England, a Faculty member of the International Cambridge anastomosis workshop, Instructor-ATLS 10th edition, and many more. Moreover, he is a teacher and examiner in surgery for both undergraduate and postgraduate training in Sri Lanka.

In recent years, he has developed an interest in quality improvement in health-care delivery and has taken an active role in the perioperative Surgical registry in Sri Lanka as a part of a global network. He is a collaborator for many research grants. The National Institute of Health Research Global Health Policy and Systems Research Programme 2019, and the Welcome Trust Innovations Grant 2020 of the Critical Care Network of Asia warrant a mention.

Dr. Sutharshan has published in indexed peer-reviewed journals and has delivered many talks and presentations.

ABSTRACT

FROM VISION TO REALITY: THE JOURNEY OF LAPAROSCOPIC SURGERY IN JAFFNA — A SINGLE UNIT EXPERIENCE

Introduction: Laparoscopic surgery has revolutionized modern surgical practice and increasingly recognized as the gold standard. Its adoption in resource-limited settings like Sri Lanka's Northern Province faced unique challenges. This oration chronicles the remarkable journey of laparoscopic surgery in Jaffna, from its beginnings amidst civil conflict to its current status as a cornerstone of surgical care, with a specific focus on a single unit's experience.

Evolution and Challenges: Laparoscopic surgery was introduced in Sri Lanka in the early 1990s. However, its arrival in Jaffna was significantly delayed due to decades of civil conflict. Furthermore, specific challenges, such as theatre time limitations and the impact of the COVID-19 pandemic on surgical services, significantly hindered progress. The recent economic crisis also posed a unique challenge, necessitating innovative adaptations like increased reliance on intracorporeal suturing due to consumable shortages. Despite these obstacles, pioneering surgeons at Teaching Hospital Jaffna, supported by government initiatives, and international aid, gradually established and expanded laparoscopic services.

Single Unit Experience (2016-2024): A single surgical unit at Teaching Hospital Jaffna has demonstrably propelled the advancement of minimally invasive surgery. Between 2016 and 2024, the unit performed an impressive 1680 total laparoscopic surgeries. High-volume procedures include 745 laparoscopic appendicectomies and 348 laparoscopcholecystectomies and many advanced laparoscopic procedures, with 59 TAPP and 124 TEP hernia repairs, 24 Nissen fundoplications, and complex colorectal surgeries (7 laparoscopic rectopexies, 12 AR/APR, 6 colectomies). Notably, the unit has performed highly specialized operations such as 14 laparoscopic adrenalectomies, 19 laparoscopic splenectomies, and a

remarkable 26 thoraco laparoscopic esophagectomies, showcasing a commitment to providing the least invasive options even for major oncological resections. The introduction of e-TEP (10 cases) further highlights continuous adoption of cutting-edge techniques.

Contribution to Surgical Training and Education: The unit has become a vital center for laparoscopic training. Regular workshops, live demonstrations, and collaborations have built local capacity. Notably, the inauguration of a Minimal Access trainee zone in 2024 and the establishment of Royal College of Surgeons of England-approved courses (Basic Surgical Skills, Core Skills in Laparoscopic Surgery) at Jaffna University since 2019 have significantly boosted regional competence.

Optimizing Outcomes: The Role of Perioperative Care: Recognizing that access to surgical procedures alone does not guarantee optimal outcomes, the oration also highlights the parallel efforts to improve perioperative care. Drawing on multi-country studies, it identifies key barriers in low- and middle-income countries, fragmented care pathways, limited resources, financial burden on patients, and low expectations. Addressing these issues through structured, team-based planning and enhanced communication is crucial to ensuring timely, safe, and effective surgical care.

Conclusion: The journey of laparoscopic surgery in Jaffna is a powerful testament to resilience, innovation, and unwavering commitment to elevating surgical standards. Despite immense historical and contemporary challenges, the dedicated efforts of pioneers and ongoing institutional support have transformed surgical care in the Northern Province, exemplifying how vision and dedication can translate into tangible progress and improved patient outcomes in resource-constrained environments.



ORATIONS Dr R L Spittel Memorial Oration



Dr Richard Lionel Spittel born on 9th December 1881, was a Ceylonese Burgher physician and author. He was a nature lover; he made many trips to the jungles of Ceylon. Spittel received his education at Royal College, Colombo and the Ceylon Medical College. He joined the government medical service and was sent to England in 1906 to complete his higher education. There he managed to take FRCS in 1909. After returning to Ceylon (Sri Lanka) in 1910, he was appointed as the third surgeon at the General Hospital of Colombo. Furthermore, he moved on to be a senior surgeon and a lecturer at the Ceylon Medical College.

He retired in the year of 1935 and worked as a consultant surgeon. Spittel married Claribel Frances Van Dort a fellow medical student and also the daughter of one of Sri Lanka's successful physicians Dr. William Gregory Van Dort. They raised two beautiful daughters by the name Christine and Yvonne. Spittel passed away on the 3rd September 1969, at the age of 87.

DR R L SPITTLE Oration Orator

PROFESSOR BAWANTHA
GAMAGE

MBBS, MRCS (Eng) Dip. In Lap., Surgery (France), FAMASI (India), MS (Colombo), FCSSL,FRCS(Eng) Professor in Surgery and Consultant Surgeon Faculty of Medical Sciences University of Sri Jayawardenepura



Prof Bawantha Gamage is a
Professor in Surgery at the Faculty
of Medical Sciences, University of Sri
Jayewardenepura and specialist
surgeon at Colombo South Teaching
Hospital, Sri Lanka. He is also appointed as a
visiting professor of the Lahore Medical & Dental

College, Pakistan. Professor Gamage also serves as a member of the board of study in surgery in Sri Lanka.

He is the current Vice President of the College of Surgeons of Sri Lanka (CSSL). Professor Gamage is also a member of the Board of Examiners in the Membership examination in Royal College of Surgeons of Edinburgh and served as a supervisor for Medical Undergraduates of the James Cook University, Queensland, Australia and Medical Undergraduates of the University of Gothenburg, Sweden.

He was the founder President of the Sri Lanka Association of Minimal Access and Digital Surgeons (SLAMADS), Secretary to the CSSL in 2011 and Secretary General of the SAARC Surgical Care Society.

Professor Gamage had his primary and secondary education at D S Senanayake College, Colombo and a proud product of the pioneer batch of the medical undergraduates of the faculty of medical sciences of the University of Sri Jayewardenepura. He was trained by Dr Saratha Kumar Kollure & Dr.Mahanama Gunasekara during his post graduate general surgical training in Sri Lanka and obtained Laparoscopic colorectal fellowship in Colchester University Hospital, UK under the expert Laparoscopic surgeon, Prof Tan Arunampalam.

In 2016 for the first time in Sri Lanka Bawantha performed Trans Anal TME after getting trained in Cambridge. With this CSTH went in to world Trans anal TME registry as the

ORATIONS DR R L SPITTEL MEMORIAL ORATION

first Sri Lankan hospital to do this procedure. His expertise in Laparoscopic adrenalectomy won the prize for the best video at the "AMASI-CLICK" video competition in AMASI-CON 2024.

Prof Gamage is recognized as a trainer in colorectal surgery not only in Sri Lanka. He is appointed as a supervisor by the Christie Doctors academy, Manchester UK to train their ST8 trainees in laparoscopic colorectal surgery at CSTH and recognized by the Association of Minimal Access Surgeons of India(AMASI) as a trainer in the Mastery in Minimal Access colorectal Surgery course. He is a regular faculty member of "AMASI LENS" online CME programme. Professor Gamage has also been a faculty

member of the Laparoscopic Cadaver Course conducted by the School of Oncology, The Christie Hospital, Manchester, UK and a resource person of the Anatomy of Surgical Exposure course for surgical trainees in Australia, conducted by James Cook University.

He has already delivered 4 orations. Professor Gamage is the first Sri Lankan Surgeon to deliver the prestigious Association of Minimal Access Surgeons of India (AMASI) oration in 2018.

He has already authored several book chapters including "Recent Advances in Surgery" edited by Irving Taylor and Colin Johnson published by The Royal Society of Medicine in 2009 and was the Co-Editor of Surgical Text book "Clinical SURGERY MADE EASY"- A Companion to Problem based learning 3rd Edition published in 2024.

It was Prof Bawantha Gamage who lead the team from Colombo South Teaching Hospital for the prestigious award "the Best Surgical Team of the year" BMJ South Asia Award which he won in 2018 for pioneering the implementation of modified ERAS protocol for colorectal surgery in Sri Lanka.

Prof Bawnatha continues his passion to cricket and captained The College of Surgeons team from 2012 to 2014. He is also a passionate photographer.

ABSTRACT

METAGENOMIC ANALYSIS OF COLONIC TISSUE AND STOOL MICROBIOME IN PATIENTS WITH COLORECTAL CANCER IN A SOUTH ASIAN POPULATION

Background: The gut microbiome is thought to play an important role in the development of colorectal cancer (CRC). However, as the gut microbiome varies widely based on diet, we sought to investigate the gut microbiome changes in patients with CRC in a South Asian population.

Methods: The gut microbiome was assessed by 16s metagenomic sequencing targeting the V4 hypervariable region of the bacterial 16S rRNA in stool samples (n=112) and colonic tissue (n=36) in 112 individuals. The

cohort comprised of individuals with CRC (n=24), premalignant lesions (n=10), healthy individuals (n=50) and in those with diabetes (n=28).

Results: Overall, the relative abundances of genus Fusobacterium (p < 0.001), Acinetobacter (p< 0.001), Escherichia-Shigella (p < 0.05) were significantly higher in gut tissue, while Romboutsia (p < 0.01) and Prevotella (p < 0.05) were significantly higher in stool samples. **Bacteroides** and Fusobacterium were the most abundant genera found in stool samples in patients with CRC. Patients with pre-malignant lesions had significantly high abundances of Christensenellaceae, Enterobacteriaceae, Mollicutes and Ruminococcaceae (p < 0.001) compared to patients with CRC, and healthy individuals. Romboutsia was significantly more abundant (p< 0.01) in stool samples in healthy individuals compared to those with CRC and diabetes.

Conclusion: Despite marked differences in the Sri Lankan diet compared to the typical Western diet, Bacteroides and Fusobacterium species were the most abundant in those with CRC, with Prevotella species, being most abundant in many individuals. We believe these results pave the way for possible dietary interventions for prevention of CRC in the South Asian population.



ORATIONS SASCS ORATION



DR LOKESH AGRAWAL

MS, M.Ch.; FALS, FIAGES
Consultant Gastroenterologist and Liver transplant
Surgeon
Assistant Professor
Department of Surgical gastroenterology and Liver
transplant
All India Institute of Medical Sciences

Jodhpur, India

Dr Lokesh Agrawal is a Surgical Gastroenterologist and Liver transplant Surgeon with a strong interest in metabolic and bariatric surgery, as well as metabolic-associated liver diseases. He is currently working as an Assistant Professor in the Department of Surgical gastroenterology and Liver transplant at All India Institute of Medical Sciences, Jodhpur, India.

He is also a fellow of Indian Association of Gastrointestinal Endosurgeons (FIAGES) and a fellowship of Advanced Laparoscopic Surgery (FALS) Hernia. He has published over 40 articles in high index journals and delivered many talks at local as well as international conferences.

Dr Agrawal has been the recipient of many awards such as the Hir Lal Medal in Surgery, for best Post-graduate student for the year-2018, Dr. Atm Prakash Medal in Surgery for the best Intern for the year-2015 and first prize in Surgical Post-Graduate Quiz held in 2017 at MAMC, New Delhi.



ABSTRACT

CURRENT STATUS OF METABOLIC AND BARIATRIC SURGERY IN METABOLIC DYSFUNCTION-ASSOCIATED STEATOTIC LIVER DISEASE

Background: Metabolic dysfunction-associated steatotic liver disease (MASLD) and metabolic dysfunction-associated steatohepatitis (MASH) have become significant challenges due to the global obesity pandemic. Metabolic and bariatric surgery (MBS) is increasingly recognized as an effective intervention for managing these liver conditions by achieving sustained weight loss and improving clinical and histopathological parameters. This oration explores MBS's impact on MASLD, emphasizing its ability to improve liver enzymes, hepatic steatosis, and inflammation. Recent studies also demonstrate that MBS can induce regression of hepatic fibrosis and even reverse cirrhosis, challenging traditional views of these conditions as irreversible. Furthermore, MBS enhances liver transplant (LT) candidacy by patient eligibility optimizing post-transplant outcomes, especially in those with compensated liver disease. The oration also addresses the complexities of using MBS in decompensated liver disease, highlighting the potential for hepatic recompensation through collagen degradation, hepatocyte regeneration, and vascular remodelling. Despite challenges such as surgical complications and the risk of disease recurrence, MBS's benefits underscore its importance in MASLD management, even in advanced liver disease (ALD) contexts. A multidisciplinary approach, alongside individualized treatment plans, is essential for optimizing patient outcomes and maximizing MBS's therapeutic potential.

Objectives: To study the impact of MBS on the course of non-alcoholic associated fatty liver disease (NAFLD) using both invasive (liver-biopsy) and non-invasive tests (biochemical parameters and Fibroscan).

Methods: In this prospective study, the impact of bariatric surgery on the course of NAFLD was assessed using paired liver biopsy (intraoperative and post-bariatric surgery 1-year follow up). The liver stiffness measurement (LSM) and controlled attenuation parameter (CAP) cut offs for the assessment of hepatic fibrosis and steatosis, respectively, were calculated in both pre and post-bariatric settings.

Results: 58 patients (70.7% females, mean

age 39.2 years) underwent paired liver biopsy. Post bariatric surgery 1-year liver biopsy showed significant improvement in all the histopathological parameters of NAFLD. The mean NAFLD Activity Score declined from $2.81(\pm 1.08)$ to $1.31(\pm 1.39)$ post-bariatric surgery. Thirty (51.7%) patients showed improvement in fibrosis, eighteen (31%) no change and ten (17.2%) had worsening. Worsening of fibrosis was associated with a higher median age of 44.5 versus 38 years (p value=0.033). The CAP cut-off values for the various stages of hepatic steatosis were higher preoperatively as compared to those obtained post-bariatric surgery.

Conclusions: MBS is associated with significant improvement in histopathological parameters of NAFLD. Fibroscan shows good diagnostic accuracy in detecting advanced stage and grade of NAFLD. Future research should focus on refining patient selection criteria, procedural techniques, and long-term management strategies to further enhance MBS's role in treating MASLD and related liver disorders.





SCALPEL SESSIONS

11TH SEPTEMBER 2025 0700 - 0745 MAIN HALL

SESSION 1

SAFE CHOLECYSTECTOMY

DR MALITH NANDASENA DR RUKMAN SANJEEWA DR I UPANISHAD

11TH SEPTEMBER 2025 0700 - 0745 IVY HALL

SESSION 03

CYSTIC LESIONS OF PANCREAS

DR BUDDHIKA DASSANAYAKE DR WASULA RATHNAWEERA

12TH SEPTEMBER 2025 0700 – 0745 MAIN HALL

SESSION 05

CHALLENGE THE EXPERTS CASE-BASED DISCUSSIONS

PROF ELMIN STEYN
PROF RAJ MENON
PROF KOJI MORISHITA
DR RANJITH ELLAWALA
DR KAMAL JAYASURIYA

11TH SEPTEMBER 2025 0700 - 0745 IVY HALL

SESSION 02

VARICOSE VEINS: CASE BASE SCENARIO

DR THILINA GUNAWARDENA DR GAYAN BANDARA DR AMANTHANA MARASINGHE

11TH SEPTEMBER 2025 0700 - 0745 SEQUEL ROOM

SESSION 04

PANCREATIC TRAUMA

DR ANURADHA JAYATHILAKE DR RAJIV NIRMALASINGHAM

12TH SEPTEMBER 2025 0700 - 0745 IVY HALL

SESSION 06

ANASTOMOTIC LEAKS IN COLORECTAL SURGERY

MR SIRAJ GUNASEKARA RAJARATNAM PROF BAWANTHA GAMAGE DR RUKMAN SANJEEWA, DR MAC LAKMAL

SCALPEL SESSIONS

12TH SEPTEMBER 2025 0700 - 0745 IVY HALL

SESSION 07

SURGERY OF THE OESOPHAGUS

DR D RASNAYAKE DR R MANATHUNGA

13TH SEPTEMBER 2025 0700 - 0745 MAIN HALL

SESSION 09

HIATAL DISSECTION

DR CHATHURANGA KEPPITIYAGAMA
DR MANJULA PATHIRANA

13TH SEPTEMBER 2025 0700 - 0745 IVY HALL

SESSION 11

FROM LOCALIZATION TO CURE:
MODERN APPROACHES
IN PARATHYROID SURGERY

DR BUDDHIKA THILAKARATHNA DR CHATHURI JAYAWARDHENA DR S D MAHALIYANA 12TH SEPTEMBER 2025 0700 - 0745 SEQUEL ROOM

SESSION 08

CHOLEDOCHOLITHIASIS

DR MALITH NANDASENA DR PULASTHI KANCHANA

13TH SEPTEMBER 2025 0700 - 0745 IVY HALL

SESSION 10

THYROID CANCER BEYOND THE USUAL: CHALLENGES IN DIAGNOSIS AND TREATMENT

DR JAYAMAL ARIYARATNE DR MINOLI JOSEPH

13TH SEPTEMBER 2025 0700 - 0745 SEQUEL ROOM

SESSION 12

PERIANAL FISTULA MANAGEMENT: A MULTIDISCIPLINARY APPROACH (COMPLEX 2025) -SURGERY FOR PERIANAL FISTULA: TECHNIQUES AND TIMING

> DR USHANTHA DALPATADU DR I UPANISHAD DR RUKMAN SANJEEWA, DR MAC LAKMAL

SCALPEL SESSIONS

13TH SEPTEMBER 2025 0700 - 0745 ATRIUM

SESSION 13

COLORECTAL POLYPS:
WHAT THE SURGEON
NEEDS TO KNOW – ENDOSCOPIC
ASSESSMENT AND RESECTION
OF POLYPSWHEN TO REFER FOR SURGERY:
HIGH-RISK POLYPS AND
SUBMUCOSAL INVASION

DR NILESH FERNANDOPULLE DR NANDANA WICKRAMARACHCHI



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SESSION 1: THURSDAY, 11TH SEPTEMBER 2025 – 08:00 – 09:00 VENUE: SEQUEL HALL

OP Number	Title of Abstract	Presenting Author
OP09	Beyond the operating room: physical well-being and lifestyle practices among sri lankan surgical trainees	S A Jayasekera
OP40	Environmental sustainability in the operating room: perspectives of surgical trainees	K L W Grero
OP46	Assessment of risk factors contributing to the occurrence of inguinal hernias: a cross-sectional study in a tertiary care setting	T G Kanil Weranja
OP55	A retrospective audit on the quality of endoscopic documentation in a tertiary care unit	A H M A H Abayasinghe
OP56	Reporting in endoscopy: the gap between global standards and local practice	P D J Kaushalya
OP25	Quality of life after Robotic TAPP and Laparoscopic TAPP for ventral hernia repair: an observational study	Ayush Pachauri
OP52	Correlation of thyroid imaging reporting, data system, fine needle aspiration cytology and postoperative histopathology in total thyroidectomy patients	Sharitha Jayasekara

SESSION 2: THURSDAY, 11TH SEPTEMBER 2025 – 14:30 – 15:30 VENUE: SEQUEL HALL

OP Number	Title of Abstract	Presenting Author
OP15	Evaluation of the clara cell protein in serum of patients of esophageal atresia with tracheo- oesophageal fistula	Anand Pandey
OP16	Intestinal malrotation in older children: early diagnosis and treatment insights	Tanvir Roshan Khan
OP33	Comparison of PULP, Boey, ASA, Jabalpur, and POMPP Scores in predicting 30-Day morbidity in perforated peptic ulcer patients: an observational study	P N Kotegar
OP39	Presentation and surgical role in primary gastrointestinal lymphomas: experience from a tertiary center	Ү М К А Үара
OP43	Anatomical, physiological, and quality of life changes after Laparoscopic Heller's Myotomy for achalasia cardia	Shiva
OP34	Effect of local tranexamic acid in reducing axillary drain output post modified radical mastectomy: a randomized controlled trial	P K Singh
OP47	Challenges in implementing palliative care services for breast carcinoma in developing countries	Rashmi W A
OP50	Quality of life among patients following breast cancer treatment	Mahen Samaranayake



SESSION 3: FRIDAY, 12TH SEPTEMBER 2025 - 08:00 - 09:00 VENUE: IVY HALL

OP number	Title of abstract	Presenting author
OP18	Clinical impact of CT first resuscitation protocol in severely injured trauma patients: a single-center retrospective cohort study	Shokei Matsumoto
OP22	Effectiveness of fibrinolytic therapy in traumatic hemothorax: a randomized trial of intrapleural streptokinase	Yadvendra Dheer
OP35	Evaluating the risk factors associated with road traffic accidents among motorcyclists presenting to the accident service at the national hospital of Sri Lanka	W V D Perera
OP41	Comparison of analgesic effect of intra-pleural injection vs erector spinae plane infusion of ropivacaine in blunt trauma chest patients with intercostal drainage tube insitu- a non inferiority randomized controlled trial	Avinash Varma
OP26	Ergonomic challenges and physical fatigue among surgeons in Sri Lankan operating theaters	A S Samarasinghe
OP10	Outcomes of craniosynostosis surgery in a tertiary care hospital in Sri Lanka: a seven-year retrospective analysis	Gayan Ekanayake
OP53	Financial toxicity in patients with inflammatory bowel disease at the National Hospital Sri Lanka: a cross-sectional study	M P M Perera

SESSION 4: FRIDAY, 12TH SEPTEMBER 2025 – 09:00 – 10:00 VENUE: IVY HALL

OP number	Title of abstract	Presenting author
OP14	Prevalence and associated factors of psychological distress among patients with chronic leg ulcers visiting surgical clinics in Sri Lanka	F N Cassim
OP23	Satisfied but unsafe: A paradox of satisfaction in diabetes-related foot care without adherence — A descriptive cross-sectional study in a tertiary care hospital in Sri Lanka	P D Jayamini Kaushalya
ОР30	Effectiveness of insole-corrected footwear for diabetic foot ulcer healing in a resource-limited setting	D S Palihakkara
OP44	Ischaemic time and graft survival in cadaveric and live donor renal transplantation – a retrospective study	Kavishangari Jeyalogaindran
OP27	Survival outcomes in renal cell carcinoma with inferior vena cava tumour extension: an ambispective cohort study	P H R S Mendis
OP38	A decade of testicular cancer management: single tertiary centre experience with an insight into future directions	Thilina Samarasinghe
OP42	Challenging the standard adult laparoscopic pyeloplasty: a retrospective comparative study of immediate and long term outcomes with a novel continuous barbed suturing technique	Thilina Samarasinghe



SESSION 5: FRIDAY, 12TH SEPTEMBER 2025 – 14:30 – 15:30 VENUE: IVY HALL

OP number	Title of abstract	Presenting author
OP17	Prognostic significance of hyponatraemia in patients with hepatocellular carcinoma: a retrospective analysis.	W A B Wijerathne
OP12	Comparison of surgical outcome and prognostic factors between pancreatobiliary and intestinal type of periampullary adenocarcinoma following pancreaticoduodenectomy	Kunal Parasar
OP20	Postoperative pain in 5 mm versus 10 mm epigastric port in mini-laparoscopic cholecystectomy: a randomized controlled trial	Naveen Sharma
OP31	Natural progression and management of branch-duct intraductal papillary mucinous neoplasms of the pancreas – systematic review	Bhanu Wijetilake
OP32	Comparative study between radiofrequency ablation & neurolytic block of splanchic plexus in pancreatic cancer	Sarita Singh
OP48	Impact of preoperative ECOG performance status on tumour characteristics and surgical eligibility in hepatocellular carcinoma	G Ushanandani
OP49	Association of preoperative AFP and liver function parameters with tumour characteristics in hepatocellular carcinoma	J A Vasanthan
OP45	Isolation, characterization, and functional role of Cancer-Associated Fibroblasts (CAFs) in pancreatic ductal adenocarcinoma: insights from an Indian cohort	Prakash Kumar Sasmal

SESSION 6: FRIDAY, 12TH SEPTEMBER 2025 – 15:30 – 16:30 VENUE: IVY HALL

OP number	Title of abstract	Presenting author
OP11	Colonoscopy outcomes: Completion rates and factors associated with incompletion among patients who have undergone colonoscopy in a selected teaching hospital	S Kumaravel
OP19	South Asian practice and adherence to guidelines in the management of acute severe ulcerative colitis	J Mithushan
OP28	Longitudinal comparison of colorectal cancer survivorship in a cohort of Sri Lankan patients: analysis of out come over 25 years	S Jasothakrishna
OP29	An alarming rise in colorectal cancer incidence in Sri Lanka from 2010 - 2021	Thehara Madhuwanthi
OP36	Polyp detection rate in colonoscopy and its association with bowel preparation: a retrospective analysis	M.A.J.induruwa
OP37	Management of congenital pouch colon - our experience	Jiledar Rawat
OP51	Colonoscopy screening uptake at a tertiary care centre: demographic and perceptual barriers	M P M Perera
OP57	How many nodes are enough? Adequacy of lymph-node yield in a Sri Lankan Colorectal-Cancer Cohort	M A J Induruwa

Dr Noel Bartholomeusz best paper Prize Session: Saturday, 13th September 2025- 11:45-12:45 Venue – Main Hall

OP number	Title of Abstract	Presenting author
OP1	Staging laparoscopy in malignancies — A way forward in utilization of surgical resources	ҮМКА Үара
OP2	Patterns of dyssynergic defecation in Sri Lanka: A manometry-based study	M P M Perera
ОР3	Efficacy of axillary dead space closure combined with local triamcinolone versus standard of care in reducing axillary drainage in breast cancer patients undergoing axillary lymph node dissection: Interim analysis of a randomized controlled trial	Chandan Kumar Jha
OP4	Robotic resection of choledochal cyst with Roux-en-Y Hepaticojejunostomy in adults: a single centre experience and lesson learnt	Lokesh Agarwal
OP5	Diagnostic delays of colorectal cancer in Sri Lanka: Patient-system barriers and gender disparities	M P M Perera
OP8	A cross-sectional study of factors associated with arteriovenous fistula failure among haemodialysis patients at a tertiary care hospital in Sri Lanka	I D S M Amarathunga



Number	Title	Presenting Author
PP1	The role of ICG near infrared fluorescence imaging in laparoscopic Cholecystectomy: A RCT	Mahaveer Singh Rodha
PP2	Surgical management of non-hepatic malignancy in a cirrhotic patient; perspective beyond nihilism	S Galodha
PP3	Satisfaction on pain management in patients admitted with acute abdominal pain to the surgical wards of Colombo South Teaching Hospital and the factors associated with their satisfaction	Thejana Edirisinghe
PP4	Randomized control trial for comparing postoperative pain in patients undergoing Transabdominal preperitoneal (TAPP) Inguinal hernia repair: Transversus Abdominis Plane (TAP) block before peritoneal incision vs. Transversus Abdominis Plane (TAP) block after peritoneal incision closure	Shyam Patel
PP5	Spectrum of surgical management of spinal injuries — an audit from a single neurosurgical center	K A A J Perera
PP6	Study of head injury demographics and an audit on timeliness of head injury observation in patients at National Hospital of Sri Lanka (NHSL)	D A Wijenayaka
PP7	A comparative study on outcomes following autologous and titanium mesh cranioplasties: a two-center experience	Kavishangari Jeyalogaindran
PP8	Accidental intra-arterial cannulation, avoid the anatomical landmarks: experience from a single vascular and transplant centre	D S Palihakkara
PP9	Outcome and healthcare costs of patients diagnosed with nonspecific abdominal pain (NSAP) presenting as general surgery admissions	AMOM Ozaal
PP10	Deflux procedure for symptomatic VUR	A M S D Attanayake
PP12	Pharmacological optimization of hemoglobin in anemic patients undergoing surgery for colorectal cancer and its clinical outcomes: a systematic review and meta analysis	Priyanjala Sumanasekara
PP14	Impact of socio-demographic factors on post-operative outcomes following ERAS-Implemented Iaparoscopic colorectal surgery	M A J Induruwa
PP15	Knowledge on stoma care among nursing officers in a surgical department of a tertiary care hospital	A H M A H Abayasinghe
PP16	Faecal Immunochemical Testing (FIT) for occult blood in patients with lower gastrointestinal symptoms	A G W Muthukumarana
PP17	Knowledge, attitudes, and barriers to the adoption of artificial intelligence (AI) among medical officers at a tertiary care hospital	AS Samarasinghe
PP18	Surgical management of complex colorectal fistulas: experience with laparoscopic and open techniques	Ү М К А Үара
PP20	Total Extra Peritoneal (TEP) vs Trans Abdominal Pre Peritoneal (TAPP) approach in inguinal hernia repair; surgical trainee experience in a peripheral hospital in Sri Lanka.	S A Piyarathne
PP21	Shifting demographics of upper gastrointestinal tumors: a comprehensive analysis with emphasis on Gastroesophageal Junction (GOJ) tumors	N H Pemaththu Hewa
PP22	Disease burden and outcomes in chronic limb-threatening ischemia : Insights from a Sri Lankan tertiary care cohort	L A Indunil
PP23	Adrenalectomies performed by a single team - long term experience	M A J Induruwa
PP24	Bridging the gap: patient perception vs. clinical diagnosis of constipation in a Sri Lankan cohort	M P M Perera

Number	Title	Presenting Author
PP25	Surgical success, systemic setbacks; analyzing recovery after appendectomy in rural Sri Lanka	S A Jayasekera
PP26	Atypical presentations of Cryptogenic brain abscesses in immunocompetent adults: a case series	Poornajith Godakanda
PP28	A descriptive study on postgraduate surgical trainees' awareness, understanding, and perceptions of artificial intelligence in healthcare	G P C Nirmal
PP29	Vacuum-Assisted Closure in fournier's gangrene: a case series comparison demonstrating improved outcomes over standard debridement	Saichand Paruchuri
PP30	Carotid Endarterectomy: the need to minimize treatment delays, experience from a single vascular and transplant surgery centre	D S Palihakkara
PP31	Comparative Study of LICAP vs modified LICAP flap technique in breast conserving surgery: surgical and aesthetic outcomes	H M W A B Wijerathne
PP32	Audit on preoperative investigation practices in routine general surgery: are we overutilizing tests?	P D J Kaushalya
PP33	Randomized controlled trial comparing postoperative pain in patients undergoing Transabdominal preperitoneal (TAPP) Inguinal hernia repair: Transversus Abdominis Plane (TAP) Block before peritoneal incision vs. Transversus Abdominis Plane (TAP) Block after peritoneal incision closure	Naveen Sharma
PP35	Paediatric robotic surgery in a developing nation- where do we stand beyond the first 150 cases – a single surgeon experience	Kumaravel Sambandan
PP36	Robotic-Assisted Laparoscopic Pyeloplasty (RALP) in children with complex Pelvi Ureteric Junction Obstructions (PUJO) - a retrospective study	Kumaravel Sambandan
PP37	Financial toxicity of chronic diabetic wounds in a lower middle-income country	Sathika Gunarathna
PP38	Living with a stoma: patient perceptions, satisfaction, and reversal readiness – a cross-sectional study	A G C S Angulugaha
PP39	Trauma burden among motorcyclists in Colombo: a comparative analysis of riders and pillion passengers	M U F Zumra
PP40	Laparoscopic appendectomy in children with complicated appendicitis- a retrospective analysis from a developing nation	Kumaravel Sambandan
PP41	Spectrum of surgical procedures done for brachial plexus injuries and their functional outcomes: a retrospective cohort analysis at an apex referral hospital in 2024	Chanuka Wijesundara
PP42	Single-blinded randomized controlled trial comparing traditional vs oncoplastic mastectomy closure techniques in preventing lateral dogear deformity	K Ranaweera
PP43	Re-evaluating the role of biopsy in the management of BIRADS-3 breast lesions	J E Samaranayake
PP45	Risk factors and exacerbators in Inflammatory Bowel Disease in a Sri Lankan cohort: implications for surgical patients	M P M Perera
PP46	Advancing precision in rectal cancer care: outcomes of robotic-assisted surgery	L M P M Bandara
PP47	Assessment of wound care knowledge among nursing staff in a tertiary care setting	G P C Nirmal

Number	Title	Presenting Author
PP48	A clinical audit on patterns of falls and fall-related injuries: associated factors and injury severity	G P C Nirmal
PP49	Short term survival outcome of live vs cadaveric donor renal transplantation- a single unit experience.	Kavishangari Jeyalogaindran
PP50	Initial outcome Analysis of Biodegradable Temporizing Matrix (BTM) for complex wound reconstruction	Indrajith Wickramarachchi
PP51	Knowledge, attitudes, and practices regarding surgical informed consent among intern medical officers in teaching hospitals: a multicenter cross-sectional study	Vishnukanthan J
PP52	Rectocele: Incidental or important? observe or operate?	Ismat Jahan Lima
PP53	Evaluating the necessity of routine histopathological analysis in uncomplicated cholecystectomy specimens: a resource-limited setting perspective from Sri Lanka	J Mithushan
PP54	Paediatric renal injury; Single centre experience	A M S D Attanayake
PP55	Outcomes of oncoplastic breast surgery at a government tertiary cancer centre in a developing country: it is possible	Hasan Shahriar Md Nuruzzaman
PP56	Comparison of the difference between PADLI and Hartmann's Procedure in emergency surgery for left-sided colonic perforation	Fuminori Yamaji
PP57	An audit of Head Injury Observation Care (HIOC) practices at the National Hospital of Sri Lanka (NHSL)	G P C Nirmal
PP58	Epidemiological characteristics of Inflammatory bowel disease in central Sri Lanka; a university hospital registry-based study	S M P Vithana
PP61	Fifteen year histopathological review of breast neoplasms at a tertiary care center in southern Sri Lanka	S A Y P Sumanasekara
PP62	A study on Catheter Associated Urinary Tract Infections(CAUTI) in surgical patients at a DGH hospital in Sri Lanka	I U Basnayake
PP63	Management of traumatic deep venous injuries of the limbs. a single centre experience from a vascular and transplant unit.	D S Palihakkara
PP64	Congenital bladder diverticulum in children: clinico- radiological profile and surgical outcomes	Jiledar Rawat
PP66	pattern and associated factors of spinal trauma: a preliminary survey	G P C Nirmal
PP67	A study on preoperative hyponatremia, risk factors and outcomes in patients undergoing major surgery: a single unit experience	S A Y P Sumanasekara
PP68	The use of intralesional corticosteroids in idiopathic granulomatous mastitis: a systematic review	Asel Wijesinghe
PP70	Demographic and clinical profile of patients undergoing Laparoscopic cholecystectomy at DGH Hambantota: A one year retrospective review	Madushanka D G C S
PP71	Evaluation of patient knowledge and postoperative pain outcomes among surgical patients at the District General hospital, Horana, Sri Lanka	W P R Perera
PP72	A three-month audit of extensor tendon injuries in the upper limb: insights from an apex referral hospital	Chanuka Wijesundara
PP73	Prevalence of young-onset colorectal cancer in the South Asian region: a systematic review and meta-analysis	Pasindu Nanayakkara



Number	Title	Presenting Author
PP74	Evaluation of microbiological patterns in chronic diabetic foot ulcer infections in patients presenting to a peripheral hospital in Sri Lanka	S A Piyarathne
PP75	Delivering peripheral angioplasty care in resource-limited setting: experience from Colombo North Teaching Hospital, Sri Lanka	L A Indunil
PP77	Evaluation of safety of sutureless thyroidectomy in peripheral surgical unit in Sri Lanka	Kumara MKBN
PP80	Results of patients undergoing follow-up lower gastrointestinal endoscopy (LGIE) following laparoscopic colorectal surgery - a retrospective analysis	M A J Induruwa
PP81	Clinical outcomes and safety of parathyroidectomy: a retrospective analysis	M A J Induruwa
PP82	Pre-operative stoma siting and its role in reducing healthcare burden	Y M K A Yapa
PP83	The patterns of spinal injuries presenting to the only neurosurgical center in a province – the experience of a single neurosurgeon	K A A J Perera
PP84	Efficacy of Intraoperative Cholangiogram (IOC) as an alternative for imaging studies for detection of common bile duct stones: experience from a single surgeon in Sri Lanka	C Keppetiyagama
PP86	Assessment of awareness of diabetic foot care among diabetic patients in a tertiary care hospital in Sri Lanka	Weranja T G K
PP87	Histological variations of post operative specimen of appendix in background of conservative management of acute appendicitis	W A K Weerawardena
PP88	Comparative study of minimally invasive technique for abdominal cancer pain management	Sarita Singh
PP89	An audit on management of acute appendicitis in a District General hospital in Sri Lanka	I U Basnayake
PP90	Laparoscopic e-TEP Rives Stoppa \pm TAR for ventral hernia: initial experience & technical pitfalls	Jahangir Hossan Bhuiyan
PP91	Pre-operative anxiety and coping strategies in adults awaiting elective surgery – a cross-sectional study in a surgical unit of a tertiary care center	T G Kanil Weranja
PP92	Complex fistula management: interval tightening of rubber seton and regular wound dressing ensure better outcome	Farhan Imtiaz Chowdhury
PP93	Colorectal cancer-related financial toxicity in Sri Lanka: insights from a lower middle-income country	J Mithushan 1
PP95	Occurrence and Outcome of Elephant-Cracker related Blast injuries: A Retrospective Descriptive Study at Teaching Hospital Batticaloa	Noushad Nilam
PP96	Visceral artery aneurysms in pancreatitis and post-ERCP duodenal perforation: a one-year case series	Poornajith Godakanda
PP97	Predictors and patterns of complications following pediatric gastrostomy: a retrospective cross-sectional analysis	Anuradhi Jayapathum
PP98	The presence of pre-existing degenerative cervical spine disease vs neurological deficits following traumatic cervical spine injuries — is there an association?	K A A J Perera
PP100	Descriptive study of hand injuries at Teaching Hospital, Anuradhapura	Lakshi Kumaradasa



Number	Title	Presenting Author
PP101	Comparison of scoring systems of appendicitis with respect to diagnosis of patients — a prospective observational study	Shantanu Kumar Sahu
PP102	To determine the proportion of early cholecystectomies in patients of acute calculus cholecystitis at a tertiary care center: an observational study	Priya Chawal
PP103	Histopathological predictors of surgical approach and nodal involvement in breast cancer: a retrospective cohort analysis	APH Ayesha
PP104	Negative appendicectomy rate in a tertiary care hospital in Sri Lanka, a clinical audit	Sathika Gunarathna
PP105	Surgical approach to sigmoid esophagus in end-stage achalasia cardia	Basavari Siddappa Chougla
PP106	A rare case of adult-onset hirschsprung disease presenting as sigmoid volvulus	Thumala Sreyan Reddy
PP107	Small bowel tumours: exploring the rare entity from a regional centre – retrospective ten-year analysis of 267 cases of	Agni Vyas R

















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Sri Lanka Surgical Congress 2025

'EMPOWERING THE FUTURE SURGEON IN THE SERVICE OF HUMANITY'



The College of Surgeons of Sri Lanka

Pre - Congress Workshops

Clinical Photography

15th August

9:00 AM

CSSL Auditorium

Registration Fee: Rs. 4,000/=

Coordinator: Dr Yasas Abeywickrama

Wound Care Workshop

==== 29th August

(9:00 AM

CSSL Auditorium

Registration Fee: Doctors Rs. 4,500/= Nurses Rs 3,500/= Coordinator: Dr Yasas Abeywickrama

Emergency Sonography for

Trauma Care (ESTC)

02nd September

8:00 AM

NHSL, Accident Service Auditorium

Registration Fee: Rs. 5.000/= Coordinator: Dr Mihira Bandara

The Science of Soft Tissue Management



::::: 04th September



Skills Lab,2nd Floor, Surgery Lecture Hall Building, NHSL

Registration Fee: Rs 3,500/= Coordinator: Prof Dakshitha

Acute Limb Ischaemia



05th September



(i s:00 AM

CSSL Auditorium

Registration Fee: Consultant Rs. 1000/=

Coordinator: Dr Vinojan Sachchithanantham

"Stoma Sense" Stoma Care





€ (3) 8:00 AM

PMCK Auditorium, NH Kandy

Registration Fee: Doctor Rs. 1,000/= Nurses Rs. <u>500/=</u>

Coordinator: Dr Thushara Wijayaratne

Skills Training in Trauma for

Nurses (STTN)



09th September



NHSL. Accident Service **Auditorium**

Registration Fee: Rs: 1,200/= Coordinator: Dr Mihira Bandara

Keyhole Talks - Video Cases Based Discussion



09th September



8:00 AM



CSSL Auditorium

Registration Fee: Consultant Rs. 3,000/= Trainees Rs. 1,500/=

Coordinator: Dr Raayiz Razik

Live Operative Workshop on Gastric Cancer Resection



10th September



NCI, Maharagama

Registration Fee: Consultant Rs. 3,000/= Trainees Rs. 1,500/=

Coordinator: Dr Rasitha Manatunga

For Registration



The College of Surgeons of Sri Lanka No. 6, Independence Avenue Colombo 7 Tel / Fax :+94112682290 / 2699884 Email: srilankasurgicalcongress@gmail.com www.surgeons.lk



Sri Lanka Surgical Congress 2025

'EMPOWERING THE FUTURE SURGEON IN THE SERVICE OF HUMANITY'



The College of Surgeons of Sri Lanka

Post - Congress Workshops

Advance HPB and General Laparoscopic workshops

1000

15th,17th,19th September

(1)

િં; 8:00 AM

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THP - Batticaloa, Jaffna, Anuradhapura

Registration Fee: Rs. 1000/=

Coordinator: Prof Arinda Dharmapala

Burns Injury



26th September



9:00 AM



CSSL Auditorium

Registration Fee: Rs. 4,000/=

Coordinator: Dr Yasas Abeywickrama

Soft Tissue Management

Industry Andrewson Company March



26th September



9:00 AM



CSSL Auditorium

Registration Fee: Rs. 4,000/=

Coordinator: Dr Yasas Abeywickrama

Surgical Ergonomics Live Training



27th September



9:00 AM



CSSL Auditorium

Registration Fee: Rs. 4,000/=

Coordinator: Dr Achala Samarasinghe

For Registration



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MASTER CLASSES

11th September, 2025

MASTERCLASS ON HAND SURGERY

15.30 -16.30 Sequel room Anatomy and biomechanics of the distal radio-ulnar joint

Prof Vivien Lees Dr Kolitha Karunadasa

12th September, 2025

MASTERCLASS ON ENDOCRINE SURGERY

12.15-13.15 Sequel room Patient based discussion on Medullary Thyroid Carcinoma Dr Rajeev Parameswaran Prof Ranil Fernando Prof Sanjeewa Senevirathna

13th September, 2025

MASTERCLASS ON AI IN SURGERY

09.00-10.00 Sequel room AI for Smarter Learning and Smarter Training

Dr Achala Samarasinghe Dr Vaikunthan Rajarathnam























































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INTERNATIONAL FACULTY



PROF JIM KHAN

CONSULTANT COLORECTAL &
ROBOTIC SURGEON,
PROFESSOR OF SURGERY,
CLINICAL LEAD ROBOTIC
COLORECTAL SURGERY
PORTSMOUTH HOSPITALS UNIVERSITY
NHS TRUST, UNITED KINGDOM



MR JOHN CAMILLERI BRENNAN

CONSULTANT GENERAL AND COLORECTAL SURGEON CLINICAL LEAD IN COLORECTAL CANCER, FORTH VALLEY ROYAL HOSPITAL VICE PRESIDENT (SURGICAL), ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW, UNITED KINGDOM



PROF ROBIN PATON

CONSULTANT ORTHOPAEDIC SURGEON, HONORARY SECRETARY, ROYAL COLLEGE OF SURGEONS OF EDINBURGH UNITED KINGDOM



DR XIAOWEN LIU

CHIEF & MEDICAL TEAM LEADER, PROFESSOR OF SURGERY, MD OF ONCOLOGY, FUDAN UNIVERSITY SHANGHAI CANCER CENTER, CHINA



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THE ROYAL COLLEGE OF SURGEONS
OF EDINBURGH
PROFESSOR OF SURGICAL SCIENCES
UNIVERSITY OF EDINBURGH
UNITED KINGDOM



PROF TAN ARULAMPALAM

CONSULTANT GENERAL SURGEON AND PROFESSOR OF SURGERY PRESIDENT OF THE ASSOCIATION OF LAPAROSCOPIC SURGEONS OF GREAT BRITAIN AND IRELAND UNITED KINGDOM



PROF TIM GRAHAM

VICE PRESIDENT
ROYAL COLLEGE OF SURGEONS OF
EDINBURGH
CONSULTANT CARDIOTHORACIC
SURGEON
QUEEN ELIZEBETH HOSPITAL
BIRMINGHAM, UNITED KINGDOM



PROF RAJ MENON

CHAIRMAN ACT
HEAD OF TRAUMA SURGERY SERVICE,
DEPARTMENT OF SURGERY
NATIONAL UNIVERSITY HOSPITAL
SINGAPORE



PROF KOJI MORISHITA

PROFESSOR AND CHAIRMAN
DEPARTMENT OF ACUTE CRITICAL CARE
AND, DISASTER MEDICAINE DIVISION OF
ACUTE CARE SURGERY, TRAUMA AND
ACUTE, CRITICAL CARE MEDICALCENTER
INSTITUTE OF SCIENCE
TORYO, JAPAN



PROF MIKHAIL EFANOV (RUSSIA)

HEAD OF HBP SURGERY DEPARTMENT MOSCOW CLINICAL SCIENTIFIC CENTER RUSSIA



MR JONATHAN WILD

CONSULTANT COLORECTAL SURGEON CHRISTIE HOSPITAL NHS FOUNDATION TRUST UNITED KINGDOM



PROF NIROOSHUN RAJENDRAN

CONSULTANT COLORECTAL SURGEON LEAD FOR COLORECTAL AND ROBOTIC SURGERY BARKING, HAVERING AND REDBRIDGE UNIVERSITY HOSPITAL NHS TRUST UNITED KINGDOM



INTERNATIONAL FACULTY



MR KAPIL SAHNAN

CONSULTANT COLORECTAL SURGEON ST MARK'S HOSPITAL, LONDON UNITED KINGDOM



MR PHIL TOZER

CONSULTANT COLORECTAL SURGEON, ST MARK'S HOSPITAL LONDON SUB-DEAN OF ST MARK'S ACADEMIC INSTITUTE, UNITED KINGDOM



PROF SHIREEN ANNE NAH

SENIOR CONSULTANT PEDIATRIC
SURGEON AND HEAD
DIVISION OF PEDIATRIC AND NEONATAL
SURGERY
FACULTY OF MEDICINE UNIVERSITY OF
MALAYA, MALAYSIA



PROF VIVIEN LEES

CONSULTANT PLASTIC AND HAND SURGEON SENIOR VICE PRESIDENT ROYAL COLLEGE OF SURGEONS OF ENGLAND UNITED KINGDOM



PROF ELMIN STEYN

SPECIALIST TRAUMA SURGEON
HEAD OF SURGERY
TYGERBERG HOSPITAL
CAPE TOWN
SOUTH AFRICA



PROF OWEN A UNG

PROFESSOR OF SURGERY, UNIVERSITY OF QUEENSLAND - DIRECTOR, METRO NORTH COMPREHENSIVE BREAST CANCER INSTITUTE PROGRAMMME LEAD FOR THE BREAST RECONSTRUCTION HERSTON BIOFABRICATION INSTITUTE - PRESIDENT, ROYAL AUSTRALIAN COLLEGE OF SURGEONS, AUSTRALIA



PROF SOO PARKS

HEAD, DEPARTMENT OF MEDICAL
EDUCATION
UNIVERSITY OF ILLINOIS
CHICAGO
UNITED STATES



MR TIM MITCHELL

CONSULTANT VASCULAR SURGEON AND CLINICAL LEAD VASCULAR SURGERY, CAMBRIDGE UNIVERSITY HOSPITAL NHS FOUNDATION TRUST (CUH) PRESIDENT, THE ROYAL COLLEGE OF SURGEONS OF ENGLAND UNITED KINGDOM



DR VAIKUNTHAN RAJARATNAM

HONORARY PROFESSOR (RCSI & UCD MALAYSIA CAMPUS) SENIOR CONSULTANT IN NERVE SURGERY PROGRAMME DIRECTOR FOR AL AND INSTRUCTIONAL DESIGN KHOO TECK PUAT HOSPITAL , SINGAPORE



DR RAJEEV PARAMESWARAN

(SINGAPORE)
SENIOR CONSULTANT
DIVISION OF ENDOCRINE & THYROID
SURGERY
NATIONAL UNIVERSITY CANCER INSTITUTE
SINGAPORE



DR ROMEO KANSAKAR

CONSULTANT GENERAL, GI &
LAPAROSCOPIC SURGEON
ASSISTANT PROFESSOR AT NATIONAL
ACADEMY OF MEDICAL SCIENCES BIR
HOSPITAL
PRESIDENT, SOCIETY OF SURGEONS OF
NEPAL, NEPAL



PROF SUNIL KUMAR SHARMA DHAKAL

CONSULTANT GASTROINTESTINAL AND
LAPAROSCOPIC SURGEON
HEAD THE DEPARTMENT OF GI AND GENERAL
SURGERY,
NEPAL MEDICITY HOSPITAL
CO-CHAIR PRESIDENT, SOUTH ASIAN
SURGICAL CARE SOCIETY, NEPAL

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PROFESSOR OF HEPATOBILIARY
SURGERY
UNIVERSITY OF MANCHESTER
CONSULTANT HEPATOBILIARY SURGEON
MANCHESTER ROYAL INFIRMARY
PRESIDENT OF E-AHPBA
UNITED KINGDOM



DR PRAVIN R. SURYAWANSHI

DEPUTY DEAN, PROFESSOR & HEAD
DEPARTMENT OF HPB SURGERY
MGM MEDICAL COLLEGE & HOSPITAL,
AURANGABAD, MAHARASHTRA
CHIEF ENDOSCOPIST, ADVANCED
LAPAROSCOPIC, HPB & LIVER TRANSPLANT
SURGEON
PRESIDENT, ASSOCIATION OF SURGEONS OF
INDIA, INDIA



MR SIRAJ GUNASEKARA RAJARATNAM

COLORECTAL AND GENERAL SURGEON WAITEMATA DISTRICT HEALTH BOARD NEW ZEALAND



DR MEHAN SIRIWARDENA

CONSULTANT HEPATO-PANCREATIC AND BILIARY SURGEON MATER ADULT HOSPITAL SOUTH BRISBANE, AUSTRALIA



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CONSULTANT GENERAL SURGEON NATIONAL UNIVERSITY HOSPITAL SINGAPORE



DR SAMPATH HERATH

FELLOW IN PAEDIATRIC SURGERY JOHN HUNTER CHILDREN'S HOSPITAL, NSW, AUSTRALIA



DR ABDULLA UBAID

SENIOR CONSULTANT IN GENERAL SURGERY INDIRA GANDHI MEMORIAL HOSPITAL, MALE PRESIDENT, MALDIVIAN ASSOCIATION OF SURGEONS, MALDIVES



DR THUSHARA P DISSANYAKE

Consultant general surgeon QLD Health Senior Lecturer University of Queensland Australia



DR CHANDIKA WEWALWALA

SPECIALIST BREAST AND GENERAL SURGEON MONASH HEALTH AUSTRALIA



PROF DR LIEW NGOH CHIN

CONSULTANT GENERAL AND VASCULAR SURGEON
FACULTY OF MEDICINE AND HEALTH SCIENCES UNIVERSITY PUTRA
PRESIDENT, THE COLLEGE OF SURGEONS OF MALAYSIA, MALAYSIA



DR LEE LIMI

CONSULTANT VASCULAR AND RENAL
TRANSPLANT SURGEON
MEDICAL LECTURER
DEPARTMENT OF SURGERY
FACULTY OF MEDICINE, UNIVERSITY MALAYA
MALAYSIA



PROF SAJIDA QURESHI

CONSULTANT GENERAL SURGEON PROFESSOR OF SURGERY DOW UNIVERSITY OF HEALTH SCIENCES PAKISTAN



DR DHAMMIKE RATNAYAKE

CONSULTANT THORACIC SURGEON NATIONAL HOSPITAL FOR RESPIRATORY DISEASES WELISARA



DR RAJIV NIRMALASINGHAM

CONSULTANT GENERAL SURGEON DISTRICT GENERAL HOSPITAL VAVUNIYA



DR M A C LAKMAL

CONSULTANT GENERAL SURGEON DISTRICT GENERAL HOSPITAL NUWARAELIYA



DR SENAL MEDAGEDARA

CONSULTANT GENERAL SURGEON BASE HOSPITAL MAHIYANGANAYA



DR AMAL PRIYANTHA

CONSULTANT GASTROENTEROLOGICAL SURGEON SENIOR LECTURER FACULTY OF MEDICINE SABARAGAMUWA UNIVERSITY



DR NURADH JOSEPH

CONSULTANT ONCOLOGIST DISTRICT GENERAL HOSPITAL MATARA



PROFESSOR SUMUDU KUMARAGE

CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



DR RASITHA MANATHUNGA

CONSULTANT ONCOSURGEON APEKSHA HOSPITAL MAHARAGAMA



DR KANCHANA WIJESINGHE

CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT COLOMBO SOUTH TEACHING HOSPITAL



DR WASULA RATHNAWEERA

CONSULTANT GENERAL SURGEON BASE HOSPITAL KARAWANELLA



PROFESSOR SANJEEWA SENEVIRATNE

CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT NATIONAL HOSPITAL OF SRI LANKA



DR NALINDA MUNASINGHE

CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL





PROFESSOR PRAMODH CHANDRASINGHE

CONSULTANT GENERAL AND COLORECTAL SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



PROFESSOR MADUNIL NIRIELLA

CONSULTANT GASTROENTEROLOGIST UNIVERSITY MEDICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



DR.KAMAL JAYASURIYA

CONSULTANT GENERAL SURGEON DISTRICT GENERAL HOSPITAL KEGALLE



DR B SAYANTHAN

Consultant Paediatric Surgeon University Surgical Unit Teaching Hospital Jaffna



DR NUWANTHIKA KARUNARATNE

CONSULTANT PAEDIATRIC SURGEON TEACHING HOSPITAL KURUNEGALA



DR MAHEESHA KULASINGHE

CONSULTANT PAEDIATRIC SURGEON TEACHING HOSPITAL ANURADHAPURA



DR THARANGA GAMAGE

CONSULTANT PAEDIATRIC SURGEON SIRIMAVO BANDARANAIKE SPECIALIZED CHILDREN HOSPITAL PERADENIYA



DR P SAJEEVAN

CONSULTANT PEADIATRIC SURGEON THE NATIONAL HOSPITAL KANDY



DR PRAVIN WIJESINGHE

CONSULTANT PLASTIC AND
RECONSTRUCTIVE SURGEON
GENERAL SIR JOHN KOTELAWALA DEFENSE
UNIVERSITY



DR KOLITHA KARUNADASA

CONSULTANT PLASTIC AND RECONSTRUCTIVE SURGEON NORTH COLOMBO TEACHING HOSPITAL



DR SHASHANKA RATNAYAKE

CONSULTANT PLASTIC AND RECONSTRUCTIVE SURGEON NATIONAL HOSPITAL OF SRI LANKA



DR S. SELVAGANESH

CONSULTANT PLASTIC AND RECONSTRUCTIVE SURGEON TEACHING HOSPITAL IAFFNA





PROFESSOR RANIL FERNANDO

CONSULTANT GENERAL SURGEON DEAN OF FACULTY OF MEDICINE UNIVERSITY OF MORATUWA



DR DILUKA PINTO

CONSULTANT GENERAL & ENDOCRINE SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



DR. STRAVINSKY PERERA

CONSULTANT NEUROSURGEON NATIONAL HOSPITAL OF SRI LANKA



DR. SAMAN PUSHPAKUMARA

CONSULTANT NEUROSURGEON GENERAL SIR JOHN KOTELAWALA DEFENCE UNIVERSITY



DR. NIRUKSHAN JAYAWEERA

CONSULTANT NEUROSURGEON NATIONAL HOSPITAL OF SRI LANKA



DR. BUDDHIMA JAYAWICKRAMA

CONSULTANT VASCULAR AND TRANSPLANT SURGEON NATIONAL HOSPITAL KANDY



DR. SACHITH ABEYWICKRAMA

CONSULTANT VASCULAR AND TRANSPLANT SURGEON TEACHING HOSPITAL BADULLA



DR. THUSHAN GOONERATHNE

CONSULTANT VASCULAR AND TRANSPLANT SURGEON UNIVERSITY SURGICAL UNIT NATIONAL HOSPITAL OF SRI LANKA



DR. MANUJAYA GODAKANDAGE

CONSULTANT VASCULAR AND TRANSPLANT SURGEON NATIONAL NEPHROLOGY SPECIALIZED HOSPITAL, POLONNARUWA



DR DONALD RUBAKAN

CONSULTANT VASCULAR AND TRANSPLANT SURGEON TEACHING HOSPITAL ANURADHAPURA



DR ARUNA WEERASOORIYA

CONSULTANT VASCULAR AND TRANSPLANT SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



DR INDIKA WEERASINGHE

CONSULTANT ORTHOPAEDIC SURGEON
DISTRICT GENERAL HOSPITAL
KEGALLE





DR RANJITH ELLAWALA

CONSULTANT GENERAL SURGEON
GENERAL SIR JOHN KOTELAWALA
DEFENCE UNIVERSITY



DR BINGUMAL JAYASUNDARA
CONSULTANT GENERAL SURGEON
BASE HOSPITAL
BALAPITIYA



CONSULTANT GENERAL SURGEON GENERAL SIR JOHN KOTELAWALA DEFENCE UNIVERSITY

DR DULANTHA DE SILVA



DR THAHA M MUSTHAFA

CONSULTANT UROLOGICAL SURGEON
TEACHING HOSPITAL
BADULLA



CONSULTANT VASCULAR AND TRANSPLANT SURGEON UNIVERSITY SURGICAL UNIT NATIONAL HOSPITAL OF SRI LANKA

PROFESSOR JOEL ARUDCHELVAM



CONSULTANT THORACIC SURGEON NATIONAL HOSPITAL FOR RESPIRATORY DISEASES WELISSARA

DR SUMANA HANDAGALA



DR CHANAKA SOLANGARACHCHI
CONSULTANT ORTHOPAEDIC SURGEON
TEACHING HOSPITAL
POLONNARUWA



DR GAYAN EKANAYAKE

CONSULTANT PLASTIC AND
RECONSTRUCTIVE SURGEON
NATIONAL HOSPITAL OF SRI LANKA



DR LAKMAL HEWAGE

CONSULTANT NEUROSURGEON
TEACHING HOSPITAL
BADULLA



DR PRASANNA GUNASENA CONSULTANT NEUROSURGEON LANKA HOSPITAL



DR MATHULA HETTIARACHCHI

CONSULTANT PAEDIATRIC SURGEON
SIRIMAYO BANDARANAIKE SPECIALISED
CHILDREN'S HOSPITAL, PERADENIYA



CONSULTANT ORTHOPAEDIC SURGEON GENERAL HOSPITAL TRINCOMALEE

DR BALAKUMARAN THANGARAJA





PROFESSOR ROHAN SIRIWARDANA

CONSULTANT GASTROENTEROLOGICAL AND HEPATOBILIARY SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



DR MAHILAL WIJEKOON

CONSULTANT ONCOLOGIST ASIRI SURGICAL HOSPITAL



DR NIROSHAN ATULUGAMA

CONSULTANT ONCOSURGEON TEACHING HOSPITAL KURUNEGALA



DR ASITHA BANDARANYAKE

SENIOR LECTURER,
DEPARTMENT OF COMPUTER
ENGINEERING
UNIVERSITY OF PERADENIYA
CONSULTANT CTO, LANKA EDUCATION
AND RESEARCH NETWORK (LEARN)



DR MANJULA PATHIRANA

CONSULTANT GENERAL SURGEON NATIONAL HOSPITAL OF SRI LANKA



DR RUKMAN SANJEEWA

CONSULTANT GENERAL SURGEON COLOMBO SOUTH TEACHING HOSPITAL



DR DICKSON WICKRAMARATHNA

CONSULTANT GENERAL SURGEON
UNIVERSITY SURGICAL UNIT
TEACHING HOSPITAL
KURUNEGALA



DR SUCHINTHA TILAKARATNE

CONSULTANT GASTROENTEROLOGICAL SURGEON UNIVERSITY SURGICAL UNIT NORTH COLOMBO TEACHING HOSPITAL



DR. NANDANA DINAMITHRA

CONSULTANT GASTROENTEROLOGIST NATIONAL HOSPITAL



DR. DUMINDA SUBASINGHE

CONSULTANT GASTROENTEROLOGICAL SURGEON UNIVERSITY SURGICAL UNIT NATIONAL HOSPITAL OF SRI LANKA



DR MALITH NANDASENA

CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT COLOMBO SOUTH TEACHING HOSPITAL



DR I UPANISHAD

CONSULTANT GASTROENTEROLOGICAL SURGEON NATIONAL HOSPITAL OF SRI LANKA



LOCAL FACULTY



DR ACHALA SAMARASINGHE
CONSULTANT GENERAL SURGEON
NATIONAL HOSPITAL
KANDY



CONSULTANT VASCULAR AND RENAL TRANSPLANT SURGEON TEACHING HOSPITAL KURUNEGALA

DR THILINA GUNAWARDENA



CONSULTANT VASCULAR AND TRANSPLANT SURGEON NATIONAL HOSPITAL OF SRI LANKA

DR GAYAN BANDARA



DR AMANTHANA MARASINGHE

CONSULTANT VASCULAR AND
TRANSPLANT SURGEON
NORTH COLOMBO TEACHING HOSPITAL



DR BUDDHIKA DASSANAYAKE

CONSULTANT GENERAL AND
HEPATO-PANCREATICO-BILIARY SURGEON
UNIVERSITY SURGICAL UNIT
TEACHING HOSPITAL
PERADENIYA



CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT TEACHING HOSPITAL ANURADHAPURA

DR ANURADHA JAYATHILAKE



CONSULTANT GENERAL SURGEON UNIVERSITY SURGICAL UNIT COLOMBO SOUTH TEACHING HOSPITAL

PROFESSOR BAWANTHA GAMAGE



DR PULASTHI KANCHANA

CONSULTANT GENERAL SURGEON
DISTRICT GENERAL HOSPITAL
NUWARAELIYA



CONSULTANT GASTROENTEROLOGICAL SURGEON NATIONAL HOSPITAL KANDY

DR CHATHURANGA KEPPETIYAGAMA



CONSULTANT
GASTROENTEROLOGICAL SURGEON
COLOMBO SOUTH TEACHING HOSPITAL

DR USHANTH DALPATADU



DR NILESH FERNANDOPULLE

CONSULTANT
GASTROENTEROLOGIST
UNIVERSITY SURGICAL UNIT
NATIONAL HOSPITAL OF SRI LANKA



CONSULTANT GASTROENTEROLOGICAL SURGEON NATIONAL HOSPITAL KANDY

DR NANDANA WICKRAMARACHCHI



LOCAL FACULTY



DR JAYAMAL ARIYARATNE

CONSULTANT ONCOLOGICAL SURGEON APEKSHA HOSPITAL, MAHARAGAMA



DR MINOLI JOSEPH

CONSULTANT ONCOLOGICAL SURGEON COLOMBO NORTH TEACHING HOSPITAL



DR CHATHURI JAYAWARDHENA

CONSULTANT ENDOCRINOLOGIST NATIONAL HOSPITAL OF SRI LANKA



DR S D MAHALİYANA

CONSULTANT ONCOLOGICAL SURGEON NATIONAL HOSPITAL GALLE



DR BUDDHIKA TILLEKARATHNA

CONSULTANT ONCOLOGICAL SURGEON TEACHING HOSPITAL RATNAPURA



ACKNOWLEDGEMENTS

PRESIDENT AND THE COUNCIL OF

THE COLLEGE OF SURGEONS OF SRI LANKA WOULD LIKE TO

EXTEND THEIR GRATITUDE TO ALL WHO CONTRIBUTED IN

NUMEROUS WAYS TOWARDS THE SUCCESS OF THE

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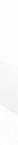


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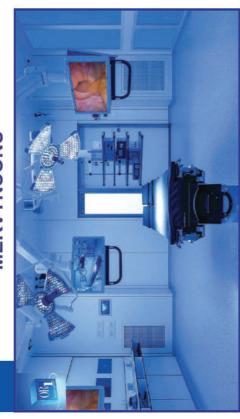




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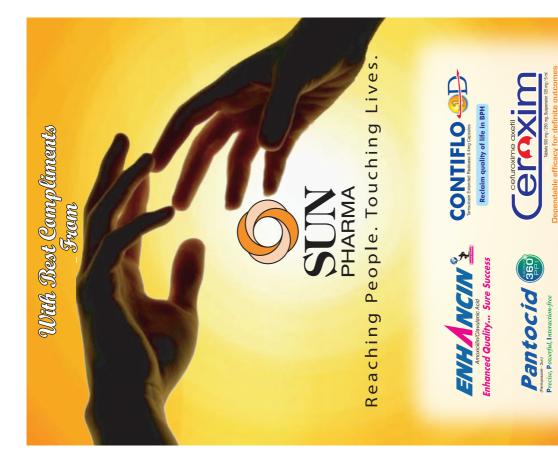




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