

THE COLLEGE OF SURGEONS OF SRI LANKA  
**GOLDEN JUBILEE**

SRI LANKA  
SURGICAL  
CONGRESS  
2021

IN COLLABORATION WITH  
THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH  
AND  
THE SAARC SURGICAL CARE SOCIETY

24TH-27TH NOVEMBER 2021

PROGRAMME BOOK





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## THE COLLEGE OF SURGEONS OF SRI LANKA

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The College of Surgeons of Sri Lanka came in to being in 1971 under the leadership of renowned surgeon Dr P.R. Anthonis. This year (2021) marks the Golden Jubilee of the College, celebrating a significant milestone in the medical history of Sri Lanka. Today, the College of Surgeons serves as the apex body of all surgical professionals and surgical specialties in Sri Lanka. The College provides leadership in improving the practice, standards and safety of surgical services to the community, facilitating and ensuring the quality of surgical training and providing a forum for continuing medical education of the surgical fraternity.

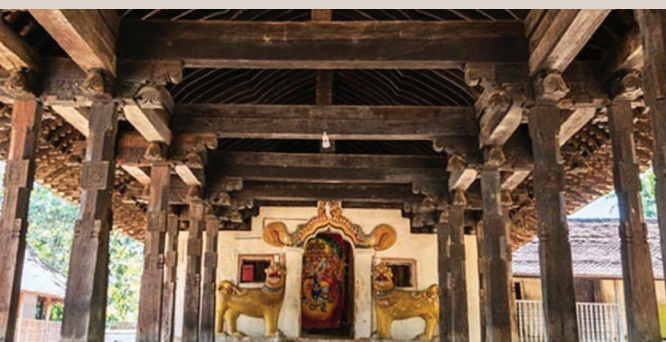
### THE GOLDEN JUBILEE LOGO

The logo was created especially for this historic occasion. It derives inspiration from the artistic and scientific achievements of Sri Lanka's storied past. The unique design incorporates the intricate Pê-kada blossom, upon which the image of an ancient pair of surgical scissors and the college logo has been superimposed.

### THE PÊ-KADA AT EMBEKKE, KANDY

The Pê-kada which is a masterpiece, nourished by a heritage of Sri Lankan art, is an amalgamation of Sri Lankan craftsmanship and science which comes alive in wood at the historical Embekke Temple in Kandy. It is a stylized lotus, that crowns the ornate wooden columns of the temple. The Pê-kada intervenes between the pillars and the roof beams and is the point where the vertical meets the horizontal. When fitted together this ornate bracket forms a cross with four faces, each shaped into a downward facing lotus.

The skill and craftsmanship of the Kandyan wood carver finds a modern day parallel in the skill and professionalism of today's surgeons. Much like the Pê-kada, the College is the Great Intermediary – the device that lets this great pillar of Surgery branch out into the beams, the rafters, and ultimately completes the roof that is surgical care in Sri Lanka. Much like the Pê-kada, it exemplifies a happy union of art, science and craftsmanship marching to one purpose. The petals of the Pê-ka







da - each unique - represent the many disciplines in the community of surgeons of Sri Lanka – general surgery, orthopaedics, urology, neurosurgery, paediatric surgery, cardiac surgery, thoracic surgery, gastroenterological surgery, plastic surgery, cancer surgery, vascular surgery. These specialties have blossomed in Sri Lanka over the years and remain integral with the College find fitting symbolism in the carved wood.

The four lotuses created by the intersecting blocks of the Pê-kada blossom in all four directions of the compass, representing surgeons of the College who interconnect with each other to serve all corners of Sri Lanka. Their everlasting effort is to build on experience in order to complete this shelter – this coverage of surgical care to our key stakeholders, the patients everywhere.

The crafted lines and fashioned grooves of the carvings - each a unique and individual - depict the diversity, talent and the individual response in meeting patient needs. Each adjusting and adapting to challenges with skill and flair despite constraints or limiting circumstances.

#### ALAHANA PIRIVENA SURGICAL INSTRUMENT

Superimposed upon the Pê-kada is the image of an ancient pair of surgical scissors which was discovered during the excavations at the monastery hospital complex at the Alahana Pirivena in Polonnaruwa (1153 – 1186 AD). These ancient surgical instruments have shed a compelling light on the sophistication of the surgical practice possessed by Sri Lankan surgeons centuries ago. We stand on the shoulders of giants of our past in our present age of surgical excellence in Sri Lanka.



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## THE COLLEGE OF SURGEONS OF SRI LANKA



# THE COLLEGE OF SURGEONS OF SRI LANKA THE PRESIDENT

It is with great pleasure that I write this message for the Golden Jubilee Surgical Congress of our College. Since its inception in 1971, The College of Surgeons of Sri Lanka has consistently engaged in educational and training programmes for its members, trainees and paramedics and contributed significantly towards their professional development. The college which has grown to a membership of over 600 during five decades has seen and contributed to the development of all internationally recognized specialties and sub-specialties, ensuring the provision of equitable quality surgical services in every province of this country. We have been able to retain the vast majority of the specialists over the last 3-4 decades which is reflective of the healthy working culture that prevails within the Sri Lankan National Health System.

As with the rest of the world, Sri Lanka has been affected severely by the pandemic this year. The College salutes the efforts of all surgeons across the country who continue to provide best possible services under challenging circumstances, ensuring the safety of patients and health workers. Despite ongoing challenges, we have been able to accomplish most of our planned CME activities and educational programmes this year. Our digital transformation towards CME via virtual platforms and the high quality of our CME now attracts international participation.

This year, we have been able to fully restore our college house, The Noel & Nora Bartholomeusz Foundation to its past glory. The newly refurbished auditorium along with its state-of-the-art facilities is expected to serve as an attractive conferencing and educational hub for our sister colleges and

others. A new building has been constructed to commemorate the Golden Jubilee which will house the newly established surgical museum and library. The college embarked on a digitization programme which includes high fidelity virtual conferencing facilities, upgrading of the website and commissioning of all new "CSSL apps" which will enable our members to interact with the college and peers more effectively.

The college embarked on a 10-year plan to assist the state in further developing trauma care services in the country. Significant progress has been made with this initiative and numerous improvements in policy and governance proposed by the college have been accepted by the Ministry of Health for implementation. The council appreciates the support and collaboration of the Director General of Health Services and the WHO in this initiative.

The college has set out on an ambitious plan to establish a model free care hospital as a referral center for kidney stone surgery through philanthropic contributions. Initial funding, approvals and plans have been confirmed. This project will provide the infrastructure and state-of-the-art technology for surgeons from different parts of the country to treat kidney stone patients who are on long waiting lists. It is proposed that the center will be operational in the near future.

An accreditation and exit examination process for different specialties within surgery has been a long-felt need for the surgical fraternity of Sri Lanka. For the first time in the history of our college, this year, the college has embarked on a new challenge and initiated this year, an Exit





## THE COLLEGE OF SURGEONS OF SRI LANKA



Certification programme compatible with international standards and quality. The pilot examination will be conducted in December 2021 with plans to expand this programme across all specialties in the future. We are confident that, with the vibrant QA culture enrooted in our higher education system, these examinations will receive international recognition in the future facilitating further international recognition of the quality of our specialist surgeons.

Our annual academic conference has been a focal point for interaction between our members and international experts for many years. This year too, The Sri Lanka Surgical Congress will be co-hosted by the Royal College of Surgeons of Edinburgh for the 10th consecutive year and the SAARC Surgical Society since 2005. The college as the apex body of all surgical specialties in Sri Lanka, Sri Lanka Surgical Congress 2021 (SLSC) incorporates the inclusive vision of the college that covers all key areas of interest in all surgical specialties.

We are indeed honoured by the presence of the Presidents and senior delegates from the Royal Colleges of UK, Malaysia, and the SAARC region to celebrate our Golden Jubilee. We will be renewing our existing Memoranda of Understanding (MoU) with the Royal College of Surgeons of Edinburgh and the Royal College of Physicians and Surgeons of Glasgow during the deliberations. I am pleased to inform you that a new MoU with the College of Surgeons of Malaysia will be entered into this year.

I take this opportunity to thank all the faculty members, resource persons, organizing committee,

philanthropists, medical technology, and pharmaceutical industry who provided their unreserved support.

We at the college, together, will continue to strive to establish and maintain a culture of quality, standards and compassionate services to the nation.

I wish you all a pleasant congress and look forward to meeting you at the golden Jubilee celebrations.

Professor Srinath Chandrasekera  
The President  
The College of Surgeons of Sri Lanka





## THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH THE PRESIDENT

It is an enormous pleasure to write this welcome message to this year's Golden Jubilee celebration of the College of Surgeons of Sri Lanka Surgical Congress 2021. The Royal College of Surgeons of Edinburgh and the College of Surgeons of Sri Lanka have worked as partners for almost as many years as the College has been in existence. It has been a matter of sadness that we, as a College, last visited Sri Lanka in 2019 for the Annual Congress. The Joint Scientific Meeting that we have shared is always a high point of the year.

Times have been so difficult for the people of Sri Lanka and Asia but we also have felt the full impact of Covid19 in the United Kingdom. It is a personal disappointment to me that I am unable to visit your beautiful country once again but am delighted that our Vice President will be there in person. Nevertheless, our team will be with you to support the College and the Sri Lankan people.

I know that this congress will be a wonderful collaboration and will provide opportunities to refresh old friendships and to make new ones.

I look forward to seeing you in the virtual environment and our team will be with you face to face. I wish you all the most successful and enjoyable conference.

***Professor S Michael Griffin OBE FRCSEd***

***President***

***The Royal College of Surgeons of Edinburgh***





SAARC  
SURGICAL CARE SOCIETY



## SAARC SURGICAL CARE SOCIETY THE PRESIDENT

With a great sense of comradeship, the SAARC Surgical Care Society (SCS) congratulates the College of Surgeons of Sri Lanka (CSSL) on celebrating golden jubilee year. The SCS is honored and pleased with the opportunity to co-host the Sri Lankan Surgical Congress 2021.

The SCS is proud to highlight that it has been working with the CSSL for nearly half of the 50-year long history of the latter. Additionally, the CSSL was a major driving force behind the establishment of the SCS, and it provided temporary housing for the SCS office until a permanent headquarters could be established, in a prime location in the capital city of Sri Lanka using CSSL resources. The CSSL continues to look after the SCS office by maintaining the building and providing staff which makes the SCS's work much more manageable. Therefore, the CSSL can contend with its contribution to promoting regional cooperation.

I am also extremely happy to note the commitment of the CSSL to work with the SCS during last two years of my Presidency amidst the restrictions imposed by the Covid-19. Further, I am ecstatic about the actual presence of delegates from SAARC member nations and their assistance in organizing workshops, plenaries, and symposia in-person and online.

I sincerely hope that our collaboration will continue further for the betterment of advancing regional identity.

The SCS welcomes all of you to this historic event and also wish you a fruitful congress!

Professor M D Lamawansa  
President  
SAARC Surgical Care Society







## THE COLLEGE OF SURGEONS OF SRI LANKA



### SRI LANKA SURGICAL CONGRESS 2021 CONGRESS CHAIR

Founder members of The College of Surgeons of Sri Lanka (CSSL) would have had many obstacles and red tapes in laying down the foundation of the college. Fifty years later when the CSSL celebrates its golden jubilee in 2021, we are standing on the shoulders of these Sri Lankan surgical giants and privileged to deliver the Sri Lanka Surgical congress 2021 to the surgical community around the world.

Taking one giant step forward, this year under the leadership of the President of the College of Surgeons of Sri Lanka, Professor Srinath Chandrasekara, we house the entire academic programme on a Hybrid platform in the Noel and Nora Bartholomeusz foundation which has been fully refurbished and equipped to conduct all our academic programmes on virtual platform in future.

It is my pleasure to chair this congress and drive through facing the challenges of varying scenarios of the covid 19 pandemic. Most importantly we have been able to get all Sri Lankan surgical sub-specialities under the umbrella of the CSSL and get their full participation in this Golden Jubilee congress.

Despite international travel restrictions many international faculty will be joining with us in person, representing SAARC countries, Asia and UK. In addition there are more than fifty renowned

international faculty who will be joining with our local experts in sharing their experiences in current developments in the field of surgery.

In parallel to the main congress we have conducted

public awareness programmes on prevention of road traffic accidents and will be launching the book titled "The History of Surgery in Sri Lanka". Another highlight of the congress this year will be the release of a commemorative stamp by the Ministry of Postal services to mark the Golden Jubilee of the CSSL.

With the steering committee I welcome all delegates and the resource persons to the Sri Lanka Surgical Congress 2021 and hope you will enjoy the congress and our local hospitality.

Professor Bawantha Gamage  
Congress Chair





## THE COLLEGE OF SURGEONS OF SRI LANKA



### SRI LANKA SURGICAL CONGRESS 2021 ACADEMIC CHAIR

As the College of Surgeons celebrates 50 years since its inception, the annual scientific sessions of the college, the Sri Lanka Surgical Congress 2021, will be held in collaboration with The Royal College of Surgeons of Edinburgh and The SAARC Surgical Care Society.

The emphasis of the College this year is in improving trauma care in Sri Lanka, and therefore the academic focus will be on trauma management during the congress. We will be looking at the progress made in the sphere of trauma care and the steps implemented and proposed in patient care, accident prevention, legislation, data collection/trauma registries and rehabilitation. The partnership with the Asian Collaboration in Trauma will enable a truly international meeting with inputs from leaders in the specialty from the region and the world.

As we celebrate our jubilee year, we will look back at the history of surgery in Sri Lanka and also the history of surgery in the countries of our international colleagues. The pre-congress workshops will encompass diverse fields such as oncoplastic breast surgery; breast care for nurses; critical care; laparoscopy in liver disease, for general surgeons, and in gastrointestinal surgery; and solid organ transplant. The meet the expert sessions will feature hepato-pancreato-biliary and cardiothoracic topics. Live surgery sessions will focus on minimally invasive surgery and will be telecast from institutions in Kandy, Sri Lanka and from India and Australia.

The congress will feature over 100 resource persons from Sri Lanka, and countries such as Australia, Afghanistan, Bangladesh, Bhutan, Brazil,

Hong Kong, India, Indonesia, Japan, Korea, Malaysia, Maldives, Myanmar, Nepal, Pakistan, Philippines, Singapore, South Africa, Spain, Sweden, Taiwan, Thailand, United Kingdom, USA and Vietnam. We will be honoured to host some of these giants in their fields, physically in Sri Lanka, and the others would be welcomed virtually as per the health and safety measures taken during this period.

Professor Ajith Malalasekera  
Academic Chair





## THE COLLEGE OF SURGEONS OF SRI LANKA



## THE COLLEGE OF SURGEONS OF SRI LANKA THE HONORARY SECRETARY

The Sri Lanka Surgical Congress 2021 marks the pinnacle of the Golden Jubilee celebrations of the College of Surgeons of Sri Lanka. The intent of this year's event is to reflect on the progress made over the last 50 years, recognizing the dedication and commitment of past surgical giants and to look forward to new horizons in the field of Sri Lankan Surgery.

The college has evolved rapidly in the last two years to adapt to the current circumstances by going digital. Updating the website, the launching of the new college App; the first of its kind developed by a local professional college, integrating the App with the website, and the virtual congress platform with advanced features are among such new developments. These have coincided with the grand opening of the refurbished college premises; the Noel & Nora Bartholomeusz Foundation, and the commencement of the new surgical museum.

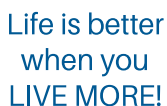
The Sri Lanka Surgical Congress will be a vibrant meeting with a variety of academic activities including plenaries, symposia, orations, debates, meet the expert sessions, pre-congress and post-congress workshops, and free paper and poster sessions covering many surgical specialties with the contribution of more than 150 local and international experts. With the adoption of the new virtual platform, a wider participation of attendees is expected this year from Sri Lanka, the SAARC region and beyond. The launching of the book on The History of Surgery in Sri Lanka compiled by Professor Channa Ratnatunga during the inauguration ceremony and the release of the Golden Jubilee commemorative stamp are some of the special events to mark the 50th anniversary

of the college. The inauguration ceremony of the congress and the college banquet with limited in-person participation adhering to health and safety guidelines will provide an opportunity for much needed social interaction, networking, and fellowship.

The college has faced a number of unprecedented challenges this year which required a herculean effort by the council, committees, the college staff and all its members to get to where we are today. I sincerely hope Sri Lanka Surgical Congress 2021 and the Golden Jubilee celebrations of the college will be a success and on behalf of the President and the Council I wish to extend my gratitude to all those who worked tirelessly to make this event a reality.

Dr Ranga E Wickramarachchi  
Honorary Secretary  
The College of Surgeons of Sri Lanka





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HONORARY SECRETARY RCS.ED 2015

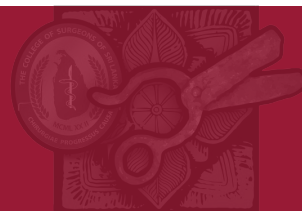


PROFESSOR LIM KEAN GHEE

MBBS , FRCS (EDINBURGH)  
PROFESSOR IN SURGERY,  
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PRESIDENT, COLLEGE OF SURGEONS,  
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# HONORARY FELLOWSHIPS



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CONSULTANT GENERAL SURGEON

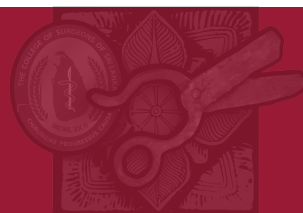


DR KANAPATHYPILLAI YOHESWARAN

MBBS(CEY), FRCS(EDIN), FRCS(ENG)  
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DR AMILA JAYASEKARA (ASST. TREASURER)

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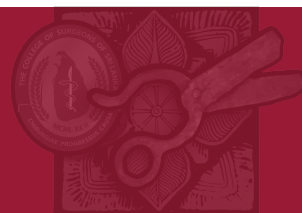
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DR MAHANAMA GUNASEKARA (PAST PRESIDENT), DR REZNI CASSIM (TREASURER)

## ABSENT

DR AMAL PRIYANTHA, DR V SUTHAGARAN, DR S S JAMEELS, DR NISHANTHA JAYASUNDARA



# ORGANIZING COMMITTEE



## CONGRESS CHAIR

PROFESSOR BAWANTHA GAMAGE

---

## ACADEMIC CHAIR

PROFESSOR AJITH MALALASEKERA

---

## COMMITTEE

DR KIRTHI ABAYAJEEWA  
PROFESSOR ANUJA ABEYDEERA  
DR REZNI CASSIM  
DR THATHYA DE SILVA  
DR KANISHKA DE SILVA  
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DR JAYAINDRA FERNANDO  
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DR AMILA JAYASEKARA  
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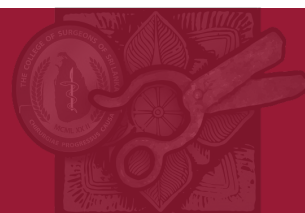
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# CONGRESS SCHEDULE - DAY 01

## THURSDAY – 25TH NOVEMBER 2021



TIME	HALL	ITEM	DETAILS	SPEAKERS	CHAIR
07.00 – 08.00	A	Meet the experts session 01			
	B	Meet the experts session 02			
08.00 – 08.20	A	Plenary 01	Current management of colonic polyps	Professor Punyangani De Silva	Professor Kemal Deen Dr Niroshan Atulugama
08.20 – 08.40	A	Plenary 02	Management of head injury patients in non-neurosurgical units	Dr Nilaksha Kumarasinghe	Dr Deepal Attanayake Dr. Nirukshan Jayaweera
08.40 – 0.900	A	Plenary 03	Impact of clinical practice guideline adherence on mortality from breast cancer in low- resource settings	Professor Cheng-Har Yip	Dr Indraneel Amarasinghe Dr Ajith De Silva
09.00 – 10.00	A	Symposium 01	History of surgery		Professor Arjuna Aluwihare Dr Nilhan Nugaduwa
			History of surgery in Jaffna	Professor S Rajendra	
			History of surgery in Sri Lanka	Dr Buddhika Dassanayake	
			History of surgery	Mr Mike Mckirdy	
			History of surgery in India	Dr Santhosh John Abraham	
			History of surgery in Pakistan	Professor Abdul Majeed	
10.00 – 10.30	A	Plenary 04	Should it really have been called Crohn's disease?	Professor Neil Mortensen	Professor Nandadeva Samarasekera, Professor Thejana Wijeratne
10.30 – 10.45	TEA				
10.45 – 11.55	A	Symposium 02	Limb Trauma		Dr Rukshan Sooriyarachchi Dr Satish Wijemanne
			Managing the vascular compromised lower limb	Dr Joel Arudchelvam	
			Decision making and soft tissue reconstructive options in limb salvage	Dr S Raja Sabapathy	
			Management of bone loss in limb trauma	Dr V Swarnakumar	
			Management of bone loss in limb trauma	Miss Claire Edwards	
	B	Symposium 02A	Surgeon's role in preservation of renal function		Professor Neville D Perera, Dr Suren De Zylva
			Prostatic obstruction when to refer ?	Dr Thaha M Musthafa	
			Obstructive uropathy - small ureteric stone ?	Dr Nishantha Liyanapathirana	
			Minimally invasive surgery for renal stones	Dr Kalana Parana Palliya Guruge	
			Nephron sparing surgery for renal cancer	Dr Balasinhham Balagobi	
11.55 – 12.15	A	Plenary 05	Promoting the wellbeing of the profession	Professor Jackie Taylor	Professor Mohan de Silva, Dr Satish K Goonesinghe
12.15 – 12.35	A	Plenary 06	Pre-therapeutic measurements of iodine avidity in papillary thyroid cancer and the associations with molecular and genetic findings	Professor Catharina Ihre Lundgren	Professor Ranil Fernando, Dr S M M Niyas
12.35 – 13.00	LUNCH/ACT BUSINESS MEETING				





# CONGRESS SCHEDULE - DAY 01

## THURSDAY – 25TH NOVEMBER 2021

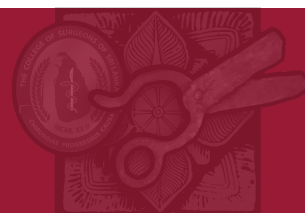


TIME	HALL	ITEM	DETAILS	SPEAKERS	CHAIR
13.00 – 14.00	A	Debate 01	Trainees need not to be trained on open cholecystectomy in future	For: Professor Mohan de Silva Mr Chaminda Sellaheewa Against: Professor Rowan Parks Dr Chinthaka Wijesurendere	Moderators: Professor Bawantha Gamage Dr Chaturanga Keppetiyagama
	B	Symposium 03	Current concepts in orthopaedic trauma management		Dr Narendra Pinto, Dr Jeyakumar Janathanan
			Damage control orthopaedics	Dr Parakrama Dharmarathne	
			Primary fixation of open fractures	Dr Niroshan Jayarathne	
			Management of bone loss	Dr K Umaphathy	
			Current concepts in distal radial fracture management	Dr Hiran Amarasekera	
14.00 – 14.25	A	Plenary 07	Establishment of disease donor programme - lessons learnt from the Spain and international models	Professor Marti Manyalich	Professor A H Sherifdeen Professor Ranjana Seneviratne
14.25 – 15.10	A	Dr Noel Bartholomeusz Memorial oration	A journey towards ensuring quality higher education in Sri Lanka	Professor Mohan de Silva	Professor Srinath Chandrasekera
15.10 – 15.20	TEA				
15.20 – 16.20	A	Symposium 04	The quest for R0 in pancreatic cancer surgery		Professor Aloka Pathirana Professor S Sivaganesh
			Importance of R0 resections and borderline resectable pancreatic cancer	Mr Nikolaos Chatzizacharias	
			Role of imaging in borderline resectable pancreatic cancer	Dr Nilesh Fernadapulle Dr Eranga Ganewatta	
			Neoadjuvant therapy for borderline resectable pancreatic cancer (BRPC)	Professor Paula Ghaneh	
			Decision making & techniques in portal vein resection during pancreaticoduodenectomies	Dr Sadiq S Sikora	
			SMA first approach – techniques & tips	Prof Shailesh Shrikhande	
			Radical antegrade modular pancreateo-splenectomy (RAMPS)	Mr Ravi Marudanayagam	
	B	Symposium 05	Vascular surgery		
			Case based discussions on acute limb ischaemia	Dr Zahid Raza Dr Aruna Weerasooriya Dr Amanthana Marasinghe Dr Prasath Subramaniam	Professor Mandika Wijeratne Dr Gayan Ekanayake



# CONGRESS SCHEDULE - DAY 02

## FRIDAY – 26TH NOVEMBER 2021

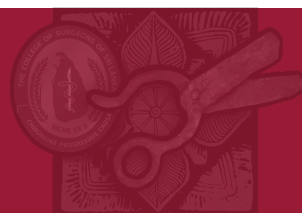


TIME	HALL	ITEM	DETAILS	SPEAKERS	CHAIR
07.00 – 08.00	A	Meet the experts session 03			
	B	Meet the experts session 04			
08.00 – 09.00	A	Bartholomeusz Prize - best oral paper session			
09.00 – 09.20	A	Plenary 08	The impact of the COVID-19 pandemic on colorectal cancer diagnosis and treatment in the UK	Ms Clare McNaught	Professor Ishan De Soyza Dr Mahinda Mallawathanthri
09.20 – 09.40	A	Plenary 09	Non-technical surgical skills in the life of a great surgeon	Professor Lim Kean Ghee	Dr Jayindra Fernando Dr Chandima Sooriyarachchi
09.40 – 10.40	A	Symposium 06	SAARC symposium - Challenges of surgical practice during the changing scenarios of COVID-19 pandemic	Professor Moudud Hossain Alamgir Dr Tashi Tenzin Professor Muhammad Farooq Afzal Dr Arunajith Peiris Dr Mohamed Solih Dr Ahmad Jawid Barackzai Dr G Siddesh	Professor M D Lamawansa Dr Lalith Perera
	B	Symposium 07	Cutting edge in therapeutic endoscopy		Dr T G Amal Priyantha Dr Amila Jayasekera
			Endoscopic interventions in chronic pancreatitis	Dr Nageshwar Reddy	
			POEM; has it replaced laparoscopic cardiomyotomy	Dr Nilesh Fernandopulle	
			Endobariatrics ; the new revolution in obesity management	Dr Amit Maydeo	
10.40 – 11.00	A	Plenary 10	Cluster system of hospitals	Dr Nissanka Jayawardhana	Dr Mahanama Gunasekera Dr Malik Samarasinghe
11.00 – 11.15	TEA				
11.15 – 11.35	A	Plenary 11	COVID-19 guidelines of the CSSL and its impact on surgical services	Dr Duminda Ariyaratne	Dr Rohan Sirisena, Dr Samira Jayasinghe
11.35 – 12.35	A	Symposium 08	Breast Surgery		Dr Nissanka Jayawardhana Dr Randima Nanayakkara
			Dedicated breast clinic, a new responsibility for the general surgeon in Sri Lanka	Dr Ajith de Silva	
			Tips and tricks of imaging of the breast - An essential commodity for the breast surgeon	Dr Pandula Hettiarachchi	
			Breast cancer services in Scotland during the COVID-19 pandemic	Mr Mike McKirdy	



# CONGRESS SCHEDULE - DAY 02

## FRIDAY – 26TH NOVEMBER 2021

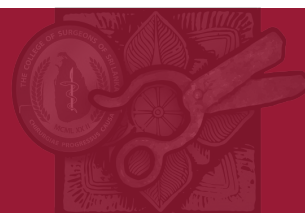


TIME	HALL	ITEM	DETAILS	SPEAKERS	CHAIR
12.35 – 13.30	A	Symposium 09	Endocrine Surgery		Dr Anura Banagala Professor Sanjeeewa Senevirathne
			Paediatric thyroid nodules	Mr Stephen Farrell	
			Post- operative management & decision making in thyroid cancer	Professor Amit Agarwal	
			Embryological remnants of thyroid and their relevance in thyroidectomy	Professor Ranil Fernando	
13.30 – 14.00	LUNCH / GENERAL SURGEONS' MEETING				
14.00 – 14.30	A	Debate 02	Organ preservation following complete clinical response after neoadjuvant treatment in rectal cancer	For : Dr Niroshan Atulugama Against : Dr Nuradh Joseph Commentary by : Dr Guilherme Sao Juliao	Dr Mahanada Udukala Dr Kesara Ratnatunga
14.30 – 14.50	A	Plenary 12	Management of peritoneal carcinomatosis	Professor Sarah T O'Dwyer	Dr Rasitha Manathunga Dr Arunajith Peiris
14.50 – 15.35	A	SAARC oration	Renal stone analysis and metabolic evaluation in patients with nephrolithiasis - Do they add to epidemiological data or aid to tailor preventive medical therapy	Professor S Rajendra	Professor Srinath Chandrasekera
15.35 – 15.45	TEA				
15.45 – 16.45	A	Symposium 10	Controversies and new concepts in rectal cancer management		Dr Wasantha Wijenayake Dr Dammika Dissanayake
			Place of HIPEC in colorectal cancer management	Mr Chelliah Selvasekar	
			Trans anal TME( TA TME) in low rectal cancer	Mr Janindra Warusavitarne	
			Targeted therapy in colorectal cancer	Professor April Roslani	
			Total neoadjuvant therapy (TNT) in rectal cancer	Dr Rodrigo Perez	
	B	Symposium 11	Trauma symposium 1 - Management of multiple trauma - multidisciplinary teams		Dr Ranjith Ellawala Dr W Y Abeywickrama
			Control of bleeding in difficult anatomical situations	Professor Kenneth Boffard	
			Major Pancreatico – duodenal injury- what is new?	Professor Elmin Steyn	
			Transfusion & trauma coagulopathy ; an update	Professor Karim Brohi	
			Place of REBOA in trauma	Professor Tal M Horer	
			Tracheo bronchial injuries	Dr Andre Loubser	



# CONGRESS SCHEDULE - DAY 03

## SATURDAY – 27TH NOVEMBER 2021

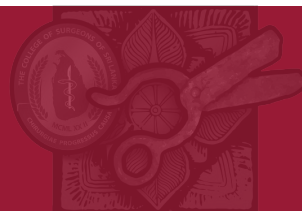


TIME	HALL	ITEM	DETAILS	SPEAKERS	CHAIR
07.00 – 08.00	A	Meet the experts session 05			
	B	Meet the experts session 06			
08.00 – 08.30	A	Plenary 13	Embarking on laparoscopic whipple procedure – first hand experience	Professor C Palanivelu	Professor Mohan de Silva Dr Ananda Lamaheewage
08.30 – 08.45	A	Plenary 14A	Preoperative workup of hilar cholangiocarcinoma	Mr Hassan Malik	Professor Rohan Siriwardena Dr S S Jameels
08.45 – 09.00	A	Plenary 14B	Pancreatic necrosectomy when and how?	Mr Asif Jah	Dr Arinda Dharmapala Dr Jeeva Gunasena
09.00 – 10.15	A	Symposium 12	Trauma symposium 2 - Current status and future of trauma management in Sri Lanka		Professor Srinath Chandrasekera Dr Mihira Bandara
			Opening remarks	Professor Srinath Chandrasekera	
			Trauma training	Dr Ranjith Ellawala Dr Kirthi Abayajeewa	
			Trauma registry systems	Dr Mahanama Gunasekara	
			Legislation and prevention	SSP Traffic Police Indika Priyantha Hapugoda	
			Accident monitoring app	Mr Keerthi Kodituwakku	
			Rehabilitation following trauma	Dr Narendra Pinto	
10.15 – 11.00	A	Professor Milroy Aserappa Paul Memorial Oration	In the eye of the storm of a pandemic: surgical emergencies in the COVID-19 infected	Dr Duminda Ariyaratne	Professor Srinath Chandrasekera
11.00 – 11.15	RELEASING OF GOLDEN JUBILEE COMMEMORATIVE STAMP				
11.15 – 11.30	TEA				
11.30 – 12.30	A	Symposium 13	Laparoscopy for the general surgeon		Dr K L Fernando, Dr Sumudu Kumarage
			Management of chronic post herniorraphy pain: does laparoscopic approach help	Dr Udaya Samarajeewa	
			Thoraco- laparoscopic oesophagectomy: A non-tertiary care set up experience	Dr Rajendra Obayasekara	
			Recent advances in laparoscopic complicated ventral hernia repair	Mr Himaz Marzook	
	B	Symposium 14	Facial Trauma - towards an optimal aesthetic outcome		Dr Romesh Gunasekera, Dr Kavinda Rajapakse
			The skin envelope - management of the soft tissues	Dr Yasas Abeywickrama	
			The foundation - building the facial skeleton	Dr Arunajith Amarasinghe	
			The frills - reconstruction of the special areas	Dr Gayan Ekanayake	



# CONGRESS SCHEDULE - DAY 03

## SATURDAY – 27TH NOVEMBER 2021



TIME	HALL	ITEM	DETAILS	SPEAKERS	CHAIR
12.30 – 13.00	A	Plenary 15	Communication with patients and family and the general public during the COVID-19 pandemic	Professor Mike Griffin	Dr Ranjan Dias, Dr R Gnanasekeram
13.00 – 13.30	LUNCH				
13.30 – 14.30	A	Symposium 15	Surgical management of oesophageal carcinoma		Dr Kanishka De Silva, Dr Jayamal Ariyaratne
			The best know when not to operate, patient selection and pre operative preparations for oesophagectomy	Dr Randima Nanayakkara	
			Management of early oesophageal cancers	Professor Mike Griffin	
			Place for neoadjuvant therapy in operable oesophageal cancers	Dr Umagowry Sarawanamuttu	
			Minimal access oesophagectomy in Sri Lankan setting	Dr Rasitha Manatunga	
	B	Symposium 16	Trauma symposium 3		Dr Kirthi Abayajeewa Dr Mahendra Munasinghe
			Recent developments in Paediatric trauma	Professor Robin Paton	
			Why paediatric fractures are unique?	Dr Sunil Wijayasinghe	
			Chest trauma	Mr P B Rajesh	
			Outcome of early neurosurgical intervention after spinal cord injury	Dr Saman Pushpakumara	
14.30 – 14.55	A	Plenary 16	How I became a Laparoscopic Surgeon	Mr. Donald Menzies	Professor Bawantha Gamage Dr Udaya Samarajeewa
14.55 – 16.00	A	Symposium 17	Solid organ Transplantation		Dr Rezni Cassim Dr Nalaka Gunawansa
			Need for SPK transplantation than kidney only transplantation for patients with end stage diabetic nephropathy	Professor Joana Ferrer-Fàbrega	
			Kidney transplantation from marginal donors - how extreme can we go	Dr Pedro Ventura Aguiar	
			What should be the financial model of a liver transplant service in Sri Lanka	Professor Rohan Siriwardana	
			The progress and future of cadaveric liver transplant programme in Sri Lanka	Dr Ruwan Dissanayake	
16.00 – 16.15	CLOSING CEREMONY				



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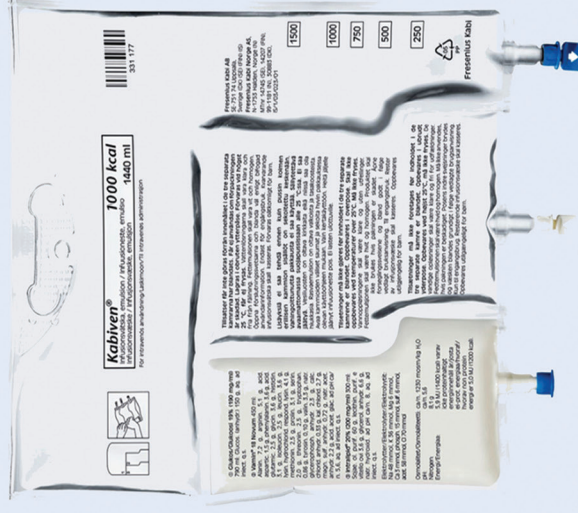
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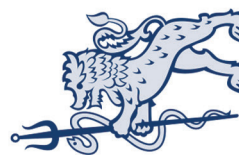
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Please refer to the full prescribing information for further details.

#### Abbreviated prescribing information



CA-RTI: Community-Acquired Respiratory Tract Infection.  
Full prescribing information is available upon request

1. European Medicines Agency, Augmentin - Article 30 - Annex II, [Internet] November 2013 [cited November 13, 2020]; Available from [https://www.ema.europa.eu/en/documents/referral/augmentin-article-30-annex-ii\\_en.pdf](https://www.ema.europa.eu/en/documents/referral/augmentin-article-30-annex-ii_en.pdf). 2. Nwokike J, et al. *Bull World Health Organ* 2018;96:135-137. 3. Pisani E, Antimicrobial resistance: What does medicine quality have to do with it? Review on Antimicrobial Resistance, [Internet] November 2015 [cited 23 July, 2020]; Available from: <https://amr-review.org/sites/default/files/ElizabethPisaniMedicinesQualitypaper.pdf>. 4. Tabernero P, et al. *J Antimicrob Chemother* 2019;74(8):2417-2425. 5. Antimicrobial Resistance Benchmark 2020, [Internet] January 2020 [cited 24 July, 2020]; Available from: [https://accessmedicinefoundation.org/media/uploads/downloads/5eeb623a17328\\_Antimicrobial\\_Resistance\\_Benchmark\\_2020.pdf](https://accessmedicinefoundation.org/media/uploads/downloads/5eeb623a17328_Antimicrobial_Resistance_Benchmark_2020.pdf). 6. Antimicrobial Resistance Benchmark 2018, [Internet] January 2018 [cited 24 July 2020]; Available from: [https://accessmedicinefoundation.org/media/uploads/downloads/5c48f0f1cbeffe\\_Antimicrobial\\_Resistance\\_Benchmark-2018.pdf](https://accessmedicinefoundation.org/media/uploads/downloads/5c48f0f1cbeffe_Antimicrobial_Resistance_Benchmark-2018.pdf). 7. GSK, Data on File, September 2018. 8. GSK, Data on File; 28 January 2019. 9. GSK Policy Decisions, The Counterfeiting of Healthcare Products, [Internet] February 2014 [cited 27 July 2020]; Available from: <https://www.gsk.com/media/2932/counterfeiting-of-healthcare-products-policy.pdf>. 10. Khan MH, et al. *BMC Pharmacol Toxicol* 2013;14:33. 11. GSK, Data on File; 11 November 2020. 12. Annetta JR, et al. *Am J Otolaryngol* 2007;28(2):78-82. 13. Riffer E, et al. *Curr Med Res Opin* 2005;21(1):61-70. 14. Asensi F, et al. *Rev Esp Quimioter* 1996;10(3):211-214. 15. Lin TY, et al. *Chang Gung Med J* 2007;30(4):321-332. 16. Wilson R, et al. *Eur Respir J* 2012;40(1):17-27. 17. Dagan R, et al. *Lancet Infect Dis* 2002;2(10):593-604. 18. White AR, et al. *J Antimicrob Chemother* 2004;53(Suppl 1):13-20. 19. Augmentin TID Tablets and Suspension Prescribing Information Version number: GDS26/IP16, Date of issue: 13 June 2019. 20. Augmentin Paed Suspension 228 mg Prescribing Information Version number: GDS21/IP11, Date of issue: 18 January 2013. 21. Augmentin BD Tablets Prescribing Information Version number: GDS26/IP13, Date of issue: 13 June 2019.

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## AWARDS & MEDALS



### PROFESSOR M.V.P. PEIRIS AWARD

Prof M V P Peiris is one of Sri Lanka's eminent surgeons. A product of St. Joseph's College, Panadura and later St. Joseph's College, Colombo he had a brilliant career both in school and at medical college. He entered Ceylon Medical College having first passed the intermediate examination in science of the London University obtaining Gold Medals in biology and chemistry. He passed out in 1925 with gold medals in Anatomy, Physiology, Tropical Medicine, Medicine, Surgery and Operative Surgery in addition to being awarded the gold medals for best performance in first, second and final professional examinations.

He then proceeded to England and specialized in surgery obtaining MBBS Lon. and FRCS Eng. in 1929. He was appointed as a Consultant Surgeon of General Hospital Colombo. In 1952 he accepted the Chair of Surgery at University of Ceylon and continued his teaching commitments with busy hospital schedule and an extensive private practice. In 1960 he entered politics and was appointed to the senate and briefly held portfolio for Health and later for Commerce and Trade. He finally ended his public service career as the Sri Lankan High Commissioner in UK.

**M. V. P. PEIRIS award for the best performer in surgery at the Final MBBS examination year of intake 2013/2014 is awarded to**  
**Dr. G. VAIKUNTHAN**



### PROFESSOR P.S.S. PANDITHARATNE MEDAL

Prof Panditharatne entered the Faculty of Medicine in 1953 from where he qualified with MBBS (Honours) in 1959. After his internship in Surgery and Paediatrics he joined the department of Anatomy as a Demonstrator in 1960. He soon found his niche as an anatomist par-excellence. In 1962, he sat the primary FRCS examination not with the intention of being a surgeon but of widening his knowledge in the basic sciences and passed the examination at the first attempt. He continued in Anatomy as a Lecturer and proceeded to UK to specialize and do research in Anatomy at Manchester University. There, on his original work on the autonomic pathways in the Facial Nerve, he was awarded his Doctorate, PhD in anatomy from the Manchester University.

He then did further work on the autonomic ganglia and fibres of the gastrointestinal system before returning to Sri Lanka in 1968. On his return he was appointed Senior Lecturer in Anatomy and in 1976, he was the automatic choice for Chair of Anatomy of Faculty of Medicine, Colombo. His other academic interests include the clinical orientation course in gross anatomy and revision of the Neuroanatomy course in order to stimulate greater interest among students. He has held several posts in the University hierarchy including Chairmanship of the Curricular and Evaluation Committee of Faculty of Medicine and Acting Dean of Faculty of Medicine. He was an acting Registrar of the Sri Lanka Medical Council.

**P. S. S. PANDITHARATNE medal for Anatomy in M D Surgery (Part 1) examination –**  
**January/February 2020 is awarded to**  
**Dr. D.M.D.T. DISANAYAKA**  
**& July/September 2020 is awarded to**  
**Dr. H.S.U. RATNAYAKE**



## AWARDS & MEDALS



### DR. M.H.DE ZOYSA AWARD

Dr M H De Zoysa was born to a family of five at Madampe, Ambalangoda on November 11, 1930 and had his primary education at Dharmashoka College, Ambalangoda, and his secondary education at Ananda College, Colombo. After graduation from the Faculty of Medicine of the University of Colombo in 1957 with Honours, He proceeded to the UK for post-graduate studies and obtained the Fellowship of The Royal College of Surgeons of Edinburgh in 1967.

There was a shortage of surgeons in Sri Lanka then and the hospitals had minimal facilities. Unlike many doctors who left at that period for post-graduate studies he returned to Sri Lanka to serve his motherland. He worked in the General Hospitals of Galle, Ratnapura, Colombo South and the National Hospital of Sri Lanka as a Consultant Surgeon, rendering yeoman service to the citizens of our country.

In the National Hospital, in addition to his surgical work, he contributed immensely to the training of both undergraduates and postgraduates. Even when the Colombo Medical School was closed there were a number of medical students who joined his ward rounds and clinics voluntarily. After a distinguished career of 33 years, he retired from the Ministry of Health on November 11, 1990. This opened another chapter in his life.

This was the time when Eelam war 2 had commenced after the failed peace talks with the Government of Sri Lanka. There were

a large number of military casualties and the forces faced an acute shortage of medical personnel. Realizing the gravity of the situation and the national need of the hour Dr De Zoysa took the courageous decision of serving in the Army. When

after retirement, most professionals want to relax, go slow and enjoy life, he took the brave decision of treating the wounded servicemen.

He saved the lives of many brave soldiers at the Palaly Military Hospital during major military operations, particularly during 'Balawegaya 1', 'Balawegaya 2', 'Akunupahara' and 'Leap forward'. He had a great love and compassion towards these injured servicemen and all the risks to his life were secondary to this. The College of Surgeons of Sri Lanka, recognising his services to the nation and the profession, honoured its senior life member Dr De Zoysa, by awarding him an honorary fellowship.

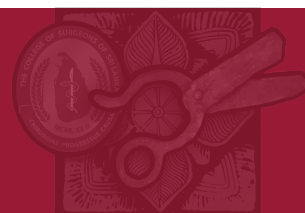
**DR. M. H. DE ZOYSA award for the best performer in the theory component of the MD Surgery (Part 2) examination - September 2020 is awarded to Dr. NIPUN WICKRAMASEKARA and February 2021 is awarded to Dr H G P K WIJERATHNE**



### DR. P. R. ANTHONIS RESEARCH AWARD

Dr Anthonis had an excellent career both in school and as an undergraduate. At Medical School he passed every examination in the first class and carried almost all the prizes that were then awarded; The Loos Gold Medal for Pathology, Mathew Gold Medal for Forensic Medicine, Rockwood Gold Medal for Surgery and Government Diploma Medal.

## AWARDS & MEDALS



Then in 1947 he became the first person to return to this country after the 2nd World War, after having cleared the Primary and Final Fellowships Examinations of the Royal College of Surgeons of England at the very first attempts. He served as Consultant Surgeon and then as a Senior Surgeon, General Hospital Colombo, for quarter of a century and it was during this time that his name and fame reached every home in this country. He was President of the Association of Medical Specialists for 9 years since its inception and obtained many benefits for the government medical fraternity. In 1981 he was appointed the Chairman of the Ceylon Medical Council.

In 1981 His Imperial Highness, the Emperor of Japan, conferred on him the highest honour bestowed on a non-Japanese 'The Sacred Treasure of Japan'. He was appointed the Post of Chancellor of University of Colombo in the same year. He is the founder President of the College of Surgeons of Sri Lanka. In 1987 the coveted honour of Deshamanya was conferred upon him by his Excellency Mr J R Jayawardene.

**P. R. ANTHONIS RESEARCH AWARD for the two best publications in peer reviewed journals authored by Sri Lankan surgical trainees in the previous calendar year is awarded to**

**DR. B. M. O. D. BASNAYAKE and  
DR. UMESH JAYARAJAH**



### DR. S.J. STEPHEN GOLD MEDAL

Dr. Samuel Jeyarajah Stephen had his primary and secondary education at Central College, Jaffna and obtained his

final MBBS from the University of Colombo in 1955. He pursued General Surgery and later trained in Cardiovascular surgery in UK, Germany, India and USA and obtained FRCS and MS.

In 1964, he was appointed the Consultant Thoracic Surgeon, GH Jaffna and later on, in GH Rathnapura. It was here, in 1969 with the assistance of Dr. Neil Hamel, he assembled a heart lung machine. He then went on to close ASD's on pump which was the first proper open-heart surgery performed out of Colombo.

He served as the Chief Consultant Cardiothoracic surgeon, General Hospital, Colombo from 1976 to 1994. Following retirement, he served as in the Sri Jayewardenepura General Hospital. He was a trainer and examiner in surgery for the Postgraduate Institute of Medicine and the Chairman, Board of Study in Surgery for many years. He was the President of the College of Surgeons of Sri Lanka from 1988 to 1989. He was the President of SLMA, Sri Lanka Heart Association and Association of Cardiology – SAARC countries along his career.

He was awarded the prestigious title of Hunterian Professor by the Royal College of Surgeons of England in 1988 for the lecture on "Changing patterns of mitral stenosis in childhood and pregnancy". He had published numerous papers in local and international journals on many aspects of cardiac and thoracic surgery. He was honored with the National Honour "Deshabandu" for meritorious service to the nation by the President of Sri Lanka in 1987.

**S. J. STEPHEN GOLD MEDAL for the best published article in Sri Lanka Journal of Surgery 2020 is awarded to**

**Dr.M.R.N. CASSIM - Percutaneous transluminal lower limb angioplasty [PTA] for chronic limb threatening ischaemia [CLTI] in a low resource setting - 4 year experience**







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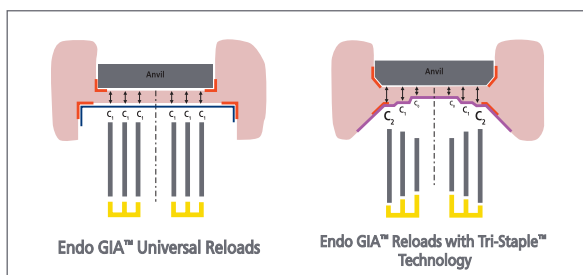
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# ORATIONS

## DR NOEL BARTHOLOMEUSZ

### MEMORIAL ORATION



DR NOEL  
BARTHOLOMEUSZ

Born on the 25th of December, 1910 during the last stages of British rule, Dr Noel Bartholomeusz hailed from an influential Burgher community, descendants of Dutch, the former rulers of Ceylon before British. He was the son of Mr. Hugh Hamilton Bartholomeusz and Mrs. Alice Maud Janz. His father was an advocate of the supreme court. He was educated at Royal college, Colombo.

Dr Noel Bartholomeusz obtained LMS (Ceylon) in 1935 from Colombo Medical College, topping the batch. Two eminent surgeons, Dr R L Spittel and Dr L D C Austin were in the same batch.

He married his theatre nurse Nora Beven in 1936. After qualifying, he served at Nuwara-Eliya, Badulla and Avissawella District Hospitals.

Soon after the World War II, he went to UK on a government scholarship for postgraduate training. Within two years, he passed final FRCS and returned to the Island in 1949. On return he was appointed a surgeon at the General Hospital, Colombo.

He was considered as a perfectionist in the real sense of the word and was a meticulous surgeon, greatly respected by all for his expertise, dedication, and commitment to patient care. He taught his trainees and colleagues by example and not by teaching. His colleagues and trainees have described him as a very nice man, very easy to get on with, with a very high standard of ethics.

He was very particular about his appearance. A handsome young man always wearing only white satin drill suits and

white buckskin shoes and white socks, and a coloured tie matching his white shirt with an orchid in his left buttonhole, he was an unmistakable figure in the hospital that had only few surgeons then.

When he visits every morning sharp at 7 am for the ward round, he had a different colour orchid flower in his buttonhole which his wife places there each morning and, at the end of the ward round in the female ward, he used to present this orchid to a patient.

He worked round the clock both at the hospital and in the private practice. He retired prematurely in 1969. Unfortunately, his life was shortened by his failing kidneys and was on a dialysis machine at home every night under the moral support of his wife Nora who nursed him with loving care throughout this difficult period. This did not deter him from his lifelong wish to serve his patients till the end, working up to 3 days prior to his peaceful death on the 27th of November, 1977.

Dr Bartholomeusz had a very happy personal life. Noel and Nora were an affectionate couple for over 40 years in their lovely home. They were an extremely generous couple. His long-standing friend and his anesthetist Dr B S Perera had said that he was not at all surprised when he was informed that the magnificent property they lived has been gifted to the College of Surgeons of Sri Lanka.

We owe them a debt of gratitude for their foresight and generosity. They will be remembered for generations to come. May their souls rest in peace.



# ORATIONS



## DR NOEL BARTHOLOMEUSZ ORATION - ORATOR

**PROFESSOR MOHAN DE SILVA**  
MS (Colombo), FRCS (Edin), FCSSL  
Consultant General Surgeon  
Former Dean, Faculty of Medical Sciences  
University of Sri Jayewardenepura

Former Chairman  
University Grants Commission, Sri Lanka

Emeritus Professor Mohan de Silva is the former Professor of Surgery and Chair and the former Dean of the Faculty of Medical Sciences, University of Sri Jayewardenepura. A former President of The College of Surgeons of Sri Lanka and the former Chairman of the University Grants Commission, Sri Lanka, he was also a former Honorary Consultant General Surgeon, Mid Cheshire Hospitals NHS Foundation Trust, United Kingdom.

A respected Pancreato-Biliary surgeon who introduced therapeutic ERCP services and training to Sri Lanka, Professor de Silva was a WHO expert advisor on patient safety in member states, SEARO, New Delhi and a Fellow of the Asia Pacific Society of Digestive Endoscopy. A respected medical author, teacher, national and international examiner, he was a single author of a surgical textbook published in United Kingdom titled 'Clinical Surgery Made Easy - A Companion to Problem Based Learning' tfm publishing limited, Shrewsbury, United Kingdom. He is also a chapter contributor to Bailey and Love's Short Practice of Surgery.

Professor de Silva was a former member of National Education Commission, National Science Founda-

tion, National Human Resource Development Council, the representative to USA - Sri Lanka Full Bright Commission and a member of the Governing Council of the South Asian University - New Delhi.

He has delivered 5 orations and has 84 research publications including a Presidential Award for research.

Professor de Silva has made an impactful contribution to the progress of General Surgery in Sri Lanka by playing a pivotal role in introducing a structured postgraduate surgical training programme to produce General Surgeons with special Interests.

As the former Chairman of the University Grants Commission Sri Lanka (2015–2020), he made a significant contribution to establish a quality, process-driven State Higher Education system and led the strengthening and regularization of the quality assurance processes in the state universities by establishing a Quality Assurance Directorate in the University Grants Commission. Professor de Silva was a former captain of cricket, University of Colombo in the first division and was the best all round cricketer of the year 1978 at the University of Colombo.

## ABSTRACT

### A JOURNEY TOWARDS ENSURING QUALITY HIGHER EDUCATION IN SRI LANKA

Modern medical care has now become a form of customer care. Customer perceptions are central to the quality of care and society has developed high expectations of outcomes. The assurance of quality is essential for good care outcomes.

This principle applies to all forms of higher education and training. Quality Higher Education is a magnet for socio-economic development of any nation.

This inaugural Oration will encompass

benefits of the Free Education Policy, issues which hindered the progress of quality higher education and a critical review of the journey towards ensuring quality Higher Education in Sri Lanka.

The historical decision in 1946 of the provision of free education, providing equal opportunities for all to receive formal education brought great benefits such as high literacy rates and other Human Development Indices (HDI) to elevate Sri Lanka to high human development category in the global ranking and to become the highest ranked country in South Asia in 2019. However, the full potential of its

benefits could not be realized and equity of higher education was enhanced at the expense of quality due to number of issues. Therefore, the progress of Sri Lankan higher education lagged behind when compared with regional countries.

In this context some issues that hindered the progress and quality of Higher Education, measures taken to ensure quality and standards in all higher education institutions and programmes, and major challenges Sri Lanka continue to face during this will be deliberated.





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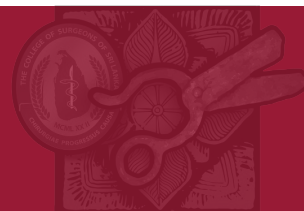
 **Etoshine**  
(Etoricoxib - Sun)

cefuroxime axetil  
**Ceroxim**





# ORATIONS SAARC ORATION



## SAARC ORATION – ORATOR

### PROFESSOR SITTAMPALAM RAJENDRA

MBBS (Jaffna), MS (Col), MRCS (Eng),  
Diploma in Laparoscopic Surgery (France),  
FMAS (India), FCSSL

Professor in Surgery, Department of Surgery  
Faculty of Medicine, University of Jaffna

Professor Rajendra was born in Kokuvil, Jaffna. He had his primary education in Jaffna Hindu primary school and secondary education in Jaffna Hindu College and in St. Patrick's College, Jaffna. He had his undergraduate education in the Faculty of Medicine, University of Jaffna. He was successful at the final MBBS examination with a 2nd class upper division, obtaining Distinction in Obstetrics & Gynaecology. He received

Dr William Paul award for the best performance in Medicine and Nandhi Gold Medal for overall best performance at all examinations at the University level.

He successfully completed the Master of Surgery (MS) and Diploma of Member of the Royal College of Surgeons of England (MRCS). He had the overseas training in Australia. He was board certified as Consultant in General Surgery in 2007. He joined the University of Jaffna as Senior Lecturer in Surgery in 2012. He successfully completed the Diploma in Laparoscopic Surgery, University of Strasbourg, France in 2015. He received the Fellowship by the CSSL in 2016 and the Fellowship in Minimal Access Surgeons of India in 2017.

He was a member of the Board of study in Surgery PGIM, Colombo. He has been a trainer and examiner for Postgraduate Surgery by PGIM. He was appointed as the postgraduate surgical tutor for Teaching Hospital, Jaffna. He was the President of the Northern Chapter of The College of Surgeons of Sri Lanka (CSSL) and was a council member of CSSL from 2016 to 2018.

He held several academic and administrative posts at the Faculty of Medicine, University of Jaffna. He is the course director, University of Jaffna International Centre of The Royal College of Surgeons of England basic surgical skill training and core skills in Laparoscopic Surgical training.

He has made several presentations at national and international conferences. He won the JMA prize for best research paper in oral presentation at the Jaffna Medical Association Annual Scientific Sessions in 2012 & 2017. He has made several publications in peer reviewed journals. He was selected for the S. J. Stephen gold medal for the best published article in Sri Lanka Journal of Surgery, 2020. He is the author of the book 'History of Surgery in Jaffna'. He has also authored several books for undergraduate and postgraduate students. He delivered the first memorial lecture for Dr Ganesaratnam by the Northern Chapter of The College of Surgeons of Sri Lanka in 2019. He made the Professor C Sivagnanasundaram Memorial oration, Jaffna Medical Association, 2019.

## ABSTRACT

### 'RENAL STONE ANALYSIS AND METABOLIC EVALUATION IN PATIENTS WITH NEPHROLITHIASIS' - DO THEY ADD TO EPIDEMIOLOGICAL DATA OR AID TO TAILOR PREVENTIVE MEDICAL THERAPY?

Renal stone disease has multifactorial aetiology and has a tendency for recurrences. Renal stone composition and type differs between countries and within regions of a country. The stone composition also seems to change over time. Thus, a standard preventive therapy is not possible to all circumstances and in all places.

Analysis of chemical composition of renal stone and identifying the type of stone throw light on patho-anatomical factors and the kinetics of nephrolithiasis in the kidney at the site of stone formation. This helps to plan tailored approach to medical management to prevent stone recurrence. This oration will touch on the prevalence of different types of renal stone worldwide and the evidence of

types of renal stones formed by Sri Lankan patients by regions. Analysis of chemical composition of renal stones in Jaffna by Fourier Transform Infrared Spectroscopy by the orator is highlighted to demonstrate the renal stone prevalence in Jaffna and comparison made with the loco-regional countries to explain the value of stone analysis in renal stone management.

Nephrolithiasis is bio- mineralization process is governed by pathoanatomical and physicochemical factors. Physicochemical factors will include the metabolic factors that affect the renal physiology and have urinary tract manifestations. Among them, some are promoters and some are inhibitors for crystallization process and nephrolithiasis. A metabolic evaluation of the renal stone former can bring to light the predisposing risk factors, and will help to design the preventive medical therapy. The oration describes metabolic risk factors and their mechanism of formation

of renal stones. Metabolic evaluation of patients with recurrent, multiple & bilateral renal stones in Jaffna by the orator is highlighted and the metabolic abnormalities, identified in this study, have been compared with the abnormal metabolic values found out in similar studies in different countries.

A successful preventive medical therapy is decided on the basis of specific metabolic abnormalities identified by stone type and metabolic evaluation. Is this statement true? What is the evidence? The oration attempts to answer these questions.

The oration also argues the need for a collective understanding and development of guidelines for the management of renal stone disease which should include renal stone chemical analysis and metabolic evaluation for both individual patient management and for epidemiological evidence



# ORATIONS

## PROFESSOR MILROY ASERAPPA PAUL

### MEMORIAL ORATION



PROFESSOR MILROY PAUL

Professor Milroy Aserappa Paul was the epitome of a university don. His overtly reserved demeanour would transform into a confident extrovert endowed with a piercing and inquiring mind while teaching in the operating theatre, which was his arena. Wit, repartee and knowledge was his forte. His unique sense of humour was benign, pure and appealing. Many a student would relish being at the receiving end of his wit and would cherish the memory for a lifetime, recounting them at every possible opportunity. The teaching room was his other theatre where he inculcated surgical concepts with enthusiasm and vigour. He inspired generations of students and surgical trainees to challenge conventional thinking.

To quote from the biographical entry Plarr's Lives of the Fellows Online of the Royal College of Surgeons (2nd July 2015), "Milroy Paul, although having the advantage of distinguished medical forbears on both sides of his family, was a man who, by sheer hard work and brilliance, achieved great distinction in his own country and became widely known outside Sri Lanka". He was appointed as a Hunterian Professor on three occasions in 1950, 1953 and 1955. His publications covered various congenital abnormalities, pancreatic cysts, amoebic abscess of the liver and tropical elephantiasis. He was a founder member of the Ceylon Association for the Advancement of Science in 1944, and its President in 1954. He was also a founder member and first President of the Association of Surgeons of Ceylon 1963-64 and the Registrar of the Sri Lanka Medical Council from 1942-82. Paul was a keen tennis player and swimmer.

Professor Paul did what only truly great teachers would do - documented, drew, published original work, inspired and motivated students and juniors. He was admitted to the

James IV Association of Surgeons in 1963, a privilege only for 25 of the best surgeons from across the world and was awarded the OBE in 1972 in recognition of his services as a surgeon and an academic.

Professor Paul never sought publicity, public adoration and acclaim.

However, the professional fraternity ensured that his contributions would never be unheralded. Sri Lanka was blessed to have had Milroy Paul, as were the countless students and trainees whose lives he touched over decades.



PROFESSOR MILROY PAUL  
ORATION - ORATOR

DR. DUMINDA ARIYARATNE

MBBS(Colombo), MS (SL) MRCS (ENG), FCSL  
Consultant General Surgeon  
National Hospital Colombo



# ORATIONS



Dr Duminda Ariyaratne is a Consultant General Surgeon at the National Hospital of Sri Lanka.

He was educated at the Royal college, Colombo and obtained MBBS from the Faculty of Medicine, Colombo in 1995 with second class honours. Having completed his internship in the National Hospital, Sri Lanka he entered the post graduate surgical training in 1999. He did his overseas training at Queen Elizabeth hospital, Kings Lynn and Peterborough District General Hospital in UK and returned to Sri Lanka in 2007. He was appointed as a consultant surgeon at the General Hospital Trincomalee, a challenging front line hospital for war casualties then. He was actively involved in treating war casualties, serving in a challenging front line station and provided a yeomen service to the injured, an experience that initiated his passion for trauma surgery. Following the end of the conflict, he continued his interest in Trauma surgery as a consultant surgeon at the accident service

of NHSL from 2009 to 2013. As a passionate general surgeon, he also served in peripheral stations, Base hospital Balapitiya and Base hospital Horana for five years before he was transferred to as the consultant general surgeon at the Colombo East Base Hospital in 2017 prior to the appointment of his present post as a Consultant General Surgeon at NHSL.

Dr Ariyaratne was actively involved in popularizing the field of General surgery in Sri Lanka for which he was recognized by being appointed to the prestigious post of the President of the Association of General surgeons of Sri Lanka. During the unprecedented Covid pandemic that engulfed the nation, Dr Duminda Ariyaratne was one of the few surgeons who led from the front at a time where there were more questions than answers on the behavior of this unknown virus. He accepted leadership to head the main centre for the management of surgical COVID 19

infected patients and made a massive contribution to patient services in the Island. The manuscript encompassing his experience was considered worthy for the award of Professor Milroy Paul Oration 2021. He also authored the guideline document of management of COVID 19 surgical patients.

Dr Ariyaratne is the Secretary, Specialty Board in General Surgery of PGIM, member of Trauma care subcommittee and serves as a faculty member for all trauma courses in Sri Lanka (ATLS, NTMC, ICTN). He is also a council member of The College of Surgeons of Sri Lanka. He also served as the director for overseas training placement for The College of Surgeons of Sri Lanka, member of Sri Lankan Colorectal surgeons, Sri Lanka Association of Breast Surgeons and a past council member of the Association of professional Organizations (OPA).

## ABSTRACT

### IN THE EYE OF THE STORM OF A PANDEMIC: SURGICAL EMERGENCIES IN THE COVID-19 INFECTED

The Colombo East Base Hospital (CEBH) was entrusted with managing the COVID-19 disease entity which was hitherto unknown and possesses dynamically unravelling characteristics. Main objective of this study is to illustrate how the surgical team headed by a single specialist surgeon and nine medical officers took this massive task with limited manpower, system and structural resources.

Overcoming institutional challenges, staff engagement, infrastructure and resource mobilization, system and process development is also discussed. The value of teamwork and multi-disciplinary team approach with subspecialty involvement from the National Hospital of Sri Lanka (NHSL) and other teaching hospitals to deliver optimum patient care is emphasized.

From 1st March 2020 to 31st July 2021, 204 surgical Covid patients were successfully managed at the Colombo East Base Hospital. Patient

demography, disease patterns, effect of the age and medical comorbidities on duration of hospital stay and patient outcome with a view to predict and improve further COVID surgical services analysed. Presence of comorbidities, sepsis and diagnostic category is associated with prolonged hospital stay in COVID-19 infected surgical patients. Therefore, it is imperative to identify these factors and optimize these conditions at the earliest to reduce duration of stay and enable efficient resource allocation.

Modified management protocols leading to the successful recovery of COVID surgical patients discussed. Uncomplicated acute appendicitis patients were offered non-operative management during the active COVID disease under close monitoring. They were listed for interval appendicectomy upon recovery. Diabetic foot wounds comprised major infective disease burden. They were derided in ward makeshift mini theatre set up saving COVID theatre time. Modified wound dressings used which reduced surgical debridement.

The value of continuation of emergency and elective and cancer surgery parallel to COVID surgery is emphasized. During the period of study, 1798 non-COVID surgical procedures carried out. This is despite complete cessation of services during the peak periods of first wave and mid period of second wave.

Local protocols and guidelines which were helpful to draft the COVID Surgical Management guideline document of the College of Surgeons of Sri Lanka (CSSL) elaborated. This guideline document by the CSSL had made a significant impact in managing COVID surgery and non COVID emergency and cancer services even during the height of the pandemic.

The knowledge and expertise acquired by actively managing COVID surgical patients could be utilized to enhance the local as well as regional surgical practice. As this is an unprecedented pandemic without borders, our local experiences are bound to contribute in shaping the global surgical strategies.





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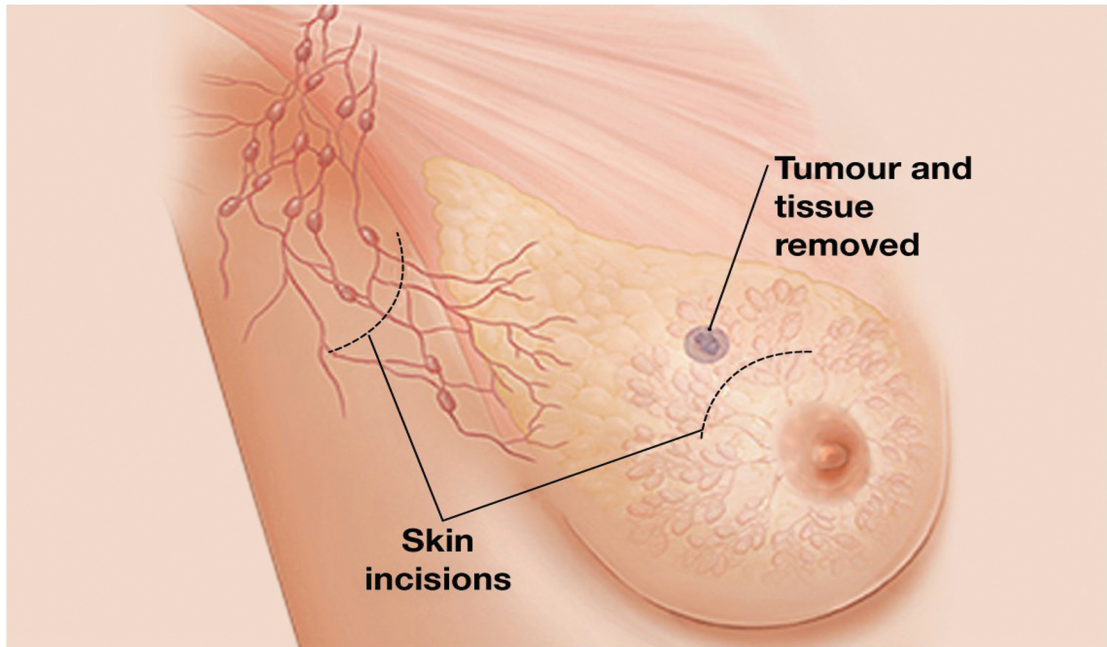


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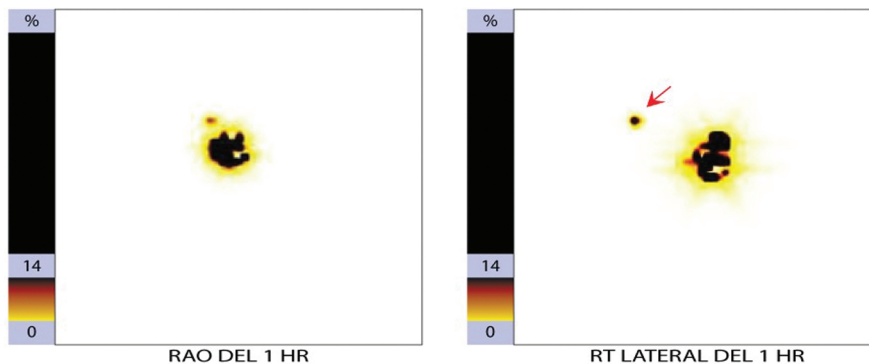


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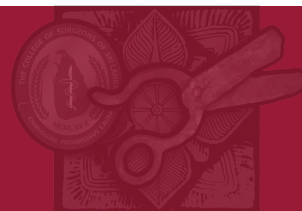
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# MEET THE EXPERTS



25TH NOVEMBER 2021  
0700 -0800 HALL A

## SESSION 01

### **TECHNIQUES AND TIPS FOR HEPATICO-JEJUNOSTOMY**

DR BUDDHIKA DASSANAYAKA  
DR DUMINDA SUBASINGHE  
MODERATOR: DR ARINDA DHARMAPALA

25TH NOVEMBER 2021  
0700 -0800 HALL B

## SESSION 02

### **CARDIAC SURGERY – MITRAL VALVE REPAIR CARDIAC SURGERY – SURGERY OF THE AORTIC ROOT**

DR AJITH KARUNARATNE  
DR K GNANAKANTHAN

26TH NOVEMBER 2021  
0700 -0800 HALL A

## SESSION 03

### **CONTROLLING HAEMORRHAGE FROM THE LIVER**

DR SUCHINTHA THILLAKARATNE  
DR PRABATH KUMARASINGHE  
MODERATOR: PROFESSOR ROHAN  
SIRIWARDENA

26TH NOVEMBER 2021  
0700 -0800 HALL B

## SESSION 04

### **PROSTATE AND PSA: A PRACTICAL APPROACH**

PROFESSOR NEVILLE D PERERA  
DR KANCHANA EDIRISINGHE

27TH NOVEMBER 2021  
0700 -0800 HALL A

## SESSION 05

### **SAFE DISSECTION IN THE CYSTO-HEPATIC TRIANGLE**

DR SANDUN BULATHSINHALA  
DR MALITH NANDASENA  
MODERATOR: PROF ALOKA PATHIRANA

27TH NOVEMBER 2021  
0700 -0800 HALL B

## SESSION 06

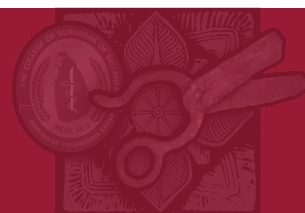
### **CHEST DRAIN MANAGEMENT ACCESS TO INTRATHORACIC ORGANS**

DR SUJEEWA ILANGAMAGE  
DR SAMAN PRADEEP





# FREE PAPERS



## SESSION 1: FRIDAY, 19TH NOVEMBER: 1300 – 1400: HALL A

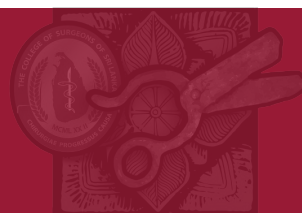
OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 06	Single center experience in pediatric percutaneous nephrolithotomies (PCNL)	Nisitha De Silva
OP 24	Laparoscopic pyeloplasty for congenital ureteropelvic junction obstruction: Single center experience	C Samaraweera
OP 34	Does PSA >4ng/ml warrant a transrectal ultrasound (TRUS) guided biopsy? Outcome of detecting clinically significant prostate cancer	J Winapathirana
OP 40	Urinary stone composition, characteristics and associations in a cohort of Sri Lankan patients	M N M D Pinto
OP 25	Comparison of outcome following partial vs radical nephrectomy for localized renal cancer	N J Jahan

## SESSION 2: FRIDAY, 19TH NOVEMBER: 1300 – 1400: HALL B

OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 08	Alteration in activities of daily living and self-image in haemodialysis patients following arteriovenous fistula formation	P D Weeraddana
OP 36	Survival and prosthesis use amongst patients undergoing major lower limb amputation for chronic limb threatening ischaemia: 4 years follow up of a single unit experience	T D Gooneratne
OP 38	Knowledge and practice on temporary vascular access catheter insertion for haemodialysis: A single center experience	K Piratheep
OP 39	Vascular surgeon performed lower limb arterial duplex scans in patients with occlusive arterial disease: A comparison study with angiography	M H P Godakandage
OP 09	Knowledge and practice on self-care of an arteriovenous fistula in haemodialysis patients	P D Weeraddana
OP 37	Long-term outcomes of major lower limb amputation after revascularization in chronic limb threatening ischaemia: A truly dreaded outcome or a negativity bias?	T D Gooneratne



# FREE PAPERS



## SESSION 3: FRIDAY, 19TH NOVEMBER: 1400 – 1500: HALL A

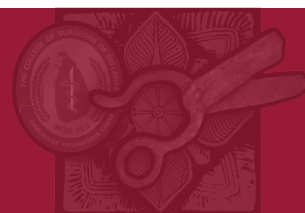
OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 19	Post breast reconstruction quality of life and patient satisfaction in breast cancer patients	Sathika Gunarathna
OP 04	Effectiveness of ultrasound (US) guided nerve blocks as a method of post-operative analgesia in breast surgery	P G N Dhanushka
OP 14	Chest wall perforator flaps for partial breast reconstruction in breast carcinoma: initial experience from a tertiary care hospital in Sri Lanka	A V Muttiah
OP 20	Breast cancer related financial toxicity in a country with access to universal non-fee levying healthcare	Sarith Ranawaka
OP 28	Audit on assessment of knowledge on cardiopulmonary resuscitation of nurses in a single surgical unit of National Hospital of Sri Lanka	Piyumi Abeygunarathna
OP 05	Local recurrence rate following breast conservation therapy. Any predictors?	P G N Dhanushka

## SESSION 4: FRIDAY 19TH NOVEMBER: 1400 – 1500: HALL B

OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 02	Retrospective study on early outcome of laparoscopic three stage (mckeown) oesophagectomy with cervical anastomosis	W R M Obayasekara
OP 07	Knowledge, attitudes and practices regarding patient safety among surgical trainees in Sri Lanka	Chamal Fernando
OP 11	Laparoscopic Cholecystectomy combined with Paraumbilical hernia mesh repair: Results of a case series	J P J Shelton
OP 12	Endotherapy for post cholecystectomy biliary strictures: A retrospective analysis with a minimum 2 year follow up	G P U P de Silva
OP 23	Endoscopic ultrasound in the assessment of the distal common bile duct lesions not detected by computed tomography or magnetic resonance imaging; initial experience from a tertiary referral center	U A Buddhika
OP 33	The management algorithm of infected pancreatic necrosis at teaching hospital Peradeniya	A D Dharmapala



# FREE PAPERS



## SESSION 5: FRIDAY, 19TH NOVEMBER: 1500 – 1600: HALL A

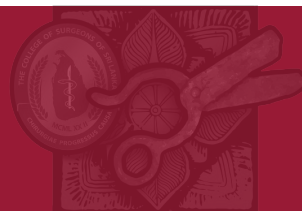
OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 01	Neoplasms of the Appendix–A retrospective analysis of 5-year data on histopathology of appendectomy specimens in a tertiary care hospital in Sri Lanka.	H W T D Wijayaratne
OP 10	Clinicopathological parameters and treatment outcome of solitary rectal ulcer syndrome (SRUS) treated with multimodal step-up approach - Descriptive analysis from a tertiary referral center	U A Buddhika Uragoda
OP 16	Analysis of diagnostic tests and clinical prediction scores in children undergoing appendectomy	Gayathri Fernando
OP 17	Management of appendicitis during COVID pandemic 'To operate or not to operate'	Noshin Saiyara
OP 18	Efficacy of ligation of inter-sphincteric fistula tract in treatment of perianal fistula	S Prashanth
OP 41	Jump test (Jump up test, J-up test); a simple clinical test to support the diagnosis of paediatric appendicitis	P G P L Abhayarathna

## SESSION 6: FRIDAY, 19TH NOVEMBER: 1500 – 1600: HALL B

OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 03	Impact of concomitant Covid 19 infection on hip fracture care of the elderly in a Sri Lankan tertiary care center	S Parathan
OP 13	Early free tissue transfer for lower limb compound fractures – a single unit experience in a tertiary care hospital	K P D J K Gunarathne
OP 15	Does the type of flaps affect the post-operative hospital stay in patients who undergo below knee amputations (BKA)?	Kasun Gunathilaka
OP 29	Knowledge on initial management of traumatic brain injuries (TBI) among preliminary care unit (PCU) doctors in a secondary care hospital - Which areas need improvement	D R Samarathunga



# SAARC FREE PAPERS & BEST PAPER SESSION



## SAARC FREE PAPER SESSION: FRIDAY, 19TH NOVEMBER: 1600 – 1700: HALL A

OP NUMBER	TITLE OF THE PAPER	AUTHOR
SP 04	Preliminary results from a validation sentinel lymph node biopsy study in cNO axilla using low cost dual dye technique: potential solution for resource poor settings	Sanjay Kumar Yadav
SP 03	Bile bacterial flora and its clinical inferences with sensitivity pattern from a tertiary care center	V K Varshney
SP 01	Intra-operative pain and patient satisfaction during lichtenstein repair under local anesthesia versus spinal anesthesia: An open-label randomized controlled trial	Naveen Sharma
SP 05	Ultra-low-cost phantom model of breast biopsy for the training of surgical residents during COVID-19 pandemic	Sinjan Jana

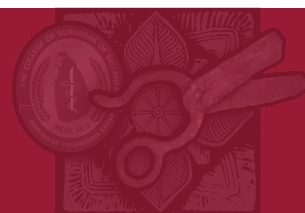
## BEST PAPER SESSION: FRIDAY, 26TH NOVEMBER: 0800 – 0900: HALL A (MAIN HALL)

OP NUMBER	TITLE OF THE PAPER	AUTHOR
OP 21	Prediction of ureteric length for prevention of ureteric stent morbidity in Sri Lankan population	T M Samarasinghe
OP 22	Phase 1 trial: The use of prostaglandin E1 (PGE1) in patients with non-revascularizable chronic limb threatening ischaemia	A M Alabadaarachchi
OP 26	Should we continue to perform kidney transplantation during the COVID pandemic?	C Abeyrathne
OP 27	Does living donor renal transplant yield better outcome? comparison of outcome between living donor and deceased donor renal transplantation	Y Manikkage
OP 30	Anatomy of epigastric vessels in the Sri Lankan population	K G M W Bandara
OP 35	Significance of amylase level measured in drain fluid on post-operative day 1 (DAD1) after pancreatic resection in predicting post operative pancreatic fistula: A multi-center, prospective observational study	G P U P de Silva





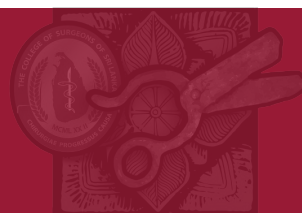
# POSTER PRESENTATIONS



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 01	Descriptive study on oesophageal cancer identified in upper gastrointestinal endoscopy examination & biopsy, in a single surgical unit TH Jaffna	B Pragalathan
PP 02	Histopathological evaluation of thyroid carcinoma in thyroidectomy specimens in surgical units at TH Jaffna.	B Pragalathan
PP 03	Histopathological evaluation of breast cancers and adequacy of yield in axillary lymph node dissection (ALND) at surgical units of teaching hospital Jaffna (THJ)	A M O M Ozaal
PP 04	Laparoscopic vesicolithotomy can it replace open procedure for bladder calculus surgery in children?: Our institutional experience	Arvind Sinha
PP 05	A comparison of the predictive value of white blood cell count (WBC) and the C- reactive protein (CRP) level in identifying patients with complicated appendicitis	N D Masakorala
PP 06	Ureteric colic presentation and associated risk factors in a tertiary health care center	K Piratheep
PP 07	Impact of COVID 19 pandemic on trauma victims: experience at accident service of Colombo South Teaching Hospital.	D S P Jayatunge
PP 08	Patterns of burns among hospitalized patients in three districts of Sri Lanka- Polonnaruwa, Anuradhapura and Matara.	L M P M Bandara
PP 09	Diagnostic yield and outcomes of transrectal ultrasound-guided prostate biopsy in biopsy naive men from Sri Lanka	Umesh Jayarajah
PP 10	Management of renal malignancies in Von Hippel Lindau (VHL) syndrome: Lessons learnt from a series of six patients from Sri Lanka	Umesh Jayarajah
PP 12	Laparoscopic Ureterocalicostomy- A feasible option for pediatric patients	Rahul Saxena
PP 14	Variations of prognostic factor of breast cancer among the patients who were followed up in teaching hospital Karapitiya	L H Madhawa
PP 15	Clinicopathological variation of prostate cancer treated in Teaching Hospital Karapitiya	L H Madhawa
PP 16	Total extra peritoneal repair as the new standard for inguinal hernia repair; single unit experience	L H Madhawa
PP 18	An anatomical study of the Jugular Foramen and its variations in dried adult human skulls in Sri Lanka	N A D P Niwunhella
PP 19	Paramount, yet often neglected; Fear for surgery	P K B S C Bandara



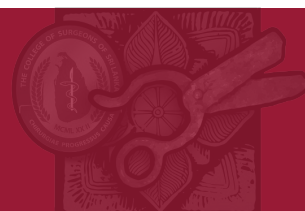
# POSTER PRESENTATIONS



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 20	An audit of Percutaneous Endoscopic Gastrostomy (PEG) in neurosurgical patients in a tertiary care centre	A N Chrishan
PP 21	Injury patterns of motorcycle riders admitted to accident service unit, Colombo south teaching hospital, Kalubowila	M P N M Premasiri
PP 23	Risk factors of hospitalization due to assaults: Retrospective observational study	V M Wedagedara
PP 24	Evaluation of the quality of colonoscopy procedures at a tertiary care centre in Sri Lanka	Nishan Perera
PP 25	Predictive factors of axillary spread in breast carcinoma	P G N Dhanushka
PP 26	Clinical spectrum of the breast malignancy in Sri Lanka: A single center study	P G N Dhanushka
PP 27	Quality assurance of upper and lower gastrointestinal endoscopy with a pro-forma in Sri Lanka: Prospective observational study	R P S Prasanga
PP 28	Nodal assessment in invasive lobular breast cancer – Is it safe to leave clinically negative axilla without a core? Experience in a district general hospital	C R Kasturi
PP 29	A retrospective descriptive study on the characteristics of chronic kidney disease in a cohort of hospitalized patients with peripheral vascular disease in a specialized vascular unit at National Hospital Sri Lanka (NHSL)	N D Masakorala
PP 30	Assessing the adherence to national guideline in ordering a non-contrast CT brain in patients with head injury and its accuracy in predicting traumatic brain injury - a retrospective study done at accident service of teaching hospital Kalubowila	N D Masakorala
PP 32	Characteristics and outcome of traumatic popliteal artery injuries in Teaching Hospital Karapitiya	Chamal Fernando
PP 33	COVID-19 pandemic restrictions and problems faced by patients due to difficult hearing	Chamal Fernando
PP 34	Patterns of injury severity among patients admitted to the accident service, National Hospital of Sri Lanka	Chamal Fernando
PP 35	Surgery for Inflammatory Bowel Disease: experience over 22 years	S Samarasinghe
PP 36	A survey on inter-hospital transfer handover practices in head trauma patients admitted to a single neurotrauma unit in National Hospital of Sri Lanka (NHSL)	W V R Wickremasinghe
PP 37	Five year survey on renal neoplasms in a tertiary urology center	L A M J Dissanayake



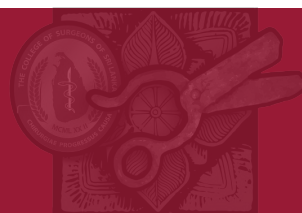
# POSTER PRESENTATIONS



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 38	Association of International Society of Urological Pathology (ISUP) grade group with age of patients and percentage core area involved in prostate pancer	L A M J Dissanayake
PP 39	Efficacy of epidural steroid usage for lumbar radiculopathy: a single unit experience	S Dishanth
PP 41	Outcome of Brachiobasilic arteriovenous fistula. Is tunneling better than flap creation. A single unit experience	J M S Karunarathna
PP 42	Femoral fractures pattern and associated injuries presenting to a tertiary care trauma center	Ganesarajah Niruban
PP 44	Barrett's esophagus among patients undergoing Endoscopy in a tertiary care center	U A Buddhika Uragoda
PP 45	Is it worth doing bilateral percutaneous nephrolithotomy (PCNL) in a single surgical setting?	M Sivashankar
PP 46	Follow up blood testing post-bariatric surgery: A service evaluation	Manuk Wijeyaratne
PP 47	Acute intestinal obstruction due to obturator hernia	Niladri Banerjee
PP 48	Determinants of self-perceived anxiety during upper gastrointestinal endoscopy procedures.	D R Samarathunga
PP 49	Sub unit reconstruction of nose using Susrutha's forehead flap; Modifications to a 2600 year old flap.	Gayan Ekanayake
PP 50	High end hand reconstruction; are we finding better use for toes?	Gayan Ekanayake
PP 51	Idiopathic nipple inversion - can we help them during pregnancy?	Gayan Ekanayake
PP 52	Intravenous cannula fractures, cannulae inserted at mobile sites result in more complications	P Pirakash
PP 53	Outcome of upper limb arterial injuries. Experience from two tertiary care centres	S Tharshan
PP 54	Video Assisted Anal Fistula Treatment (VAAFT): A single centre experience	T W K G Indika
PP 55	Evaluation of the UGIE(Upper Gastrointestinal Endoscopy) procedure carried out in a peripheral hospital	M N M Hiflan
PP 56	Endoscopic findings in relation to symptoms in patients undergoing elective oesophago-gastro-duodenoscopy (OGD).	D R Samarathunga



# POSTER PRESENTATIONS

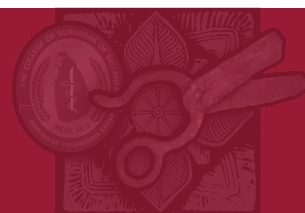


PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 57	Practices of pain management in trauma setting	M N M Hiflan
PP 58	Is CT angiogram essential for free tissue transfer in lower limb following trauma?	K P D J K Gunarathne
PP 59	Audit on evaluation of content and records of emergency trolleys in general surgical wards of National Hospital of Sri Lanka	D Weeratunga
PP 60	Awareness about donning and doffing of personal protective equipment among intern medical officers working in DGH Negombo	Niruban Ganesarajah
PP 62	Referral patterns and timing of surgery in children with inguinal hernia	Suren Madawanarachchi
PP 63	Delays associated with surgical management of children with undescended testes; Experience of a single paediatric surgical unit.	Suren Madawanarachchi
PP 64	Diabetic foot sepsis – Common organisms and their antibiotic sensitivity	C K Nagodavithane
PP 65	Invasive ductal carcinoma with co-existing ductal carcinoma in situ versus pure invasive ductal carcinoma of breast: a comparison of clinicopathological characteristics.	D G C S Madushanka
PP 66	Hybrid ZOOM ward classes for clinical learning using mobile phones during COVID 19 pandemic; is it feasible?	M A C Lakmal
PP 67	Pattern of care and resource utilization in early-stage breast cancer patients	Chandan Kumar Jha
PP 69	Giant adrenal pseudocysts: An enigma for surgeons	Kunal Parasar
PP 70	Hirschsprung disease – A clinicopathological descriptive study in a tertiary care referral centre	Jithmal Meegoda
PP 72	Quality of life of Bangladeshi doctors in the COVID-19 era: Are we taking good care of our Carers?	Faridul Islam
PP 73	Quality and readability of information on the internet regarding umbilical hernia in adults	C S Xavier
PP 74	Endo vascular laser ablation therapy- A novel technique to treat varicose veins	Chanuka Wijesundara
PP 75	Microbiology of lower limb ulcers in patients with critical limb threatening ischemia in a single vascular and transplant unit at the National Hospital of Sri Lanka	S Janarththan
PP 76	Assessment of burnout among surgical trainees in Sri Lanka	Varun Sriskandarajah





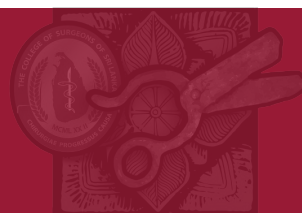
# POSTER PRESENTATIONS



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 78	A study of quality of life and complications following closed reduction of nasal bone fracture under anaesthesia	W P L Weerakkody
PP 79	Outcomes of children undergoing appendicectomy at the Lady Ridgeway Hospital	Iman Salgado
PP 80	Effectiveness of saline reduction for the management of paediatric intussusception; Experience from a tertiary care referral center	Gayathri Fernando
PP 81	Dr. Google - Quality of information on the internet regarding inguinal hernia	F S Saleem
PP 82	Knowledge, attitude & practices of intern doctors on nutrition risk screening of patients awaiting major surgery ; A clinical audit at surgical units of National Hospital of Sri Lanka	Udara Abeywarne
PP 83	Complications of central venous catheterization in hemodialysis patients. A retrospective study	K M V R Alles
PP 84	An audit on preoperative fasting practices in general surgical department – National Hospital Kandy	A B Ranatunga
PP 85	Long-term outcome of ruptured Abdominal Aortic Aneurysm: A case series by single vascular surgical unit	Sanjaya Iddamalgodha
PP 87	Clinico-pathological characteristics of adrenal masses referred to a tertiary care unit	V Sanjeev
PP 88	Outcomes of bilio-enteric anastomoses in a single, low volume HPB surgery unit	Sathika Gunarathna
PP 89	Outcome of angioplasty for occlusive arterial disease, patients with chronic kidney disease has poor outcome	A M Alabadaarachchi
PP 90	Health-related quality of life (HR-QOL) and its determinants in Sri Lankan women with breast cancer	Sathika Gunarathna
PP 92	Outcomes of pancreato-jejunostomies in a low volume HPB surgery unit in Sri Lanka	Sarith Ranawaka
PP 93	Revascularization for chronic limb threatening ischaemia: Does it improve the quality of life?	R M P D Kularathne
PP 94	Division of pancreas by energy sources in distal pancreatectomy	S D Arunarathne
PP 95	Vascular injuries associated orthopaedic trauma, compartment syndrome common with closed fractures; an experience in tertiary care trauma centre in Sri Lanka	K V Gunasekara



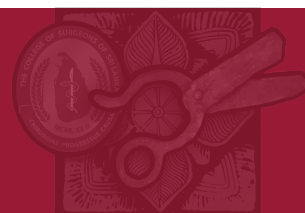
# POSTER PRESENTATIONS



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 96	Wound infections – real enemies and questionable friends	J M Wijerathne
PP 97	Thyroidectomy: vessel sealing using standard bipolar diathermy is safe and efficient alternative	L S Chathuranga
PP 98	Endovenous laser ablation(EVLA) for symptomatic varicose veins(SVV) – initial experience in Uva province	K M B Pabodha
PP 99	Preliminary study on extending the recommendations of vacuum assisted closure therapy (VACT) in management of lower extremity traumatic wounds prior to free tissue transfer(FTT) - A single unit experience.	D R Samarathunga
PP 100	Demographic and histological patterns of appendicitis; a retrospective analysis at National Hospital Kandy	S M P Vithana
PP 101	A descriptive study on colorectal malignancies in a tertiary care centre	L S Chathuranga
PP 102	Female breast cancer molecular subtype classification: A histopathological guide to predict clinical outcome	Sajith Kalugampitiya
PP 103	Management experience of oesophageal cancer: A malignancy with advanced disease at presentation resulting dismal prognosis	Dinith Amarasiri
PP 104	An audit on gastric cancer management: Late presentation, advanced disease and poor prognosis	Nilesh Hettipola
PP 105	Initial presentation of female breast cancer as locally and systemically advanced disease: Ignorance, self-neglect or Covid-19 effect?	Nilesh Hettipola
PP 106	Clinicopathological analysis of neuroendocrine tumours; an experience from a tertiary care setting	K Sinduja
PP 107	Surface anatomy and dimensions of distal great saphenous vein : An aid to peripheral venous access	A M D S R U Senevirathne
PP 108	Anatomical landmarks for a safe ankle block: A Sri Lankan cadaveric study	K V H Nimana
PP 109	Fistula-in-ano: a surgical audit	Yathev Balathayalan
PP 110	Quality of life among colorectal cancer patients	Yathev Balathayalan
PP 111	Open repair of infra renal abdominal aortic aneurysms – Experience of vascular unit in Teaching Hospital Peradeniya	G H M Dayaratne



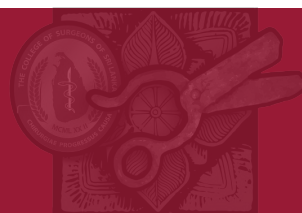
# POSTER PRESENTATIONS



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 112	The outcome of kidney transplantation in children and adolescents: A single unit experience	A A Nishanthan
PP 113	The pattern and trends in the pathology of colorectal cancer	Yathev Balathayalan
PP 114	Safety and outcome of total thyroidectomy: Conventional suture ligation technique vs suture-less technique	S J T Dias
PP 115	Annual audit of neoplastic liver lesions and their management in a single tertiary center	B K Dassanayake
PP 116	Association between elevated C-reactive proteins and severity of acute appendicitis	B A S P Jayasinghe
PP 117	Pancreas preserving surgery in pancreatic trauma	A D Dharmapala
PP 118	Effectiveness of oral metronidazole versus topical metronidazole in pain control after haemorrhoidectomy: current results of an ongoing randomized controlled clinical trial	K Gunathilaka
PP 119	Attitudes on euthanasia among medical students and doctors in Sri Lanka: a cross sectional study	U I Wickramarachchi
PP 120	Early surgical experience of a multi-disciplinary COVID hospital in Sri Lanka.	I S Almeida
PP 121	Accuracy in routine inflammatory markers in diagnosis of acute appendicitis compared to surgeon's clinical decision	A H M G B Abeysinghe
PP 122	Factors affecting prolonged hospital stay of covid-19 infected patients in a surgical unit of Sri Lanka	Chenuri Ranasinghe
PP 123	Post adrenalectomy pathological review of adrenal masses: experience in a tertiary care unit	K R K L K Ranaweera
PP 124	Raised white cell count in renal colic: Is There a Role for Antibiotics?	K D H Manuthunga
PP 125	Angle grinder Injuries: Occupational hazard due to arbitrary and unsafe use	U P U G R P Gunathilake
PP 126	Impact of Covid-19 pandemic on general surgical services: An audit at National Hospital Kandy	S K V Gunasekare
PP 127	Clinical implication of measuring ankle pressure in patients with diabetes mellitus: Is it reliable?	M H P Godakandage
PP 128	Management of extreme cases of burns- A unit experience	W R P De Alwis



# POSTER PRESENTATIONS



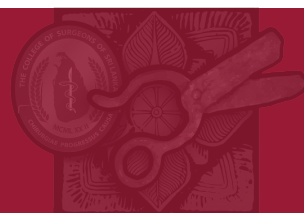
PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 129	Delay in presentation for patients with critical limb threatening ischaemia (CLTI) to specialized vascular care and limb salvage: Should the patients be referred earlier?	W P C D Priyadarshanie
PP 130	Pedicle Pectoralis Major Myocutaneous flap as a versatile oncosurgical reconstructive option for the head and neck, with cervical block dissection - a unit experience	W R P De Alwis
PP 132	Acute limb ischaemia: A single unit prospective cohort study	M H P Godakandage
PP 133	Need to establish an extremity vascular trauma registry in Sri Lanka: initial experience	M H P Godakandage
PP 134	Descriptive study of acute urinary retention in a tertiary care centre of central Sri Lanka.	A U B Pethiyagoda
PP 135	Biliary injuries can remarkably be prevented by demonstration of the 'Critical view of safety' during laparoscopic cholecystectomy - A single centre experience	B W U Wickramadewa
PP 136	Relationship between dietary habits and urolithiasis of a population in Sri Lanka	A U B Pethiyagoda
PP 137	Medical students' perception of trauma training	Yathev Balathayalan
PP 138	Radical retropubic prostatectomy- Intermediate outcome at a single tertiary care centre	T Samarasinghe
PP 139	A cross-sectional study on patients who underwent laparoscopic varicocelectomy in Teaching Hospital Jaffna	Jeyarajah Sanjeyan
PP 140	Prospective analysis of cystectomy series for high-risk bladder cancer A single unit experience in Sri Lanka	W A M A Willaraarachchi
PP 142	Subtotal cholecystectomy as a successful method to prevent biliary injuries during difficult cholecystectomies - A single centre experience	B W U Wickramadewa
PP 143	Descriptive study on safety & outcome analysis and iatrogenic pancreatitis in relation to cannulation duration in Endoscopic Retrograde Cholangio-Pancreatogram (ERCP)	N A D P Niwunhella
PP 145	Unplanned conversion to thoracotomy in VATS major lung resections	H G P K Wijerathne
PP 146	Patients' knowledge on their diagnosis, etiology and surgery: An audit conducted in 5 surgical units at NHSL	W V V de Silva





# MODERATED POSTER PRESENTATIONS

## FRIDAY, 19TH NOVEMBER: 1600 – 1700: HALL B



PP NUMBER	ABSTRACT TITLE	AUTHOR
PP 13	Post operative pain assessment in laparoscopic cholecystectomy with end surgery intraperitoneal sodium bicarbonate versus normal saline irrigation	Jayanika Senevirathna
PP 40	Does adherence to referral pathways and guidelines prevent unnecessary haematuria referrals? A single unit experience	Milan Gunawardene
PP 43	Outcome of surgical treatment in patients with superior mesenteric artery syndrome (Wilkie's disease); 20-year experience	U A Buddhika Uragoda
PP 61	Patterns of Iatrogenic Bile Duct Injuries observed during Endoscopic Retrograde Cholangiography: 18 years of experience in a tertiary care referral center	Varun Sriskandarajah
PP 71	Patients' opinion regarding surgical management of Anal Fistulas during COVID-19 outbreaks	C S Xavier
PP 77	Use of LRINEC score in Sri Lankan clinical context to aid early detection of necrotizing soft tissue infections	S S Madawanarachchi
PP 11	Descriptive study on lower limb necrotizing fasciitis and the causative organisms in a single surgical unit at NHSL	S Janarththan
PP 17	Freely available smart phone applications for SARS-CoV-2 exposure reduction among health care workers & patients presenting for surgical care.	N A D P Niwunhella
PP 22	Occupational injuries of patients admitted to general hospital Matara 2020	W A K Weerawardena
PP 31	Would bone scan prior to MRI pelvis in newly diagnosed prostate cancer patients be helpful to avoid unnecessary investigations?	Chamal Fernando
PP 68	The course of recovery: Carpal Tunnel Syndrome with shoulder symptoms, Is It a different entity?	G N S Ekanayake
PP 86	A descriptive study on thyroidectomy: a single unit experience	S Prasanna
PP 91	Lessons learnt from first hundred hepatopancreatobiliary (HPB) surgeries- Descriptive study	Prabath Kumarasinghe
PP 131	Rolling V to Y pulp advancement for short finger tips with deformed curved nails- A modified novel technique	W R P De Alwis
PP 141	A comparative analysis of factors influencing and outcomes of trauma and non-trauma emergency laparotomy using NELA scoring tool in District General Hospital Gampaha (DGHG)	Thivvika Sivagnanasundarampillai
PP 144	The role of urinary stone density in predicting stone composition in a cohort of Sri Lankan patients: a preliminary study	G G N M Galappaththi



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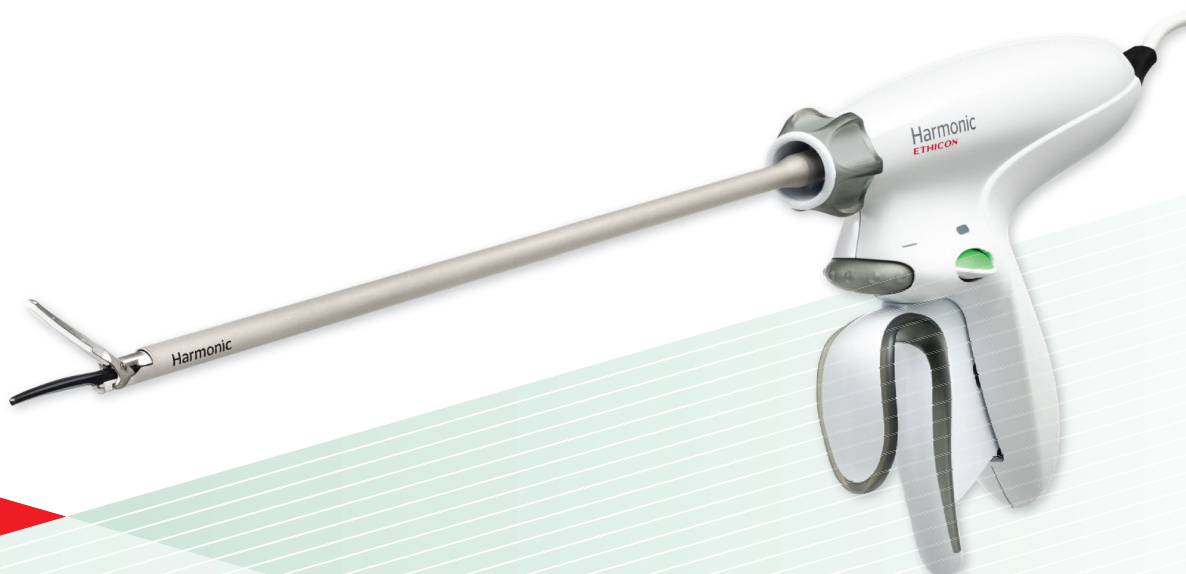
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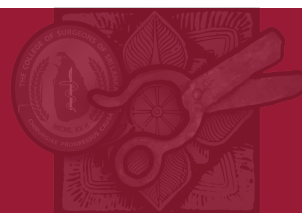
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# PRE- CONGRESS WORKSHOPS



## LAPAROSCOPY FOR GENERAL SURGERY

**Date:** 4th November

**Time:** 8:00am - 1.00pm

**Registration Fee:** Free

**Venue:** Online Zoom / Peradeniya

**No of Participants:** No Limit

**Coordinators:** Dr Arinda Dharmapala, Professor K B Galketiya, Professor Kalpesh Jani  
Association of Minimal Access Surgeons of India (AMASI),  
Sri Lanka Association of Minimal Access and Digital Surgeons

## ONCOPLASTIC BREST SURGERY

**Date:** 12th November

**Time:** 9:00am - 5.00pm

**Registration Fee:** Free

**Venue:** Apeksha Hospital

**No of Participants:** No Limit

**Coordinators:** Dr Kanishka De Silva, Dr Buddhika Ubayawansa, Dr Chaturani Dharmaratne  
Sri Lanka Association of Surgical Oncologists

## CRITICAL CARE SYMPOSIUM

**Date:** 13th & 14th November

**Time:** 9:00am - 4.30pm

**Registration Fee:** Rs.2000

**Venue:** Hybrid / College of Surgeons Auditorium

**No of Participants:** 60

**Coordinators:** Dr Kirithi Abayaeeewa, Professor Anuja Abeydeera, Dr Nuwan Ranawaka

## LAPAROSCOPIC HPB SURGERY

**Date:** 18th November

**Time:** 8:00am - 2.00pm

**Registration Fee:** Free

**Venue:** Hybrid / Peradeniya

**No of Participants:** No Limit

**Coordinators:** Dr Arinda Dharmapala, Professor K B Galketiya, Dr Mehan Siriwardana  
Mater Hospital Brisbane  
Sri Lanka Association of Minimal Access and Digital Surgeons

## PRE CONGRESS WEBINAR - ORGAN DONATION AND TRANSPLANTATION

**Date:** 21st November

**Time:** 2:00pm - 7.30pm

**Registration Fee:** Free

**Venue:** Hybrid / College of Surgeons Auditorium

**No of Participants:** No Limit

**Coordinators:** Dr Niroshan Seneviratne, Dr Sajith Udurawana, Dr Suchintha Thilakarathna  
Organ Donation and Transplantation Foundation

## LIVE LAPAROSCOPIC WORKSHOP AND PANEL DISCUSSION

**Date:** 23rd November

**Time:** 8:00am - 4.30pm

**Registration Fee:** Free

**Venue:** PMCK auditorium NH Kandy

**No of Participants:** No Limit

**Coordinators:** Dr Chathuranga Keppetiyagama  
Sri Lanka Association of Minimal Access and Digital Surgeons

## MANAGING CRITICALLY INJURED IN ASIA

**Date:** 24th November

**Time:** 8:00am - 2.15pm

**Registration Fee:** USD 10 / USD 5 / LKR 500

**Venue:** Hybrid / UHKDU

**No of Participants:** No Limit

**Coordinators:** Dr Ranjith Ellawala, Dr Kamal Jayasuriya  
Asian Collaboration for Trauma (ACT)





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DIRECTOR, ACADEMIC COUNCIL ASI



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MAJEED CHAUDHRY

GENERAL SURGEON &  
LAPAROSCOPIC SURGEON  
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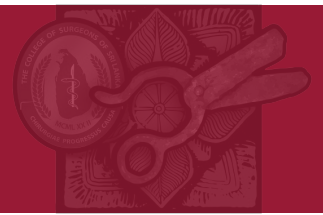


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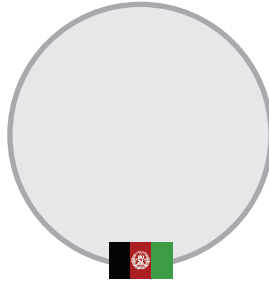


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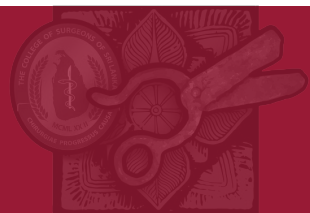
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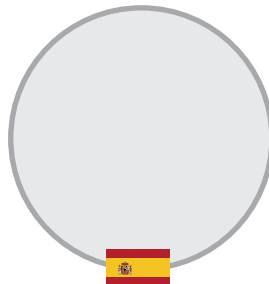
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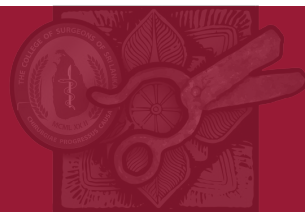
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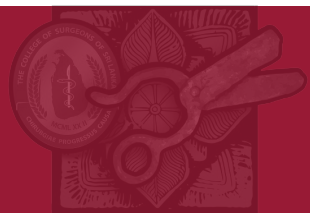


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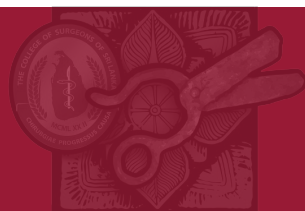
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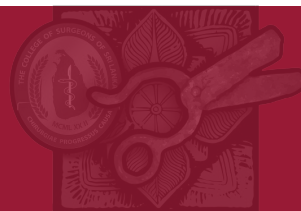


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## “THE OLA AND THE STYLUS”

The epigraphic history of Sri Lanka stretches back two thousand two hundred years. Sri Lankan texts over the past two millennia include the sayings of the Buddha - The Tripitaka - first transcribed in 50 BC, and arguably the oldest recorded national history in the form of the Dipavamsa - the Chronicle of the Land.

At the very heart of this literary heritage lies the Ola – the dried and cured leaf of the talipot palm. The Ola has been *materia scriptura* for the Sri Lankan writer since time immemorial, and the tradition is an unbroken one. Indeed, the same shrine that first set down The Tripitaka in writing two thousand years ago still produces Ola Leaf manuscripts in the same manner to this day.

As the language shaped the land, so did the land shape the language and letters of Sri Lanka. Sinhalese and Tamil are both ancient scripts, and their shapely letters are a product of function. Ola is etched with a stylus of metal – the panhinda - and the grain of the leaf does not allow for the line-art shapes of Latin text. Out of this necessity have the curved forms of Sri Lankan script emerged.

Over the millennia, the literary output of this island has been vast, ranging from epic poems to scholarly and religious works. However, it is remarkable that the vast majority of secular manuscripts deal with the art of healing. Sri Lanka is home to thousands of Ola Leaf treatises on medicine and surgery, the first of which – the Sarartha Sangraha – was compiled by the sage-king Bud-dhadasa in 341 AD.

As the College of Surgeons of Sri Lanka celebrates its 50th anniversary, we offer homage through this year's souvenir to the island's ancient tradition of medical literature.

*Replicas of the 'Ola and Stylus', will be presented to the Royal Colleges of Surgeons of Glasgow and Edinburgh in recognition of the strong bonds they share with The College of Surgeons of Sri Lanka. These replicas have been handmade by craftsman at Aluvihare in Matale, who have learned the techniques and processes by apprenticeship over generations. The 'Stylus and Ola' will also form the theme of the memento designed for the Sri Lanka Surgical Congress 2021.*



## ACKNOWLEDGEMENTS



PRESIDENT AND THE COUNCIL OF  
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EXTEND THEIR GRATITUDE  
TO ALL WHO CONTRIBUTED IN NUMEROUS WAYS TOWARDS  
THE SUCCESS OF THE GOLDEN JUBILEE CELEBRATIONS AND  
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