

THE COLLEGE OF SURGEONS OF SRI LANKA

**SRI LANKA
SURGICAL
CONGRESS
2023**

IN COLLABORATION WITH
THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH
AND
THE SAARC SURGICAL SOCIETY

14TH - 16TH SEPTEMBER 2023

PROGRAMME BOOK





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THE COLLEGE OF SURGEONS OF SRI LANKA



THE COLLEGE OF SURGEONS OF SRI LANKA

THE PRESIDENT

Dear Colleagues and Friends,

It is my honor and privilege to welcome you to the Academic Sessions of the College of Surgeons of Sri Lanka (CSSL) 2023.

Throughout our history, CSSL has played a pivotal role in advancing the frontiers of surgery. We have served as a platform for knowledge exchange, professional growth and camaraderie among surgeons, researchers and healthcare professionals.

The theme of this year's event, **"Training the Future Surgeon"** reflects our dedication to staying at the cutting edge of surgical practice. We have curated a diverse program that encompasses a wide array of topics, from the latest breakthroughs in surgical techniques to discussions on training in surgery. I am confident that the sessions, workshops and discussions planned over the coming days will enrich your knowledge, broaden your perspectives and inspire you to continue making a meaningful impact in the world of surgery.

This will be an event to renew our commitment to the principles of excellence, integrity and compassion that define our profession. Together, we have the power to shape the future of surgery and in turn, the lives of countless individuals who place their trust in our hands.

I extend my heartfelt gratitude to our organizing committee and all the speakers for their unwavering dedication and hard work in making this event possible.

I also wish to thank our sponsors for their generous contributions that helped us to organize this event.

Finally, I thank all of you for being a part of CSSL sessions and I wish you a fruitful and an inspiring experience ahead.

Professor Nandadeva Samarasekera
President

The College of Surgeons of Sri Lanka



THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH



THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH

THE PRESIDENT

It is an enormous pleasure to write this welcome message for the 2023 College of Surgeons of Sri Lanka Surgical Congress in collaboration with the Royal College of Surgeons of Edinburgh and the SAARC Surgical Care Society on the theme of 'Training the Future Surgeon'.

Education and training is essential to support the next generation of surgeons, and as colleges we have essential roles in defining standards, developing curricula, providing courses and events to enhance learning, and ensuring robust assessment of knowledge, skills and behaviours to ensure patient safety standards are maintained.

I know that this congress will be a wonderful opportunity to refresh old friendships and to make new ones. I am delighted that so many of my colleagues from the Royal College of Surgeons of Edinburgh will be contributing over the course of the congress, and I am particularly looking forward to learning and being inspired by the outstanding scientific programme that has been put together. I wish you all a successful and enjoyable conference.

Professor Rowan Parks

President

The Royal College of Surgeons of Edinburgh



SAARC

SURGICAL CARE SOCIETY



SAARC SURGICAL CARE SOCIETY

THE PRESIDENT

The SAARC Surgical Care Society is delighted to partner with SLSC 2023. It is heartening to see the presence of distinguished members from SAARC countries and representatives from overseas colleges.

As we gather here today, it is important to acknowledge the challenges that the SAARC SCS has faced in the recent past due to the global pandemic and the difficulties Sri Lanka encountered. Despite these hurdles, our society has persevered and continued its activities, albeit at a lower level. I would like to take this opportunity to commend the recent developments and progress within our member associations. These positive developments signify a promising future with increased interactions and collaborations among our member countries. As we transition the SAARC SCS presidency to Nepal during this conference, I am confident that our society will continue to grow and expand its activities to new heights.

SLSC 2023 carries the theme of surgical training, and I am pleased to inform you that there will be two dedicated SAARC sessions during this conference, of which one will focus on surgical training while the other will feature the SAARC oration.

I extend my best wishes to all the participants for a productive and memorable conference, and let us together make SLSC 2023 a resounding success.

Professor M D Lamawansa

President

SAARC Surgical Care Society



THE ROYAL COLLEGE OF SURGEONS OF ENGLAND



SRI LANKA SURGICAL CONGRESS 2023

CHIEF GUEST

I am delighted and honoured to be invited to your annual Congress and to visit Colombo once again. Although we can learn and manage many activities now using on line platforms, meeting face to face in a surgical conference is so important. The worlds health systems are still recovering from the shock of the Covid pandemic, but it has also caused financial and political instability in many countries. A stable properly funded healthcare environment is crucial for the delivery of safe surgery and innovation.

The surgical profession is a tough calling right now , and the encouragement, friendship, networking, and educational opportunities of a Congress are really important in the development of a surgical career. I am looking forward to the programme and meeting old friends and making new friendships.

Professor Neil Mortensen

Immediate Past President

The Royal College of Surgeons of England





ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW



SRI LANKA SURGICAL CONGRESS 2023

THE PRESIDENT

It is a great pleasure to be invited to take part in the 52nd Sri Lanka Surgical Congress, 2023. I commend College President Professor Nandadeva Samarasekera for choosing the theme “Training the Future Surgeon” so allowing us the opportunity, and time, to reflect on how we, as educators and surgeons, adapt training at this time of great change, as we recover from the Covid-19 pandemic.

The excellent Congress Programme reflects the breadth, and challenges, of modern surgical practice and whether interested in the complexity of surgical oncology or major trauma, surgical training or hernia repair, the congress will provide learning opportunities aplenty.

Importantly the Congress is also an occasion for the surgical community of Sri Lanka to come together with their many surgical friends and colleagues from across the world, learning from, and debating with, each other - united in the aim of improving surgical care for our patients, not least by improving the training of future surgeons.

Mr Michael J McKirdy

President

Royal College of Physicians and Surgeons of
Glasgow



SRI LANKA SURGICAL CONGRESS 2023

CONGRESS CO-CHAIRS

We are excited to announce the upcoming 52nd Sri Lanka Surgical Congress (SLSC 2023), organized by the College of Surgeons. This prestigious event will take place from the 14th to the 16th of September at the UCFM Tower, Faculty of Medicine, University of Colombo.

SLSC 2023 promises to be a platform where surgical excellence and innovation come together. It is a unique opportunity to immerse yourself in a world where minds meet, ideas converge, and the future of surgery takes center stage.

Under the theme of "Training the Future Surgeon," SLSC 2023 will feature national and international experts in surgery who will share their knowledge and experiences. The congress will offer a diverse range of activities including masterclasses, plenaries, orations, interactive sessions, symposia, and free paper sessions.

We are proud to have the collaboration of esteemed organizations such as the Royal College of Surgeons of Edinburgh (RCS-EDIN) and the South Asian Association for Regional Cooperation in Surgical Care (SAARCSC) and the support and participation of Royal College of Physicians and Surgeons of Glasgow, Endoscopic and Laparoscopic Surgeons of Asia (ELSA), International Society for Surgeons

(ISS – IATSIC) & other sister colleges/ associations.

Mark your calendars for this remarkable event, SLSC23, which will be held in Colombo from the 14th to the 16th of September 2023. Join us as we come together to shape the future of surgery. For more information and to register, please visit our official website and social media channels.

We look forward to welcoming you to SLSC 2023, where the world of surgical excellence awaits.

Dr Gayan Ekanayake
Congress Co-chair

Dr Ranga E Wickramarachchi
Congress Co-chair



SRI LANKA SURGICAL CONGRESS 2023

ACADEMIC CO-CHAIRS

Dear friends and colleagues,

We write to you as the academic chairs of the Sri Lanka Surgical Congress 2023. We are excited to welcome you to the largest academic event of the college, which will bring together scholars and clinicians from around the world to discuss the latest research and patient care in surgery.

The theme of this year's conference is "Training the future surgeon". This theme is particularly timely, as there is a paradigm change in training, brought upon by both advances in knowledge, and global health issues like COVID-19. The conference will provide a forum for us to share our ideas and solutions to these challenges.

The conference program is packed with exciting sessions, including plenaries, symposia, master-classes, meet the expert sessions, and pre and post congress workshops. We have also invited a number of distinguished speakers to share their knowledge. I am confident that you will find the program to be both informative and stimulating.

In addition to the academic program, the conference will also feature a number of social events, such as the college banquet, and the trainee's night. These events will provide us with an opportunity to network with each other and to make new friends.

We hope that you will take advantage of all that the conference has to offer. We look forward to seeing you there!

Prof Ajith Malalasekara
Academic Co-chair

Prof Dakshitha Wickramasinghe
Academic Co-chair



THE COLLEGE OF SURGEONS OF SRI LANKA



THE COLLEGE OF SURGEONS OF SRI LANKA

THE HONORARY SECRETARY

It is with great pleasure that I extend my warmest greetings to each of you on the occasion of the much-anticipated event of the year – the Annual Congress of the College of Surgeons of Sri Lanka – SLSC 2023.

SLSC 2023 promises to be an extraordinary gathering of our esteemed community of surgeons. This year's theme, "Training the future surgeon" reflects our collective commitment to enhance innovation and collaboration towards achieving excellence in the field of surgery.

Our congress program is designed to offer a comprehensive and enriching experience for all attendees. It will feature a diverse range of sessions, including plenary lectures by renowned experts, symposia, meet the expert sessions, masterclasses, and research presentations. This platform will enable us to share knowledge, exchange ideas, and foster meaningful collaborations that will contribute to the advancement of surgical practice in Sri Lanka and beyond.

I look forward to welcoming each of you to the SLSC 2023. Together, we will explore new horizons, strengthen our bonds, and work towards the continued advancement of surgical excellence in our beloved country.

Thank you for your unwavering support, and I eagerly anticipate a memorable and enriching congress experience with all of you.

Professor Sanjeewa Seneviratne

Honorary Secretary

The College of Surgeons of Sri Lanka

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Teaching Hospital, Karapitiya
Immediate Past President,
The College of Surgeons of Sri Lanka



Professor Neil Mortensen

MA, MBChB, MD, FRCS Eng, Hon FRCPs Glas,
Hon FRCS Ed.
Chief Guest
Immediate Past President,
The Royal College of Surgeons of England



Mr Michael John McKirdy

MBChB FRCS FRCS
President,
Royal College of Physicians and Surgeons of
Glasgow



Professor Sanjay Kumar Jain

MS, FRCS (Glasg), FAIS, FIACS, FIAGES
President,
Association of Surgeons of India

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Col (Dr) Tashi Tenzin

BSc, MBBS, MD

Consultant General Surgeon and Neurosurgeon
President, Bhutan's Surgical Society, Bhutan



Dr S Sritharan Kadirkamanathan

FRCS FRCS PhD

Consultant Upper GI, Laparoscopic and
Robotic Surgeon, Mid-Essex Hospitals NHS
trust. Special Advisor to NICE on Intervention-
al procedures



Mr Janindra Warusavitarne

BMed FRACS PhD

Consultant Colorectal Surgeon and the lead Sur-
geon for Inflammatory bowel diseases at St
Mark's Hospital, London.



Dr Lalantha Ranasinghe

MBBS (Col), MS (Col), FRCS (Eng)

A founder member and trainer of National
Trauma Management Committee
Consultant General Surgeon with Vascular train-
ing in Sri Lanka and the United Kingdom

COUNCIL OF THE COLLEGE OF SURGEONS OF SRI LANKA 2023



Standing 2nd Row (Left to Right)

Dr Chathuranga Keppetiyagama (Asst. Secretary), Dr Malik De Soya, Dr Gayan Ekanayake (Asst. Editor),
Dr K Umasankar, Dr Keshara Ratnatunga, Dr Ranga E Wickramarachchi, Dr Achala Samarasinghe,
Dr Rohan Sirisena

Standing 1st Row (Left to Right)

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Dr Randima Nanayakkara (Asst. Treasurer), Dr R Gnanasekaram, Dr Sumana Handagala,
Prof Ishan De Zoysa, Dr Minoli Joseph, Prof S Sivaganesh, Prof Bawantha Gamage, Dr Roshan Dassanaieke,
Dr Sisil Kumara

Seated (Left to Right)

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Prof Arinda Dharmapala, Dr M A Anomilan, Dr S Srishankar, Dr Kirithi Abayajeewa,
Dr Jagath Kumara Rathugamage (Late)



ORGANIZING COMMITTEE



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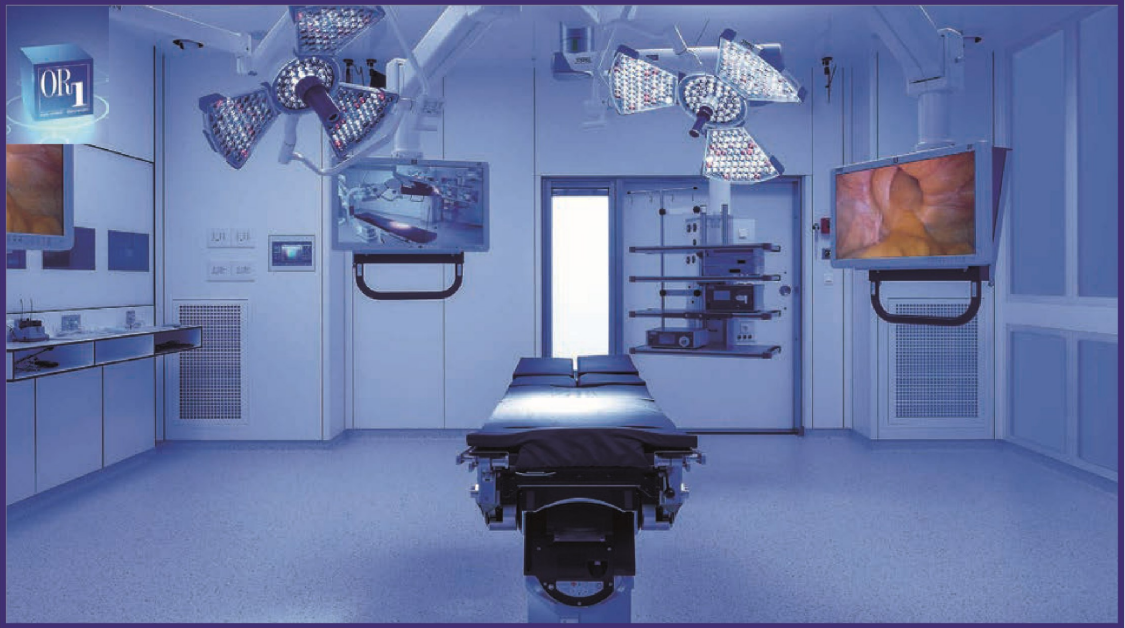
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THURSDAY 14TH SEPTEMBER 2023 – DAY 01

07:00 - 08:00	Meet the Experts (Hall C & D)		
08:00 - 08:15	Opening Ceremony (Hall A)		
08:15 - 08:45	Plenary (Hall A) Prof Neil Mortensen <i>“Apprentice or Avatar - the trainee surgeon of the future”</i>		
08:45 - 10:00	Symposium (Hall A) HPB - Surgery for colorectal liver metastases * Prof Rohan Siriwardana <i>“CRC metastasis: The Sri Lankan story”</i> * Mr Michael Silva <i>“Training a liver surgeon”</i> * Prof Rowan Parks <i>“CRC metastasis patient in the UK health service”</i> * Dr Nuradh Joseph <i>“Chemotherapy for CRC metastasis - Sri Lankan perspective”</i>	Free Paper Session 01 (Hall B)	Masterclass (Hall C) Gynecomastia Surgery
10:00 - 10:20	Tea		
10:20 - 11:30	Symposium (Hall A) Occlusive Arterial Disease * Prof Mandika Wijeyaratne <i>“Critical Limb Ischaemia - Open tibial and pedal bypass in the era of wires and stents”</i> * Prof Rezni Cassim <i>“Peripheral angioplasty in the Sri Lankan setting - patient selection, optimizing outcomes, challenges and overall results”</i> * Dr Hiranya Rajasinghe <i>“Changing paradigms in the management of critical limb ischaemia - current evidence”</i> * Dr Thushan Gooneratne <i>“The unsalvageable limb and the failed revascularization; outcomes after major limb amputation”</i>	Symposium (Hall B) Update on Hernia surgery: common to less common * Prof Allen Buenafe <i>“TEP, TAP and eTEP”</i> * Dr Sujith Wijerathne <i>“Ventral Hernia repair - what is new?”</i> * Prof Davide Lomanto <i>“Unusual Hernias - how to tackle these?”</i> * Mr Himaz Marzook <i>“Is open hernia repair an obsolete entity?”</i>	Masterclass (Hall C) SLASO - Controversies of Surgical management of Thyroid cancer
11:30 - 12:30	Symposium (Hall A) GORD: Assessment and Surgery * Mr Etsuro Yazaki <i>“Oesophageal manometry”</i> * Mr S S Kadikamanathan <i>“Surgical Perspective”</i>	Symposium (Hall B) Breast Surgery for the future * Dr Nissanka Jayawardhana <i>“Breast surgery training in Sri Lanka”</i> * Prof Mike McKirdy <i>“Breast cancer - a global disease”</i> * Dr Raghu Ram Pillarisetti <i>“Insertion of guidewire for impalpable breast lesions - should be the surgeons domain”</i>	Free Paper Session 02 (Hall C)
12:30 - 13:00	Plenary (Hall A) Prof Rowan Parks <i>“Avoiding bile duct injuries during laparoscopic cholecystectomy”</i>		
13:00 - 14:00	Lunch		
14:00 - 14:20	Plenary (Hall A) Prof Davide Lomanto <i>“Evolution Bariatric surgery in Asia”</i>		
14:20 - 15:00	Plenary (Hall A) Prof Dujeepa Samarasekera <i>“Nurturing values for impactful practice: from learners to professionals”</i> Plenary (Hall A) Prof Alfred Allen E Buenafe <i>“Shortening the laparoscopic learning curve through Surgical Simulation”</i>		
15:00 - 16:00	Symposium (Hall B) Management of benign oesophageal strictures * Dr Rasika Bulathsinhala <i>“Introduction, Classification, Aetiology”</i> * Dr Chathuranga Keppetiyagama <i>“Endoscopic management”</i> * Dr Amal Priyantha <i>“Surgical management”</i>		
18:00 - 20:00	Inauguration Ceremony		
20:00 - 21:00	Prof R A Navaratne Oration —Prof Ajith Malalasekera <i>“Clinico-histopathological, survival and molecular genetic study of urothelial bladder cancer in a cohort of Sri Lankan patients”</i>		

FRIDAY 15TH SEPTEMBER 2023 – DAY 02

07:00 - 08:00	Meet the Experts (Hall C & D)			
08:00 - 09:00	Symposium (Hall A) Urology * Prof Abhay Rane <i>"Artificial Intelligence: will it affect Urological practice?"</i> * Dr K Vickneshwaran <i>"How small is small - management of renal stones in 2024"</i> * Dr S Sasikumar <i>"Update in the management of prostate infravesical obstruction"</i>	Symposium (Hall B) Maximum through minimum * Dr V P K Mudalige <i>"e-TEP Ventral Hernia Repair; moving towards the gold standard"</i> * Dr Udaya Samarajeewa <i>"Tips and tricks in Laparoscopic splenectomy"</i> * Dr V Sutharshan <i>"Navigating through difficult cases in laparoscopic surgery with intracorporeal suturing"</i> * Prof Tan Arulampalam <i>"Digital Platforms in modern surgery"</i>	Free Paper Session 03 (Hall C)	
09:00 - 10:00	Dr R L Spittel Oration (Hall A) Dr Umesh Jeyarajah <i>"Epidemiology and care of surgical cancers in Sri Lanka"</i>			
10:00 - 10:20	Tea			
10:20 - 11:20	Symposium (Hall A) Future of Minimal Access in Surgery (ELSA) * Dr Ray Sarmiento <i>"Where are we with the endoscopy today?"</i> * Prof Allen Buenafe <i>"Avoiding complications in MIS from liver to rectum"</i> * Prof Davide Lomanto <i>"New advances in hernia repair from groin to hiatus"</i> * Dr Sujith Wijerathne <i>"What is the future of reporting outcomes in MIS?"</i>	Symposium (Hall B) Surgical Training in the region (SAARC) * Dr Narendra Pinto (Sri Lanka) * Prof Sanjay Kumar Jain (India) * Prof Sajida Qureshi (Pakistan) * Dr Sunil Kumar Sharma Dhakal (Nepal) * Col (Dr) Tashi Tenzin (Bhutan) * Dr Aziz Ahmad Jami (Afghanistan) * Prof Moudud Alamgir (Bangladesh)	Business Meeting (Hall C) Business Meeting of the Plastic Surgeons	
11:20 - 12:00	Plenary (Hall A) Mr Paul Sutton <i>"Lecture on Pelvic Dissection"</i> Plenary (Hall A) Dr Jawaharlal Senaratne <i>"Covid related thrombotic events; our experience and the outcomes"</i>			
12:00 - 13:30	SLACS - COLOCON (Hall A) Colon Colon Cancer * Dr Rodrigo Perez <i>"Neo-adjuvant therapy in colon cancer – A new paradigm"</i> * Mr Danilo Miskovick <i>"Complete mesocolic excision (CME): from concept to practice"</i> Diverticular disease * Mr Dale Vimalachandran <i>"Diverticular disease; the new face of an old malady"</i> * Janindra Warusavitarne <i>"Surgical decision making in ulcerative colitis: Who, when & what"</i>	Symposium (Hall B) Advanced Head Injury Management * Dr Surath Munasinghe <i>"Pathophysiology of TBI & molecular level injury"</i> * Dr Prasanna Gunasena <i>"Intracranial pressure changes vs cerebral perfusion and auto regulation in TBI"</i> * Dr Saman Pushpakumara <i>"Hyper osmolar therapy principles and practice in TBI"</i> * Dr Sankalpa Vithanage <i>"Neuro protective ventilation in TBI, Principles, management targets, monitoring techniques and Practice"</i> * Dr Charith Nanayakkara <i>"Decompressive craniectomy in TBI. Evidence based approach"</i>		
13:30 - 14:30	Lunch			
14:30 - 15:30	SLACS - COLOCON (Hall A) Rectum Pelvic floor dysfunction * Mr Ian Lindsey <i>"Decision making in obstructed defecation"</i> Rectal Caner * Dr Padmini Hewavitarana <i>"Staging – MRI / PET in rectal cancer"</i> * Dr Rodrigo Perez <i>"Total neoadjuvant treatment in colorectal cancer"</i> * Ms Clair Mc Naught <i>"Organ preservation in rectal cancer; the other dimension"</i> * Prof Y S Lee <i>"Pelvic lymphnode harvesting"</i> <i>"TME – TaTME/ Robotic / Laparoscopic"</i> * Prof Neil Mortensen <i>"Future of Colorectal Surgery"</i>	Symposium (Hall B) Cardiothoracic & Thoracic * Dr Saman Iddagoda <i>"Blunt thoracic trauma"</i> * Dr Sumana Handagala <i>"Management of Post-operative chylothorax"</i> * Prof Tim Graham <i>"Lessons from war with damage control surgery and resuscitation"</i>	Free Paper Session 04 (Hall C)	Master-class (Hall D) SLSVS Vascular Surgery
15:30 - 16:30		Symposium (Hall B) Pelvic Trauma and Management - Orthopedic Perspective for General/Trauma Surgeons * Dr Asiri Gunathilaka <i>"Introduction to pelvic trauma and initial assessment"</i> * Dr Aadil Faleel <i>"Collaboration between Orthopedic and General surgeons in pelvic fracture management"</i> * Dr Chamikara Palkumbura <i>"Complications and Long-term management of Pelvic fractures"</i> * Prof Robin Paton <i>"Paediatric perspective"</i>	Masterclass (Hall C) Management of biliary calculi	
19:30 - 22:00	College Banquet			

SATURDAY 16TH SEPTEMBER 2023 – DAY 03

07:00 - 08:00	Masterclass (Hall B) Brachial plexus injuries		Meet the Experts (Hall C & D)	
08:00 - 09:00	Dr Bartholomeus Prize Session (Hall A)			
09:00 - 10:00	SAARC Oration (Hall A) Prof Pramodh Chandrasinghe <i>“Evidence based quality improvement in colorectal cancer care: marching towards homegrown data”</i>			
10:00 - 10:20	Tea			
10:20 - 10:35	Symposium (Hall A) Endocrine *Prof Amit Agarwal <i>“Interpretation of Radiology & Cytology reports and implications for Surgical decision making”</i> *Prof Ranil Fernando <i>“Assessment Serum Thyroglobulin and implications for Dynamic risk assessment”</i> Prof Rajeev Paramesawarn <i>“Risk based decision making in the use of Radioiodine”</i>		Procurement and health Economics (Hall B) Professor S Sivaganesh	
10:35 - 11:20			Joint Masterclass CSSL & PGIM (Hall C) Surgical training and assessment * Prof Tim Graham <i>“Training the surgeon for the 21st century”</i> * Prof Robin Paton <i>“How to be an effective surgical trainer”</i>	
11:20 - 12:20	Symposium (Hall A) Hand Surgery, Infection and Emergency Management of trauma * Dr K Kandeepan <i>“Distal radial fractures; what is new”</i> * Dr Kolitha Karunadasa <i>“Reconstruction following infection”</i> * Dr Vani Prasad <i>“Management of upper limb lymphoedema”</i> * Dr Gayan Ekanayake <i>“Complex reconstruction of hand and upper limb where we are in 2023”</i>	Debate (Hall B) Laparoscopy is panacea for all abdominal surgeries Proposing Team * Mr Janindra Warusavitarna * Dr Chathuranga Keppetiyagama Opposing Team * Mr Michael Silva * Prof Bawantha Gamage		Joint Masterclass CSSL & PGIM (Hall C) * Prof Dujeepa Samarasekara * Prof Sujith Wijerathne * Prof S Sivaganesh <i>“Workplace based assessments”</i> * Prof Aloka Pathirana * Dr Pandula Siribaddana
12:20 - 13:00	Plenary (Hall A) Mr Mike McKirdy <i>“New procedures and the established surgeon”</i> Plenary (Hall A) Dr Wasantha Wijenayake <i>“Laser in benign colo-proctology”</i>			
13:00 - 14:00	Lunch Time Quiz (Hall A)		Lunch	
14:00 - 15:00	Symposium (Hall A) ISS(IATSIC) - CSSL joint trauma session *Prof Elmin Steyn <i>“Climate change and how it affects the surgeons”</i> *Prof Chiu Ming Terk <i>“Trauma and technology”</i> *Prof Kenneth Boffard <i>“Trauma: A lifetime of lessons learned”</i> *Dr Ranjith Ellawala <i>“Filling the gaps” in trauma management in our hospitals”</i> *Dr Kamal Jayasuriya <i>“Challenges in the management of unstable trauma patients in peripheral hospitals in Sri Lanka”</i>	Symposium (Hall B) Salvage options in Oncological Surgery * Dr Dileep Damodaran <i>“Multiorgan resection in peritoneal carcinomatosis”</i> * Dr Rasitha Manathunga <i>“Reconstruction in complex cancer resection”</i> * Dr Niroshan Atulugama <i>“Whipples and beyond”</i> * Dr Randima Nanayakkara <i>“Lower limb salvage surgery in non-osseous tumours”</i>		Masterclass (Hall C) Hemi facial Microsomia
15:00 - 16:00				
18:00 onwards	Trainees’ Night			



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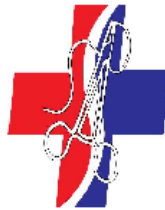
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AWARDS & MEDALS



**PROFESSOR P S S
PANDITHARATNE MEDAL**

Prof Panditharatne entered the Faculty of Medicine in 1953 from where he qualified with MBBS (Honours) in 1959. After his internship in Surgery and Paediatrics, he joined the department of Anatomy as a Demonstrator in 1960. He soon found his niche as an anatomist par-excellence. In 1962, he sat the primary FRCS examination not with the intention of being a surgeon but of widening his knowledge in the basic sciences and passed the examination at the first attempt. He continued in Anatomy as a Lecturer and proceeded to UK to specialise and do research in Anatomy at Manchester University. There, on his original work on the autonomic pathways in the facial nerve, he was awarded his Doctorate, PhD in anatomy from the Manchester University.

He then did further work on the autonomic ganglia and fibres of the gastrointestinal system before returning to Sri Lanka in 1968. On his return, he was appointed Senior Lecturer in Anatomy and in 1976, he was the automatic choice for Chair of Anatomy of Faculty of Medicine, Colombo. His other academic interests include the clinical orientation course in gross anatomy and revision of the Neuroanatomy course in order to stimulate greater interest among students. He has held several posts in the University hierarchy including Chairmanship of the Curricular and Evaluation Committee of Faculty of Medicine and Acting Dean of Faculty of Medicine.

P S S PANDITHARATNE medal for Anatomy in MD Surgery (Part 1) March 2022 to Dr D S Ranasinghe & October 2022 to Dr A N Chrishan



**DR P R ANTHONIS
RESEARCH AWARD**

Dr. Anthonis had an excellent career both in school and as an undergraduate. At Medical School he passed every examination in the first class and carried almost all the prizes that were then awarded;

Then in 1947, he became the first person to return to this country after the 2nd World War, after having cleared the Primary and Final Fellowships Examinations of the Royal College of Surgeons of England at the very first attempts. He served as Consultant Surgeon and then as a Senior Surgeon, General Hospital Colombo, for quarter of a century and it was during this time that his name and fame reached every home in this country.

In 1981 he was appointed the Chairman of the Ceylon Medical Council. In 1981, His Imperial Highness, the Emperor of Japan, conferred on him the highest honour bestowed on a non Japanese 'The Sacred Treasure of Japan'. He was appointed the Post of Chancellor of University of Colombo in the same year. He is the founder President of the College of Surgeons of Sri Lanka. In 1987, the coveted honour of Deshamanya was conferred upon him.

P R ANTHONIS RESEARCH AWARD for the two best publications in peer reviewed journals authored by Sri Lankan surgical trainees in the previous calendar year awarded to **Dr Umesh Jayarajah**- Incidence and Patterns of Liver Cancers in Sri Lanka from 2001 to 2010 & **Dr Oshan Basnayake**-Two squamous cell carcinomas of the skin in a patient with Lynch syndrome.

AWARDS & MEDALS



had published numerous papers in local and international journals on many aspects of cardiac and thoracic surgery. He was honoured with the National Honour “Deshabandu” for meritorious service to the nation by the President of Sri Lanka in 1987.

S J STEPHEN GOLD MEDAL for the best published article in *Sri Lanka Journal of Surgery* is awarded to **Professor Pramodh Chandrasinghe** - Trends in early onset colorectal cancer (EOCRC) in a South Asian cohort.

DR S J STEPHEN GOLD MEDAL

Dr Samuel Jeyarajah Stephen had his primary and secondary education at Central College, Jaffna and obtained his final MBBS from the University of Colombo in 1955. He pursued General Surgery and later trained in Cardiovascular surgery in UK, Germany, India and USA and obtained FRCS and MS.

In 1964, he was appointed the Consultant Thoracic Surgeon, GH Jaffna and later on, in GH Rathnapura. It was here in 1969, with the assistance of Dr. Neil Hamel, he assembled a heart lung machine. He then went on to close ASD's on pump which was the first proper open-heart surgery performed out of Colombo.

He served as the Chief Consultant Cardiothoracic surgeon, General Hospital, Colombo from 1976 to 1994. Following retirement, he served as in the Sri Jayewardenepura General Hospital. He was a trainer and examiner in surgery for the Postgraduate Institute of Medicine and the Chairman, Board of Study in Surgery for many years. He was the President of the College of Surgeons of Sri Lanka from 1988 to 1989. He was the President of SLMA, Sri Lanka Heart Association and Association of Cardiology – SAARC countries along his career.

He was awarded the prestigious title of Hunterian Professor by the Royal College of Surgeons of England in 1988 for the lecture on “Changing patterns of mitral stenosis in childhood and pregnancy”. He



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ORATIONS

PROFESSOR R A NAVARATNE ORATION



Rajasinghe Attanayakage Navaratne, MBBS, FRCS, hailed from a family of Ayurvedic physicians. Born to Dr. R. A. Buddhadasa & Mrs. Leelawathie Amarasinghe, he was given a choice of following a career in traditional medicine or taking up an allopathic path by his father; a renowned Ayurvedic practitioner. He chose the latter. Educated at St. Joseph's College, Colombo 10, he entered the Colombo Medical Faculty in 1942. He had an excellent academic record, passing out of Medical Faculty with First Class Honours, placing first in the list of 42 students. He obtained a distinction in Obstetrics & Gynaecology for which he was awarded the Sir Andrew Caldecott Gold Medal for the final MBBS & the Manekbhoj Dadhaboy Gold Medal for Midwifery. He worked as Intern House Officer, Surgery in Dr Noel Bartholomeusz's unit.

He was the first Sri Lankan to pass the Primary FRCS examination conducted by The Royal College of Surgeons of England within a year of passing the final MBBS examination & in May 1952, he was successful at the Fellowship of the Royal College of Surgeons of England. During his time in U.K, he trained at The Royal Infirmary, Edinburgh, St. Bartholomeusz's Hospital, London & The Royal Infirmary in Liverpool. Upon his return to Sri Lanka, he

worked as a Resident Surgeon at the General Hospital Colombo & volunteered to work in Dr. L. D. C. Austin's surgical ward where he was trained under a great master & perfected the art of general surgery. He became familiar with most of the complex general surgical operations which included prostatectomies, urological procedures for stones, biliary, gastric, colonic, and even emergency orthopaedic and thoracic operations. Dr. L. D. C. Austin in a testimonial stated, "His capacity for taking infinite pains to make anything he applies himself to success is well known".

His next assignment was as Consultant Surgeon, Civil Hospital Jaffna. Dr. P. Sivasubramaniam FRCS, DOMS, LMS(Ceylon), the father of eye surgery in Sri Lanka, recruited him as joint Editor of the Journal of the Jaffna Clinical Society. He wrote profusely in this journal during this time. Amongst his earliest articles were "Prostatectomy - Surgical Progress" & "The treatment of Senile Hypertrophy of the Prostate". He introduced the single stage open operation compared to a two/ three staged procedure in use at that time.

He joined the University on 1st June 1961 as a senior lecturer in Surgery & was appointed Professor & Head of the Department of Surgery in 1965 following the retirement of Professor Milroy Paul. Upon his retirement in 1988, he was conferred with an Emeritus Professorship in Surgery. He was appointed as Secretary of The College of Surgeons from 1980 to 1987 during which time he was also a member of the Advisory Editorial Board of the Ceylon Journal of Surgery. He was conferred with Honorary Fellowship of the College of Surgeons of Sri Lanka in 1987.

ORATIONS



PROFESSOR R A NAVARATNE ORATION - ORATOR

Professor Ajith Peiris Malalasekera *MBBS (Col), MS (Col), MRCS (Lond), FCSSL*

Consultant Urological Surgeon, Colombo, Professor in Urology, Department of Anatomy, Genetics and Biomedical Informatics, Faculty of Medicine, University of Colombo.



Professor Ajith Malalasekera graduated from the Colombo Medical faculty in 1996 with Upper Second class Honours and distinctions in physiology and biochemistry. He joined the Department of Anatomy in 1998 as a lecturer and completed his MS (surgery) in 2003. Embarking on further training in the field of urological surgery, he obtained his foreign training in Leicester General Hospital in the UK during 2004-2006. He completed the MRCS (Lond) and was board certified as a specialist in urological surgery in 2006. He was promoted to the position of senior lecturer in 2006. He is an examiner for post graduate examinations at the PGIM and the MRCS(Edin) examination. He is a Fellow of the College of Surgeons of Sri Lanka.

Prof. Malalasekera was the Head of the Department of Anatomy during 2014-2017. He was also the Coordinator (administrative head) of the Allied Health Sciences Unit of the Faculty of Medicine, University of Colombo from 2007-2014. He has also held the

positions of Chairperson of the Nephrourology module, and Senior treasurer of the Medical Faculty Buddhist Association. He is also a resource person for clinical teaching in urology / surgical anatomy for surgery professorial appointment students.

He has been a council member of the College of Surgeons of Sri Lanka since 2010, and currently holds the position of Editor. He is the Editor in Chief of the Sri Lanka Journal of Surgery. He has been a council member of the Sri Lanka Association of Urological Surgeons since 2010, and is currently its treasurer.

He was appointed as a Visiting Urological Surgeon, at the North Colombo Teaching Hospital, during 2008.

Prof. Malalasekera has published on basic sciences and clinical topics and is currently reading for his MPhil in bladder cancer genetics.

ABSTRACT

Clinico-histopathological, survival and molecular genetic study of urothelial bladder cancer in a cohort of Sri Lankan patients

Introduction: Survival data and genetic studies of bladder cancer in Sri Lanka are sparse. The objective was to evaluate clinico-histopathological, survival and mutational profile of bladder cancer in our patients.

Methods: An urothelial bladder cancer cohort was prospectively enrolled from 2013-2017. Clinico-pathological details analysed, and survival calculated using Kaplan-Meier analysis. Meta-analyses of grading of pT1 urothelial cancers and pTa/NMIBC were conducted as per PRISMA guidelines. The first phase molecular genetic study (n=24), sequenced tumour samples based on a 70-gene panel. The second phase involved risk association analyses of 50 single nucleotide variants and aggressive features of bladder tumours.

Results: There were 66 patients with a 7:1 male:female ratio. Histopathologically pTa 24%, pT1



47% and pT2 29%. Of the pT1 tumours 61% were low grade (LG). Majority (71%) of non-muscle invasive bladder cancer (NMIBC) patients underwent transurethral resection only. For the entire cohort the 5-year cancer specific survival (CSS) was 65%. CSS in NMIBC was 75% and 0% in muscle invasive bladder cancer (MIBC). The 5-year female CSS (22%) was significantly lower than in males (71%). In the meta-analysis, the pT1-HG prevalence was significantly higher ($p=4.91 \times 10^{-11}$) in European, Japanese and Taiwanese studies at 90.1% [95%CI:85.3%-94.0%] compared to the rest of the countries at 56.1% [95%CI:46.5%-65.4%]. The pTa/NMIBC in Europe, China and Taiwan was 66.9%[95%CI:62.4%-71.2%] and 37.6% [95%CI:29.0%-46.6%] in Turkey and other Asian countries indicating a significant difference($P=1.08 \times 10^{-8}$).

Total mutations in the genes were 10453. Median mutations per patient were 450 (range 22-987). The top 5 mutated genes were *SYNE1*, *SYNE2*, *KMT2C*, *LRP2*, and *ANK2*. The chromatin remodeling pathway accounted for the largest proportion (22%) of mutations. Six variants were linked with aggressiveness of urothelial bladder cancer. The rs1495741, rs1799964, and rs10775480 were linked to aggressiveness (high tumour grade or muscle invasiveness). These results were obtained using the preferred log additive/multiplication genetic model.

Conclusion: Our cohort has a high male to female ratio. The percentage of MIBC was lower than reported in previous Sri Lankan studies. Of the pT1 tumours there is a higher percentage of pT1-LG patients in comparison to Western reports. There is low utilisation of intravesical therapy in the treatment of NMIBC. The 5-year CSS in the Sri Lankan (lower middle-income economy) cohort lies between the values of high-income economies and upper middle-income economies in Asia.

The reasons for poor CSS among Sri Lankan women with bladder cancer needs further investigation. There is a global variation of percentages of pT1-LG versus HG disease in bladder cancer specimens at presentation which could be attributed to delay in treatment with stage migration, ethnic variations in tumour biology, and interobserver variability in assigning tumour grade, and needs further study. There is a high mutation rate in our bladder cancer patients with predominant mutational change C>T and G>A. *SYNE1* was the gene with the most mutations. The mutations comprised predominantly of genes of the chromatin remodelling pathway. The minor allele genotypes of rs1495741 and rs10775480 were linked with aggressiveness of tumours in our patient samples.

ORATIONS

DR R L SPITTEL ORATION



Dr Richard Lionel Spittel (December 9, 1881 – September 3, 1969) was a Ceylonese Burgher physician and author. He was a nature lover; he made many trips to the jungles of Ceylon. Spittel received his education at Royal College, Colombo and the Ceylon Medical College. He joined the government medical service and was sent to England in 1906 to complete his higher education. There he managed to take FRCS in 1909. After returning to Ceylon (Sri Lanka) in 1910, he was appointed as the third surgeon at the General Hospital of Colombo. Furthermore, he moved on to be a senior surgeon and a lecturer at the Ceylon Medical College.

He retired in the year of 1935 and worked as a consultant surgeon. Spittel married Claribel Frances Van Dort a fellow medical student and also the daughter of one of Sri Lanka's successful physicians Dr. William Gregory Van Dort. They raised two beautiful daughters by the name Christine and Yvonne. Spittel passed away on the 3 September 1969, at the age of 87.

DR R L SPITTEL ORATION - ORATOR

Dr Umesh Jayarajah MBBS (Col), MS (Col), MD Surgery (Col), MRCS (Glasg), FMAS (India)

Senior Registrar in General Surgery, Special interest in Endocrine Surgery, Postgraduate Institute of Medicine, University of Colombo, Sri Lanka



Dr Umesh Jayarajah completed his undergraduate studies at the Faculty of Medicine, University of Colombo with a First Class Honours at the final MBBS examination in 2015. He pursued his postgraduate studies in Surgery and obtained his MD (Doctor of Medicine) in Surgery in 2021 and obtained MRCS Glasgow in 2022 and FMAS India in 2023. At present, he is continuing his postgraduate training as a Senior Registrar in General Surgery.

Whilst continuing his career as a clinician, he was consistently involved with academic research and he has authored numerous publications in indexed and peer reviewed journals with over 4000 citations and made many research presentations in both local and international scientific fora. He has received many awards and grants including the Presidential Award for Scientific Publication and according to the AD Scientific Index 2021 Rankings for Scientists, he was included in the list of top 2% scientists in the world.

At present, he functions as an Assistant Editor for the Sri Lanka Journal of Surgery and is a member of the academic committee of SLAMADS (Sri Lanka Association of Minimal Access and Digital Surgeons). Dr. Jayarajah's main research interests include cancer epidemiology, general surgery and medical education.



ABSTRACT

Epidemiology and care of surgical cancers in Sri Lanka

Introduction: The burden of malignancies in Sri Lanka is increasing with a doubling of incidence over the last 3 decades associated with a parallel rise in mortality. Therefore, there is a need for reporting of the trends in incidence and planning of surgical cancer care in Sri Lanka. This oration presents the nationwide trends and patterns in the incidence of common surgical cancers supported by data from cohort studies regarding the clinical patterns and outcomes with recommendations for future cancer care in Sri Lanka.

Methods: The trends in the incidence of surgical cancers was calculated using the published data from the Sri Lanka Cancer Registry governed by the National Cancer Control Programme. The surgical cancers presented were grouped into breast, endocrine, oropharyngeal, gastrointestinal, hepatobiliary and urological cancers. The trends in the WHO age standardized incidence rates were quantified and presented utilising the Joinpoint regression analysis. Additionally, data from individual cancers patients with breast, colorectal and bladder cancers were presented to support the recommendations.

Results: A steadily rising trend in the incidence was noted among breast, liver, biliary, oral and renal cancers. Cancers of the colon and rectum, thyroid, and prostate showed a predominant rising trend followed by a plateau in the last few years. Furthermore, a predominant rise in incidence followed by a descending trend was noted among bladder, gastric and pharyngeal cancers. Trends among males and females were similar in breast,

gastric, hepatopancreatobiliary and bladder cancers, whereas in oesophageal, colorectal, renal, oropharyngeal and thyroid cancers showed variable trends.

Analysis of a cohort of breast, colorectal and bladder cancer patients showed that the diagnosis of malignancy was at a more advanced stage. Furthermore, the concordance with the treatment guidelines was suboptimal.

Recommendations and conclusion: A rising incidence of surgical cancer has been observed for most malignancies. These trends are likely due to the combination of better reporting and true increase in incidence. Regardless, with the rising incidence and advanced stage at presentation, more robust community based screening programmes for selected surgical cancers should be considered. Expansion of the coverage of Sri Lanka Cancer Registry is needed in terms of cancer related mortality. With the rise in surgical cancers, more facilities for curative surgical services, radiation oncology and ancillary services are needed. Proper referral pathways to multi disciplinary care at dedicated surgical centres providing specialized cancer care should be implemented. A rising incidence especially among the elderly in an aging population implies an increasing population of incurable cancer patients needing palliative care. A lack of tertiary care and community based palliative care facilities is a major concern in Sri Lanka that should be addressed urgently.

Key words: Cancer, Sri Lanka, cancer care, cancer burden

ORATIONS

SAARC ORATION



SAARC ORATION - ORATOR

Professor Pramodh Chandrasinghe

MBBS, MD, PhD (Imp. Lon), MRCS, MRCSEd, FRCS, FHEA (UK)

Professor in Surgery & Consultant Surgeon, Department of Surgery, Faculty of Medicine, University of Kelaniya.



Professor Pramodh Chandrasinghe graduated from the University of Kelaniya with a First class honours in 2006 and completed his internship at the Professorial Medical and Surgical units at the National Hospital of Sri Lanka. He entered the surgical training programme of the Postgraduate Institute of Medicine in 2010 and completed the MD surgery in 2014 with gold medals in both clinical and theory components. He took an interest in clinical research at a very early stage in his career and has published in numerous indexed journals as a trainee.

Prof Chandrasinghe has received several awards for best research from the College of Surgeons including the young researcher of the year and the best research awards. He also won the inaugural 'SAARC young researcher of the year' award in 2011. Pramodh completed his local training at the North Colombo Professorial unit and moved to St Marks Hospital in London for his post MD training

in colorectal surgery. Following the clinical fellowship, he completed his doctoral research to obtain the PhD from Imperial College London in 2019. His doctoral research was on methylation changes in inflammation associated colorectal cancer.

Upon return to Sri Lanka, Pramodh started working as a consultant surgeon at the North Colombo teaching Hospital and a senior lecturer in surgery at the Faculty of Medicine, University of Kelaniya. He was promoted to the post of Professor by merit in 2021.

ABSTRACT

Evidence based quality improvement in colorectal cancer care: marching towards home-grown data

Introduction

Colorectal cancer (CRC) management has evolved remarkably during the past century. Although it is a leading cause of cancer deaths globally, it has promising outcome even at advanced stages. Large body of evidence that exist on CRC is from the west. This analysis will focus on the value of data from Sri Lankan patients and will focus on the value of scientifically sound adoption of treatment pathways for CRC in Sri Lankan patients.

Method

Author's work focusing on survival in CRC in a local population is presented. The data was extracted from the North Colombo CRC database that includes all patients who underwent surgery with curative intent for CRC over a period of time. Survival data was prospectively maintained and evaluated. Value of serum albumin as a survival predictor, tumour regression grade (TRG) in neoadjuvant chemoradiation (NCRT), optimum lymph node harvest based on survival benefit and comparison of survival patterns in this patient population over time was assessed. Kaplan-Meire survival analysis was used for univariable survival analysis while Cox-Proportional hazard, Weibull hazard model, two way interaction terms and stepwise analysis was used for multivariable analysis.



Results

Studying 226 patients with rectal cancer, a serum albumin level above 3.5g/dL was identified as an independent survival predictor for overall (OS: 69% vs 47%) and disease free survival (DFS: 83% vs 69.7%) in the local population (P=0.02).

In a total of 131 patients with mid and low rectal cancers receiving NCRT, a satisfactory TRG (Mandard grade 1,2 & 3) was seen in 78.4%. There was no difference in the 5 year OS (71% vs 65%; P=0.99) or DFS (65% vs 67%;P=0.7) between good and poor responders.

In 131 patients with stage II and III CRC, a lymph node harvest of more than 14 was associated with the maximum survival benefit (P=0.005). It remained an independent survival predictor after correcting for a number of demographic and histological features. The median nodal harvest was less in those receiving NCTR (8 vs11; P=0.01). Those with a poor TRG demonstrated a higher pathological N stage (P=0.01).

Analysing the survival of 845 patients operated pre and post 2010, a significant improvement in 5 year OS (54% vs 69%; P<0.001) and DFS (73% vs 91.7%; P<0.001) was observed in rectal cancers. The colon cancer survival did not demonstrate a change over the time period.

Conclusion

Serum albumin, an easily accessible serum marker in the local setting can be utilised as a survival predictor in rectal cancer. The optimum number of nodal harvest in a cohort of Sri Lankan patients is 14 or more to obtain a survival benefit. Local patient populations with rectal cancer demonstrate a satisfactory TRG following NCRT although there is no survival benefit based on the TRG grade. The improvement in care adopted over time has clearly had an impact on the survival of rectal cancers in this local population. Use of locally collected robust data allows development of parameters applicable to the local population and can improve quality of CRC care.

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MEET THE EXPERTS



14th September

7.00-8.00am

Hall C

Session 1

Current Management of varicose veins; a case based discussion

Prof Mandika Wijeyaratne
Dr Nalaka Gunawansa
Dr Thanoj Fernando
Dr Ranjuka Ubayasiri
Dr Malaka Amarasinghe

14th September

7.00-8.00am

Hall D

Session 2

Liver parenchymal transection

Dr Prabath Kumarasinghe
Dr Suchintha Tilakaratne

15th September

7.00-8.00am

Hall C

Session 3

Surgery for chronic pancreatitis - pancreatico-jejunostomy

Dr Buddhika Dassanayake
Dr Duminda Subasinghe

15th September

7.00-8.00am

Hall D

Session 4

Tips and Tricks in Laparoscopic Fundoplication

Dr Manjula Pathirana SLMADS

16th September

7.00-8.00am

Hall C

Session 5

Tips and tricks of minimal invasive UGI cancer surgeries

Dr Jayamal Ariyaratne
Dr Sritharan Ganeshmoorthy

16th September

7.00-8.00am

Hall D

Session 6

Safe dissection of Calot's triangle

Dr Malith Nandasena

FREE PAPERS



SESSION 1: THURSDAY, 14TH SEPTEMBER: 8.45 AM – 10.00 AM

OP NUMBER	TOPIC	PRESENTING AUTHOR
OP1	Serum Thyroid Stimulating Hormone (sTSH) levels as a predictor of Malignancy in Thyroid Nodules	Gayanga Kottegoda
OP5	Modified Radical Mastectomy for “Secondary Inflammatory Breast Cancer” - Is it adequate?	Chandan Kumar Jha
OP6	Comparison of Bundle Approach with Conventional Approach in Prevention of Surgical Site Infection in Cases of Exploratory Laparotomy for Peritonitis: A Double Blinded RCT.	S Manwar Ali
OP10	Tumor-infiltrating lymphocytes and its prognostic value in Triple-Negative Breast Cancer: Results from Tertiary Care Centre.	D H J P U Lakshani
OP14	The association between Gastroesophageal Reflux Disease and stress: A countrywide study of Sri Lanka	Nilanka Wickramasinghe
OP24	Fluorescence Guided Breast Conservation Surgery: A Novel Low-Cost Technique	Chitresh Kumar
OP28	Diagnostic accuracy of clinical evaluation and conditional imaging to detect urgent acute abdomen: a prospective cross-sectional study	Krishna Kant Singh

FREE PAPERS



SESSION 2: THURSDAY, 14TH SEPTEMBER: 11.30 AM – 12.30 AM

OP NUMBER	TOPIC	PRESENTING AUTHOR
OP4	Comparison of surgical outcome between shunt surgery and selective devascularization in patients of non-cirrhotic portal hypertension	Kunal Parasar
OP9	Outcomes of open thoracoabdominal aortic aneurysm repair : a case series	N Gowcikan
OP12	Outcome following kidney transplant - Single unit experience	V Sanjeev
OP13	A Randomised comparative Study to compare the outcomes in the Patients of Varicose veins receiving Micronized purified flavonoid fraction (MPFF) before surgical Intervention with patients not receiving MPFF before the intervention	Jitendra Kushwaha
OP20	BK Virus Associated Nephropathy In Renal Transplants; Experience In Sri Lanka.	N J A H D Perera
OP21	Role of four layer compressive bandages in quality of life and therapeutic outcomes in chronic venous ulcer patients: A randomized study.	Jitendra Kushwaha
OP23	Outcome of endovascular aneurysm repair, a case series	R Cassim

FREE PAPERS



SESSION 3: FRIDAY, 15TH SEPTEMBER: 8.00 AM – 9.00 AM

OP NUMBER	TOPIC	PRESENTING AUTHOR
OP3	Comparison of Surgical Site Infection (SSI) between Conventional and Negative Pressure Wound Therapy (NPWT) Assisted Delayed Primary Skin Closure (DPSC) in Grossly Contaminated Emergency Abdominal Surgeries: A Randomized Controlled Trial.	P K Singh
OP8	Is FILAC a better alternative for Fistula in ano? A Single unit experience in a tertiary care center in Sri Lanka.	A M Ansar
OP22	Prospective surveillance for breast cancer related lymphedema: Experience from a lymphedema prevention clinic	Yohan Chamara
OP27	Outcome of modified platysmectomy for acute phase neck burns	Gayan Ekanayake
OP30	The patients outcome of bypass surgery in lower limb in surgical wards of NCTH- Ragama	BAHSS Harischandra
OP31	Two year outcome after ultrasound guided sclerotherapy for symptomatic varicose veins	BAHSS Harischandra
OP35	Anal incontinence in patients with Fistula in Ano	Thamisha Nugaliyadda

FREE PAPERS



SESSION 4: FRIDAY, 15TH SEPTEMBER: 2. 30 PM – 3. 30 PM

OP NUMBER	TOPIC	PRESENTING AUTHOR
OP2	Linguistic validation of Sinhala translation of International Prostate Symptom Score (IPSS) and assessment of the severity and quality of life in men with benign prostatic hyperplasia using IPSS and WHOQOL-BREF (Sinhala): A hospital-based study	W V V Vishmintha
OP7	Robotic Vs Open Pancreatoduodenectomy for Periapillary Neoplasm: A Retrospective Analysis of Peri-operative and Oncologic Outcomes	Vaibhav Kumar Varshney
OP11	Blood Ordering and Utilization Efficiency in Elective Surgical Patients: Retrospective Single Centre Study	A Samarasinghe
OP19	Study on deceased donor organ donation and transplantation at Polonnaruwa –promising start in the era of COVID – 19 pandemic 2020-2022	N J A H D Perera
OP26	A Prospective perioperative outcome Evaluation of Video Endoscopic Inguinal Lymphadenectomy vs. Conventional Open Inguinal Lymphadenectomy in Carcinoma Penis.	Harvinder Singh
OP29	Dimensions of the ascending aorta; computerized tomography-based study	H F D G D Fonseka
OP32	Clinical characteristics of patients with pancreatic cystic neoplasms presenting to a tertiary care centre in Sri Lanka	Kasun Lakmal

FREE PAPERS



DR BARTHOLOMEUSZ PRIZE SESSION : SATURDAY, 16TH SEPTEMBER: 8.00 AM - 9.00 AM

OP NUMBER	TOPIC	PRESENTING AUTHOR
OP15	Intra-lesional vs. oral steroid treatment for idiopathic granuloma- tous mastitis: Experience of two tertiary breast care units	S Theivaagar
OP16	Comparison of aesthetic outcomes of Simple interrupted suturing with combined dermal and subcuticular suturing in pediatric facial laceration suturing	Oshan Basnayake
OP17	Comparison of traumatic amputations patterns of upper limb and success of reperfusion in plastic and reconstructive surgical depart- ment at tertiary care hospital- Sri Lanka in year 2022 -2023.	Dishan Samarathunga
OP18	Long Term Outcomes of Frey's procedure for Chronic Pancreatitis - A Single Center Experience	Harikrishanth S
OP25	Outcomes and quality of life among chronic pancreatitis patients in a tertiary care center in Sri Lanka	B D M R Chandraguptha
OP33	Low-risk thyroid cancer in Sri Lanka: Are we overusing radioio- dine?	Umesh Jayarajah
OP34	Surgical performance anxiety and mental well-being among post- graduate surgical trainees in Sri Lanka	B D M R Chandraguptha

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP1	Clinical-Epidemiological Profile of Acute Appendicitis: Retrospective Analysis among Patients in Teaching Hospital, Jaffna	Gobinath Sivakumar
PP2	Current knowledge and perception related to Advance life support (ALS) among medical and nursing officers in a District General Hospital	Abdul Najeem Mohamed Sanfar
PP3	Management of appendicular mass: The current practice and perception among consultant surgeons in Sri Lanka	Mansoor Mohammed Malik
PP4	Effectiveness of a basic laparoscopic skills workshop on enhancing the skills of surgical trainees ; a prospective cohort study	Udaya Samarajeewa
PP6	Short term outcomes of arteriovenous fistula creations done at peripheral hospital	S Sancheevan
PP7	Validation of air score assessment of acute appendicitis in the local population	R A M N Raja
PP8	Audit on completeness of Operation-Notes at a single surgical unit in a tertiary care center	H M S H Herath
PP9	Picture archiving and communicating system (PACS) in neurotrauma; a cost-effective way forward? Single center experience in a developing country	H M S H Herath
PP10	Outcomes of parathyroid cancer in a Southeast Asian cohort	Diluka Pinto
PP11	Video Assisted Thoracoscopic Surgery (VATS) in Management of Empyema in children	P D Weeraddana
PP12	Knowledge and practices regarding diagnosis and initial management of hand infections among pre-intern doctors	A M Ansar

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP13	External breast prosthesis use, its influencing factors and the impact on quality of life among postmastectomy patients in Sri Lanka	Perera C D
PP14	Impact of Nasogastric Tube Exclusion After Minimally Invasive Esophagectomy For Esophageal Cancer- A Comparative Analysis	Vaibhav Kumar Varshney
PP15	Soft tissue infections due to predisposing comorbidities carry a major health cost in the rural population.	M P A M Weerasinghe
PP16	Head Injuries in Patients with Fits and Falls Due to Defaulted Epilepsy Treatment: A Retrospective Study	Jeewan Samarasena
PP17	A retrospective analysis of epidemiological trends of paediatric trauma in a tertiary care centre, Sri Lanka	L E D I Kumari
PP18	Prediction model for the need of postoperative organ support in an adult population undergoing elective major general surgery - utilizing The American College of Surgeons - National Quality Improvement Project (ACS-NSQIP) surgical risk calculator	Kavya Galle Kankanamge Botejue
PP19	Sleeve Jejunal Bypass as a treatment for Morbid obesity- A Prospective short term review	R R Shrivastava
PP20	Cajal-like cells; role in the pathogenesis of primary ureteropelvic junction obstruction	U M J E Samaranayake
PP21	Neck vascular injuries, a single unit experience	N Gowcikan
PP22	Analysis of antibiotic usage in general surgical units of a Sri Lankan tertiary hospital	Uma Mani
PP23	Characteristics and post-operative outcome of surgery for fistula-in-anus managed at a tertiary care hospital in Sri Lanka: A cohort study	Umesh Jayarajah
PP24	Reconstruction of Complex Abdominal wall defects with pedicled Anterolateral Thigh (ALT) flap	Shonu Annet Kurian

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP25	Predictive accuracy of birads scoring in diagnosing breast malignancy with histopathology report as gold standard	Dr Jai Hari M S
PP26	Outcome of Radical Nephrectomy with Inferior Vena Cava (IVC) Thrombectomy, A multicenter analysis.	Samarasinghe R N
PP27	Comparison of perioperative outcome of rectal cancer surgery between laparoscopic and open approach	J A D C Jayarathna
PP28	Does the surgical approach have an impact on oncological clearance of rectal cancer?	J A D C Jayarathna
PP29	A prospective study on drain fluid amylase as an indicator of clinical outcome in patients undergoing Whipple surgery.	Dr.S.Gishanthan
PP30	Review of surgical management of retrosternal goiter	R.S.P Premarathna
PP31	An audit on the management of acute appendicitis at a district general hospital in Sri Lanka.	D H J P U Lakshani
PP32	Gastroesophageal Reflux Disease in Sri Lanka: an island-wide epidemiological survey assessing the prevalence and associated factors	Nilanka Wickramasinghe
PP33	Surgical management of grade 3 gynecomastia with excess redundant skin: Experience and Outcomes	Thilanka Abeywickrama
PP34	Factors associated with GERD by comparison of diagnosed GERD patients and healthy controls.	Nilanka Wickramasinghe
PP35	Outcome of pediatric free flaps with updated protocol for monitoring with Hand-held doppler device: A Case series.	Oshan Basnayake
PP36	Intra operative and post operative pain , post operative complications and hospital stay in Lichtenstein Inguinal Hernia Repair under local anaesthesia versus spinal anaesthesia : A non – randomized interventional study	A G N P Jayasinghe

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP37	An institutional analysis of the correlation between Ki-67 index and other prognostic markers in invasive breast cancer in northern province, Sri Lanka	S Gobinath
PP38	Gastro-entero-pancreatic neuroendocrine tumours in adults - a single HPB surgical center experience	J Mithushan
PP39	Management of choledochal cysts: 10-year experience from a single HPB centre in Sri Lanka.	W P H Priyan
PP40	Clinical and Histopathological Correlates of Paediatric Inflammatory Myoblastic Tumors - A Single Centered Tertiary Care Experience	K W S M Wijayawardhana
PP41	Demographics and Clinical Outcomes of Gallbladder Cancer in a Tertiary Care Centre in Sri Lanka	Asela Wijesinghe
PP42	Factors influencing waiting time in live donor kidney transplantation: a single unit experience	V Sanjeev
PP44	Aortic arch dimensions in Sri Lankan patients; a computerized tomography-based study	H F D G D Fonseka
PP45	Anatomical variations of the Aortic Arch: A computerized tomography based study	H F D G D Fonseka
PP46	Retrospective cohort descriptive study of cardiac surgeries- a single unit experience	Nishanthan Shanthanayagam
PP47	Retrospective descriptive study of minimally invasive CABGs (MIDCAB)	Nishanthan Shanthanayagam
PP48	Does HER2/Neu positive breast cancer patients have higher tumour grade and Lymph node positivity on presentation? Results from a tertiary care centre.	S P De Silva

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP49	Outcome from colorectal cancer in a cohort of octogenarians	E A D M M Gunasekara
PP50	Usefulness of simultaneous use of anatomical landmarks in identification of facial nerve in parotid gland dissection: A cadaveric study	Hiransha Modaragama
PP51	Evaluation of early complications of avf in a peripheral surgical unit	HDR Pamoda
PP52	Late Presentatio of Diabetic Foot Ulcers: Clinical Characteristics, Contributing Factors, and Impact on Treatment Outcomes - A prospective Study	N Gowcikan
PP53	The outcome of diabetes-related major lower limb amputations in surgical wards of NCTH Ragama	A P Weerasuriya
PP54	Descriptive study on Arterio-Venous Fistula and its complication	N Harivallavan
PP55	Outcomes of hepatocellular carcinoma in Sri Lanka - experience of a tertiary care referral unit.	B D M R Chandraguptha
PP56	The effect of local infiltration of methylene blue on post-haemorrhoidectomy pain – A systematic review and meta-analysis	M Harryprashath
PP57	Disease characteristics and treatment patterns of thyroid cancer in Sri Lanka: Retrospective analysis of a specialized tertiary cancer treatment centre-based registry.	Hansana Priyan
PP58	Short term management outcome of female breast cancer at a rural District General Hospital	W T N Widanage
PP59	Operative pattern and post operative outcome of cleft palate repair in a pediatric multi-disciplinary cleft center-Sri Lanka	Oshan Basnayake
PP60	Metabolic profiling of serum of carcinoma gall bladder by proton magnetic resonance spectroscopy: a novel screening tool?	Surender Kumar

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP61	Liver Resections : Outcomes at a Tertiary Care Hospital	Kasun Lakmal
PP62	Knowledge and attitudes on breast cancer among female patients diagnosed with breast cancer in Sri Lanka	Gavesha De Silva
PP63	Outcomes of Whipple's Procedure in a Tertiary Care Centre	Sathasivam Kalaiyukan
PP64	Delays in the presentation and diagnosis of breast cancer in Sri Lanka: A retrospective observational study	Gavesha De Silva
PP65	Single Institutional study of tumour size, immunohistochemistry and pathological grading as predictive factors of nodal metastasis in breast cancer patients undergoing sentinel lymph node biopsy.	A G M Alwis
PP66	Post operative symptomatic improvement of Lateral Tarsorrhaphy in facial nerve palsy- A Patient's Perspective	K W S M Wijayawardhana
PP67	Prospective surveillance for breast cancer related lymphedema: Experience from a lymphedema prevention clinic	Yohan Chamara
PP68	A modified O'Connor's technique using rotational bladder flap for the repair of large trigonal-supratrigonal vesicovaginal fistulas – our experience	Harvinder Singh
PP69	Descriptive study of patients with anal sphincter dysfunction presenting to the tertiary care center.	Thamisha Nugaliyadda
PP70	A prospective analysis of surgically treated oral cancer patients at a Tertiary care center in Northern India	Saumya Singh
PP71	Descriptive study of patients with Fistula in Ano presenting to a tertiary care center.	Thamisha Nugaliyadda
PP72	General awareness about risk factors and symptoms of Colorectal Cancer	Thamisha Nugaliyadda

POSTER PRESENTATIONS



PP NUMBER	TOPIC	PRESENTING AUTHOR
PP73	A prospective analysis of clinicopathological parameters of surgically treated oral cancer patients at a Tertiary care center in Northern India	Saumya Singh
PP74	Comparison of outcomes of thyroidectomy performed under superficial cervical plexus block and general anaesthesia	Gopal Puri
PP75	Study on the effects of bariatric surgery on Nonalcoholic fatty liver disease (NAFLD) using MR Elastography	Rishi Ranjan Shrivastava
PP76	Quality of Life outcomes after prophylactic mesh placement during enterostomy closure.	Ajay Kumar Pal
P77	Role of Thoracomyoplasty after Window Thoracotomy in Chronic Empyema Thoracis	Suresh Kumar



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Date: 16th August

Time: 08:00am - 01:30pm

Venue: College of Surgeons Auditorium

Registration Fee: Rs. 1500

Coordinator : Dr Jayaindra Fernando

Techniques in HPB Surgery: Video & Hands-on Workshop

Date: 18th August

Time: 08:30am - 04:00pm **Venue:** Skills lab, Department of Surgery, Faculty of Medicine, Colombo

Registration Fee: Rs. 5000

No of Participants: 20

Coordinator : Dr Duminda Subasinghe

National Trauma Management Course

Date: 24th & 25th August

Time: 08:00am - 05:00pm

Venue: College of Surgeons Auditorium

Registration Fee: Trainees Rs. 10000

Consultants Rs. 15000

Observers Rs 5000

Foreign Participants USD100

No of Participants: 50

Coordinator: Dr Kamal Jayasuriya

Emergency Sonography for Trauma Care (ESTC)

Date: 7th September

Time: 08:00am - 02:00pm

Venue: NHSL, Accident Service, Auditorium

Registration Fee: Rs. 5000

No of Participants: 25

Coordinator: Dr Mihira Bandara

Severe Burns Emergency Management Course

Date: 7th September

Time: 08:00am onwards

Venue: National Hospital of Sri Lanka , OPD

Registration Fee: Rs. 3000

No of Participants: 20

Coordinator : Dr Gayan Ekanayake

Dr Yasas Abeywickrama

Skills Training in Trauma for Nurses (STTN)

Date: 9th September

Time: 08:00am - 05:00pm

Venue: NHSL, Neurotrauma Auditorium

Registration Fee: Rs. 1200

Coordinator: Dr Mihira Bandara

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Soft tissue trauma

Nurses Rs. 1000

Date: 10th September

Coordinator : Dr S Pragaash

Time: 08:30am - 04:00pm

Venue: College of Surgeons Auditorium

Registration Fee: Doctors Rs. 3000

Vascular Trauma

Nurses 20

Date: 11th September

Coordinator: Dr Joel Arudchelvam

Time: 08:30am - 02:30pm

Venue: College of Surgeons Auditorium

Registration Fee: Trainees Rs. 1500

Nurses Rs. 500

No of Participants: Trainees 40

Live Laparoscopic Surgical Workshop

Coordinator : Dr Chathuranga Keppetiyagama

Date: 12th September

Time: 08:00am - 04:00pm

Venue: NH Kandy

Registration Fee: Trainees/MOs Rs. 2000

Consultants Rs. 4000

97th ELSA OP Workshop -

Registration Fee: Rs. 5000

Introduction to Surgical Endoscopy

No of Participants: 15

Date: 13th September

Time: 08:00am - 04:00pm

Venue: Skills Laboratory, Department of
Surgery, Faculty of Medicine,
University of Colombo, Sri Lanka

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14TH SEPTEMBER

Master class 01 Hall C	8:45-10:00am	Gynecomastia surgery	Dr Ajith De Silva Dr Pravin Wijesinghe Dr Kanchana Wijesinghe
Master class 02 Hall C	10:20-11:30 am	Controversies of surgical management of thyroid cancer	Dr Kanishka De Silva Dr Sandani Wijeratne

15TH SEPTEMBER

Master class 01 Hall D	2:30-3:30pm	SLSVS	Prof Bhagwan Satiani Dr Gayan Bandara Dr Krishna Jain Dr Thilina Gunawardena Dr Hiranya Rajasinghe Dr Lal Seneratne Dr B Saseekaran
Master class 02 Hall C	3:30-4:30pm	Management of biliary calculi	Prof Arinda Dharmapala Dr Malith Nandasena Dr Nilesch Fernandopulle Dr Sujith Wijeratne Mr Michael Silva

16TH SEPTEMBER

Master class 01 Hall C	7:00-8:00am	Branchial plexus injury	Prof Scott Ferris Professor Dave McCombe Dr Kemble Wang
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MASTER CLASSES



16TH SEPTEMBER

<p>Master class 02 HALL C</p>	<p>10:35-12:20pm</p>	<p>Joint Masterclass CSSL & PGIM Surgical training and assessment Prof Tim Graham <i>“Training the surgeon for the 21st century”</i> Prof Robin Paton <i>“How to be an effective surgical trainer”</i> <i>“Workplace based assessments”</i></p>	<p>Professor Tim Graham Professor Robin Paton Prof Dujeepa Samarasekara Prof Sujith Wijerathne Prof S Sivaganesh Prof Aloka Pathirana Dr Pandula Siribaddana</p>
<p>Master class 03 Hall C</p>	<p>2:00-3:00pm</p>	<p>Hemi facial microsomia</p>	<p>Dr Arunajith Amarasinghe Dr Romesh Goonesekera Dr S Pragaash Dr Gayan Ekanayake Prof Manjula Attygalla</p>

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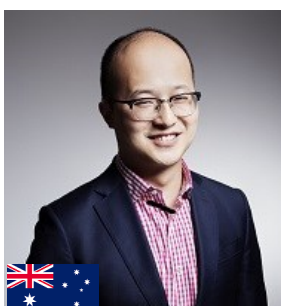
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Consultant Thoracic Surgeon, Lady Ridgeway Hospital, Colombo

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Consultant General Surgeon, District General Hospital Chilaw



Dr Nissanka Jayawardhana
Consultant General Surgeon, National Hospital of Sri Lanka, Colombo



Dr Nuradh Joseph
Consultant Clinical Oncologist, District General Hospital, Hambanthota



Dr K Kandeepan
Consultant Orthopaedic Surgeon, Teaching Hospital Jaffna



Dr Kolitha Karundasa
Consultant Plastic and Reconstructive Surgeon, Teaching Hospital Colombo North, Kalubowila



Dr Chathuranga Keppetiyagama
Consultant Gastroenterological Surgeon, National Hospital Kandy



Dr Prabath Kumarasinghe
Consultant Surgeon, National Hospital of Sri Lanka, Colombo



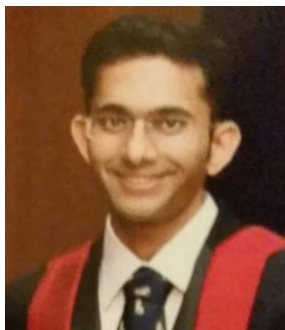
Dr Rasitha Manathunga
Consultant Oncological Surgeon



Dr V P K Mudalige
Consultant General Surgeon



Dr Surath Munasinghe
Consultant Neurosurgeon



Dr Charith Nanayakkara
Consultant Neurosurgeon, Department of Surgery at General Sir John Kotelawala Defence University



Dr Randima Nanayakkara
Consultant Oncological Surgeon, Teaching Hospital North Colombo, Ragama

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Consultant General &
Hepato-pancreto-biliary
surgeon, Teaching
Hospital Colombo South,
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**Dr Chamikara
Palkumbura**
Consultant Orthopaedic
Surgeon, District General
Hospital, Polonnaruwa



**Professor Aloka
Pathirana**
Dean, Senior Professor of
Surgery, Faculty of Medi-
cal Sciences - University
of Sri Jayewardenepura



Dr Manjula Pathirana
Consultant General Sur-
geon



Dr Narendra Pinto
Consultant Orthopaedic
Surgeon, Past President,
CSSL



Dr S Pragaash
Consultant Plastic and
Reconstructive Surgeon
Sirimavo Bandaranaike
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Senior Lecturer in Sur-
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sion of Neurosurgery,
KDU



Dr Udaya Samarajeewa
Consultant General Sur-
geon, District General Hos-
pital, Trincomalee



Dr B Saseekaran
Consultant Vascular
Transplant Surgeon (Act)
National Hospital Kandy



Dr S Sasikumar
Consultant Urological
Surgeon



Dr Ajith De Silva
Consultant General Sur-
geon, National Hospital
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LOCAL FACULTY



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Jaffna



**Dr Suchintha
Thilakaratne**
Consultant Gastroentero-
logical Surgeon, Depart-
ment of Surgery, Faculty
of Medicine, Universi-
ty of Kelaniya



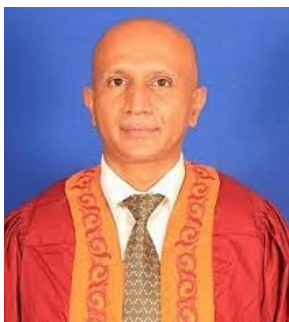
**Dr Aruna
Weerasooriya**
Consultant vascular and
transplant surgeon, Prof-
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TH Colombo North,
Ragama



Dr K Vickneshwaran
Consultant Urological
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**Dr Wasantha
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Dr Kanchana
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Professor Mandika
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Chair Professor, Dept of
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Professor Manjula
Attygalla
Chair professor of the
Dept of Oral and maxillo-
facial Surgery, Consultant
oral and maxillofacial
surgeon, Dental teaching
hospital Peradeniya

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